

# Redbridge Bereavement Service

Saint  
Francis  
Hospice  
Caring for you

## Grief support, close to home

Compassionate support for children, young people, adults and families across Redbridge.



### TALK

One to one conversation with a counsellor



### UNDERSTAND

A safe space to talk about your feelings and experiences



### GUIDANCE

Information and signposting to help you find the right support



### SUPPORT

Practical and emotional support that fits your needs




### FOR EVERYONE

A safe space to talk about your feelings and experiences

## We provide this support in different languages.

Please get in touch to let us know your preferred language.

CONTACT US, either email

 [bv@sfh.org.uk](mailto:bv@sfh.org.uk), scan the **QR code** to access free support. Or call us on

 **01708 753 319**

Scan me



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