

London Cardiovascular Renal Metabolic Fellowship 2026-27

Resource pack for applicants

The opportunity

Welcome

Thank you for your interest in the London Cardiovascular Renal Metabolic (CVRM) Fellowship.

The Fellowship is a London-wide programme delivered collaboratively by the [Health Innovation Network South London](#), [UCLPartners](#) and [Imperial College Health Partners](#) in partnership with the [London Million Hearts and Minds programme](#).

Designed for doctors, nurses, pharmacists, public health professionals, and other clinicians working in primary care, (including GP practice, primary care networks, and community pharmacy) who are passionate about improving patient care and reducing health inequalities. The Fellowship combines clinical education, leadership development, quality improvement training and practical project delivery. Fellows will gain the knowledge, skills and confidence to lead meaningful improvements within their organisations and local systems while becoming part of a growing London-wide network of primary care CVRM leaders.

The programme will recruit up to 75 Fellows from across London and provide opportunities to learn from experts, collaborate with peers and develop projects that have a lasting impact on patients and services.

About the Fellowship

Cardiovascular disease remains one of the leading causes of premature death and disability in England. Significant opportunities exist to improve prevention, early identification and management of cardiovascular, renal and metabolic conditions while addressing unwarranted variation and health inequalities.

The London CVRM Fellowship has been developed to support healthcare professionals who want to play a leading role in improving care. The programme combines evidence-based education with practical experience, enabling participants to apply learning directly to real world challenges within their organisations and communities.

The Fellowship builds on the success of previous programmes delivered by the London Health Innovation Networks and seeks to create lasting improvements in both clinical outcomes and workforce capability.

Programme partners and sponsors

The London CVRM Fellowship is delivered by the Health Innovation Network South London, UCLPartners and Imperial College Health Partners in partnership with the London Million Hearts and Minds programme. The Fellowship is supported through sponsorship from [Boehringer Ingelheim](#) and [Novo Nordisk](#), alongside public-sector funding through the London Million Hearts and Minds programme. Industry sponsors have had no input into, or influence over, the design of the Fellowship, programme content, speaker selection, participant selection or quality improvement projects.

In collaboration with



Why a London CVRM Fellowship?

Healthcare professionals are increasingly expected not only to provide excellent clinical care but also to lead change, improve services and support transformation across the health system.

Many clinicians have ideas for improving care but have limited opportunities to develop structured quality improvement, leadership and implementation skills. The Fellowship has been designed to address this gap by providing education, support, mentorship and practical experience.

By bringing together healthcare professionals from across London, the Fellowship will create a community capable of sharing learning, collaborating across organisational boundaries and accelerating the adoption of effective approaches to CVRM care.

Partnership with London Million Hearts and Minds

The Fellowship is being delivered in partnership with the London Million Hearts and Minds programme.

Million Hearts and Minds is an ambitious London-wide programme focused on preventing heart attacks and strokes by improving cardiovascular health, reducing inequalities and supporting innovation across the health and care system.

Through this partnership, Fellows will benefit from access to system leaders, subject matter experts, resources and wider opportunities to contribute to London-wide improvement activity. The Fellowship will help develop local leaders who can translate strategic priorities into practical improvements for patients and communities.

Projects and learning activities will be aligned, where appropriate, with wider London priorities to maximise impact and support system-wide improvement.

Our vision

The Fellowship aims to develop a sustainable network of CVRM leaders across London who can accelerate the adoption of evidence-based prevention and treatment, improve population health outcomes and support the spread of innovation across the healthcare system.

The programme is designed not only to improve individual knowledge and skills but also to develop clinicians who can influence practice, support colleagues and contribute to long-term improvements in health outcomes.

The Fellowship

What makes this Fellowship different?

The Fellowship offers:

- A London-wide programme delivered by the three London Health Innovation Networks
- Partnership with the London Million Hearts and Minds programme
- Opportunities to learn from expert faculty and senior system leaders
- Practical quality improvement project experience
- Leadership development alongside clinical education
- Opportunities to work with and learn from peers across London
- A focus on implementation and sustainability of projects
- Membership of a developing alumni network

Programme structure and curriculum

The Fellowship will run over approximately ten months and combines face-to-face learning, virtual clinical education, quality improvement and practical project delivery.

Components of the programme include:

- **An in-person programme launch event**
- **Four face-to-face learning events**
- **Other events covering a combination of:**
 - Leadership and influencing workshops
 - Quality improvement training
 - Population health, innovation and implementation sessions
 - Working effectively with industry and other partners
 - Implementation and sustainability of successful initiatives
 - Peer learning and networking opportunities
- **A series of expert-led educational webinars covering:**
 - Hypertension
 - Lipid management
 - Atrial fibrillation
 - Chronic kidney disease
 - Obesity and metabolic health
 - Heart failure
 - An introduction to the Million Hearts and Minds programme and wider London priorities
- **Quality improvement project development and delivery**
- **Peer learning, networking and mentoring opportunities, including:**
 - Smaller group learning and collaboration sessions
 - One-to-one support from Health Innovation Network colleagues
 - Opportunities to connect with Fellows from across London
- **A final showcase event where Fellows present project outcomes and learning to senior stakeholders.**

Quality improvement projects

A core component of the Fellowship is the delivery of a practical quality improvement (QI) project.

Fellows will identify and deliver a project that addresses a locally relevant challenge within cardiovascular, renal or metabolic health. Projects should align with local and London-wide priorities and should seek to improve outcomes, reduce variation and address health inequalities.

Projects will normally focus on one or more of the following clinical areas:

- Hypertension
- Lipid management
- Heart failure
- Obesity management
- Chronic kidney disease (CKD)
- Diabetes

Within these areas, projects may focus on:

- Prevention and early detection
- Case finding and risk stratification
- Optimisation of treatment and management
- Service redesign and pathway improvement
- Increasing uptake of evidence-based practice
- Improving access and reducing health inequalities
- Supporting adoption of innovative approaches

Fellows will be encouraged to use local data to identify areas for improvement and develop projects that respond to the needs of their population. Wherever possible, projects should consider opportunities to reduce health inequalities and improve outcomes for underserved groups.

Projects should also have a clear route to improving meaningful clinical, operational or population health outcomes within practices, primary care networks, community pharmacy and wider healthcare systems. Whilst measurable improvements may not be achieved within the timescale of the Fellowship itself, Fellows should be able to describe how their project could contribute to improvements in key indicators and outcomes over time.

Fellows will receive support throughout the programme to develop, deliver and evaluate their projects. This will include quality improvement training, access to local data, one-to-one support and opportunities for peer learning and collaboration.

Successful projects may inform wider adoption across practices, primary care networks, neighbourhoods and healthcare systems. Fellows may also have opportunities to align projects with wider London priorities and improvement initiatives where appropriate.

Examples of previous Fellowship projects can be found [here](#).

Support available

Fellows will be supported throughout the programme through opportunities to learn from:

- Educational faculty
- Clinical subject matter experts.
- Quality improvement specialists from the London Health Innovation Networks
- Peer support and collaboration
- Learning materials and resources
- Networking opportunities with healthcare leaders

Benefits for Fellows

The Fellowship provides opportunities to:

- Enhance knowledge and understanding of CVRM care
- Develop leadership and influencing skills
- Gain practical quality improvement experience and project management skills
- Build confidence in leading change
- Expand professional networks
- Learn from experts across London
- Improve outcomes for patients and populations
- Become part of a network of future CVRM leaders
- Receive a Fellowship completion certificate which may be used as evidence of continuing professional development

Fellows will be encouraged to share learning within their organisations and beyond and support colleagues to improve care, helping to spread best practice beyond those directly participating in the programme.

Joining the programme

Previous Fellowship impact

Previous Fellowship programmes delivered by the London Health Innovation Networks have generated positive outcomes for both participants and patients.

Participants reported increased confidence in managing cardiometabolic conditions and leading quality improvement initiatives.

Fellowship projects have directly supported care for thousands of patients, with substantial numbers receiving treatment initiation or optimisation as a result of Fellowship-led improvement work.

The vast majority of patients supported through previous Fellowship projects were successfully managed within primary care, demonstrating the potential to improve outcomes while reducing pressure on secondary care services.

Who should apply?

Applications are welcomed from primary care and community pharmacy clinicians working within London who have an interest in improving cardiovascular, renal and metabolic health.

This may include:

- General practitioners
- Practice nurses
- Clinical pharmacists
- Community pharmacists
- Advanced clinical practitioners
- Physician associates
- Public health professionals and other clinicians involved in CVRM prevention, care and improvement

Applicants should demonstrate enthusiasm for improving services and a commitment to actively participating in all components of the programme.

Time commitment

The Fellowship is designed to run alongside existing professional responsibilities.

Participants will be expected to:

- Attend the four face-to-face learning events in December 2026 and April, July and September 2027
- Participate in eight webinar sessions
- Engage with Fellowship learning materials

- Develop and deliver a quality improvement project
- Participate in evaluation activities
- Share learning and outcomes with colleagues

On average, Fellows should expect to dedicate approximately 5-6 hours per month to Fellowship activities, including the time required for their quality improvement project.

Due to the time commitment involved, applicants will be expected to discuss participation with their line manager, clinical lead or another appropriate senior leader before applying. Applicants will be asked to confirm that they have organisational support to attend Fellowship activities and deliver their quality improvement project.

Additional details regarding expected time commitments will be provided during the application process.

Your application

Key dates

- Applications open: Monday 12 October 2026
- Information session webinar: 1pm on Thursday 22 October 2026 - [Join here](#)
- Applications close: 9am on 9 November 2026
- Fellowship launch event: 8 December 2026

Eight webinars will be held at lunchtime throughout the programme:

- Thursday 21 January 2027
- Wednesday 3 February 2027
- Thursday 25 February 2027
- Wednesday 17 March 2027
- Wednesday 28 April 2027
- Wednesday 12 May 2027
- Wednesday 26 May 2027
- Wednesday 9 June 2027

Further in person whole day events will be held:

- Week commencing 12 April 2027
- Week commencing 14 June 2027
- Week commencing 20 September 2027 (final showcase event)

Additional details regarding expected time commitments will be provided during the application process.

Alumni and ongoing involvement

The Fellowship aims to create long-term benefits for participants, organisations and the wider healthcare system.

Upon completion of the programme, Fellows will become part of a growing London-wide alumni network and will be encouraged to remain involved through future learning opportunities, networking events, collaborative projects and wider CVRM improvement initiatives.

Engagement can be flexible and the long-term ambition is to develop a sustainable community of clinicians who continue to support colleagues, influence practice, spread innovation and contribute to improving cardiovascular health across London.

Frequently asked questions

Do I need a project idea before applying?

No. Applicants are encouraged to identify areas of interest, but support will be provided to

refine and develop project ideas.

Can I apply if I have limited quality improvement experience?

Yes. The Fellowship is designed to support participants at different stages of their quality improvement and leadership journey.

Will I receive support with my project?

Yes. Fellows will receive guidance, mentorship and access to subject matter expertise throughout the programme.

Will there be opportunities to network with other healthcare professionals?

Yes. Networking and peer learning form an important part of the Fellowship experience.

Can more than one person apply from the same organisation?

Yes. Applications are assessed on an individual basis.

Further information

We encourage applications from healthcare professionals with diverse backgrounds, experiences and perspectives who are committed to improving cardiovascular, renal and metabolic health across London.

We look forward to receiving your application.

Apply now

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Apply now

**Applications for the CVRM Fellowship close
on 9am on 9 November 2026.**

**For more information about the programme contact the
Health Innovation Network South London team at hin.cvd@nhs.net.**