Building a healthier brighter future together

NHS
Barking, Havering and Redbridge University Hospitals NHS Trust

Primary Care Updates for Breast Health

Mastalgia & Breast Care Services Across BHR

An educational update for GPs, GP Trainees, Practice Nurses and Primary Care Colleagues

Earlier Awareness Better Care Brighter Futures

Saturday
5 December 2026

08:30 Arrival & Registration
09:00 Start | 12:30 Close

QH Lecture Theatre 1
Queen's Hospital, Romford
Barking, Havering and Redbridge University Hospitals NHS Trust

PROGRAMME

Time	Session	Speaker
08:30	Registration	
09:00	Welcome to BHRUT Breast Health Unit	Mr Sas Banerjee
09:10	Our Activity for 2025/26	Mr Vasudeva Lam
09:40	External Review Summary	Mr Sas Banerjee
09:50	Living Well & Beyond Cancer	Bernadette Trench
10:20	Family History Clinics	Ms Vian Salih
10:50	Coffee Break	
11:10	Mastalgia	Ms Amina Bouhelal
11:40	Open Access Pathway	Mr Salim Tayeh & Bernadette Trench
12:10	Question & Answer Session	Faculty Panel
12:30	Close	

REGISTRATION

Please register by email to:

Mr Vasudeva Lam
Senior Clinical Fellow, General Surgery
vasudeva.lam@nhs.net

Janet Bartlett
GP Liaison Manager
janet.bartlett@nhs.net

3 INTERNAL CPD POINTS AWARDED

Certificates of attendance will be issued to all registered delegates.

LEARNING OUTCOMES

Following attendance, participants will be able to:

- Understand current BHR breast service activity and developments for 2025/26
- Recognise evidence-based assessment and management of mastalgia in primary care
- Navigate referral pathways, family history services and available resources across BHR

FACULTY SPEAKERS

Mr Sas Banerjee
Cancer Clinical Lead, BHRUT
Endoscopy & Breast Health Unit Lead, BHRUT

Mr Vasudeva Lam
Senior Clinical Fellow,
General Surgery
Barking, Havering and Redbridge University Hospitals NHS Trust

Mr Salim Tayeh MBChB FRCS
Consultant Breast Surgeon,
King George Hospital

Bernadette Trench
Breast Care Nurse
Barking, Havering and Redbridge University Hospitals NHS Trust

Ms Vian Salih
Breast Physician
Barking, Havering and Redbridge University Hospitals NHS Trust

Ms Amina Bouhelal MBBS FRCS MSc CILT AFHEA
Specialty Doctor in General and Breast Surgery
Barking, Havering and Redbridge University Hospitals NHS Trust

INVITATION TO
ALL GPs • GP TRAINEES • PRACTICE NURSES • PRIMARY CARE COLLEAGUES

Earlier Awareness • Better Care • Brighter Futures