

Patient information about changes to medicines or treatments on the NHS: [Changes to doxazosin prolonged release tablets](#)

The NHS is asking prescribers to stop or greatly reduce the prescribing of some medicines. This is because the medicines are:

- Not as safe as other medicines OR
- Not as good (effective) as other medicines OR
- More expensive than other medicines that do the same thing.

This includes doxazosin prolonged release tablets

This document will explain why the changes are happening and where you can get more information and support.

[What is Doxazosin?](#)

Doxazosin is used to treat high blood pressure and/or enlarged prostate. There are two oral forms of the medication (immediate release and prolonged release (also known as modified release)), and both are taken once daily.

[What is this change and what is the reason for it?](#)

NHS guidance now recommends that doxazosin prolonged release tablets should not be prescribed routinely. This is because there is a lack of evidence to show that doxazosin prolonged release tablets provide any additional benefit over doxazosin immediate release tablets, and they are considerably more expensive than the immediate release version.

[What options are available instead of Doxazosin prolonged release?](#)

There are other alternative medicines to manage your symptoms that are considered more clinically effective and cost-effective.

You will be invited for a review of your blood pressure treatment; it is important that you do not stop taking doxazosin prolonged release before this review.

Your doctor or practice pharmacist will talk to you about different options so that you can come to a joint decision about what option is best for you.

Where can I find more information and support?

- You can speak to your local pharmacist, GP, or the person who prescribed the medication to you.
- The Patients Association can also offer support and advice: www.patients-association.org.uk/ or freephone 0800 345 7115
- Healthwatch is an online resource where you can feedback on your healthcare experiences: www.healthwatch.co.uk

Find out more about the medicines that are being stopped or reduced: <https://www.england.nhs.uk/medicines/items-which-should-not-be-routinely-prescribed>