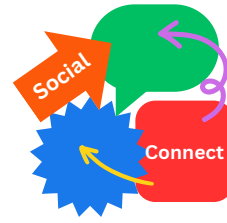


# Social Connect Groups



In Tower Hamlets, the NHS and Children and Family Centres and Family Hubs are working together to help children with **'social communication differences' (SCD)** or autism.

**SCD** stands for **'social communication differences'**. This is when people have differences in the way they interact with other people. Children with SCD might need help communicating, joining in, and managing their feelings. Some people with SCD have a diagnosis of autism, but others don't.

- There are different groups you can join, depending on what you and your child's goals are. In these groups, you will learn strategies to help your child to develop in their every day activities.
- You can attend these groups in any order. Together with a professional, you can decide which group you think is best for you.
- Some of our groups are online (you join from home using your phone or computer) and some are 'in-person' groups (you go to the children's centre).
- To join the **online** groups, sign yourself up on our Eventbrite website! Click this link: <https://www.eventbrite.co.uk/o/barts-young-health-childrens-therapies-75042212983>
- Or scan this code using the camera on your phone...



- If you want to join the **in-person** groups, ask your nearest Children and Family Centre.



Explore and Connect is a stay and play for children with SCD. There are fewer children than the universal stay and play groups. You can play with your child and connect with other parents. You can also speak to staff who can give you ideas and tips.

**To join:**

ask your nearest Children and Family Centre or speak to a professional



**Explore and Connect:  
Stay and Play**

**Learn and Connect:  
Parent Group**



Learn and Connect is Speech and Language Therapy and Occupational Therapy for your child. The course is designed to help you to help your child develop every day. Delivered by experts (speech and language therapists and occupational therapists) you will learn through discussion and videos: what SCD is, how your child learns, how to develop your child's communication, how to help your child learn to do every day activities (e.g. getting dressed, brushing teeth).

You can choose to attend a group online or in-person at the Children and Family Centres. This is a group for parents only. **For in-person groups, there will be a creche where your child can be looked after.** Every group is 1.5 hours, and the course is 6 weeks long.

**To sign up:**

**Online:** Scan the QR code with your phone camera/follow the link  
**In-person:** ask your nearest Children and Family Centre or speak to a professional

Learn new ways to help your child with their communication and taking part in everyday activities. You will try the ideas and activities with your child, while Early Intervention Workers support you. Each week is 1.5 hours long and it takes 6 weeks. This a group for you **and** your child - you will learn together!

**To join:** ask your nearest Children and Family Centre or speak to a professional.

**Play and Connect:  
Parent and Child Group**



**If you need a group in another language, or need help joining**

please ask your nearest Children and Family Centre, ask a health professional or email us [bartshealth.socialconnect@nhs.net](mailto:bartshealth.socialconnect@nhs.net)

**To sign up to online groups, visit the link below or scan the QR code**

<https://www.eventbrite.co.uk/o/barts-young-health-childrens-therapies-75042212983>

