

CPD Course: ISEP Environmental Sustainability Skills for Managers

As part of the **NHS North East London Integrated Care System** environmental sustainability and net zero journey, we are offering all staff a continuing professional development (CPD) course on **Environmental Sustainability Skills for Managers**. This a two day environmental awareness course aimed at non-environmental specialists, delivered by teams from Barking, Havering, and Redbridge University Hospitals NHS Trust (BHRUT), Barts Health NHS Trust, NELFT and NHS North East London.

The course aims to provide supervisors and managers with a strategic and operational overview of environmental sustainability as it affects their specific industry and work area.

The course covers the understanding of the strategic opportunities and constraints that environmental sustainability presents organisations; the importance of resource efficiency; the impact of environmental sustainability across the value chain; the impacts of pollution, prevention, control and environmental legislation in organisations; and how employees support environmental sustainability.

The sessions are delivered **online via MS Teams**, on the following dates:

Monday 23 March and Friday 27 March. Both 9:00 – 17:00

Tutors: Rebecca Waters (Anchors and Net Zero Manager, NHS North East London) and Samuel Wood (Sustainability and Net Zero Manager, Barts Health).

Trainers delivering this course are accredited by ISEP, have recent relevant experience in the environmental/sustainability sector and demonstrate technical competence in this area.

Key Features of the Course

- **Open to All:** This course is suited for all job roles and sectors and has no formal entry requirements.
- **Concise Format:** A focused session designed for those looking to gain baseline knowledge on net zero.
- **Materials:** Learners receive structured Learner Workbooks and a presentation.
- **Assessment:** To gain a certificate you will need to complete a 30-minute online assessment.
- **Certification:** ISEP certificate is provided to learners who successfully pass the assessment.

There are nine Learning Outcomes for this course which are as follows:

1. The main environmental and economic risks and opportunities
2. Knowledge and understanding of compliance obligations and business drivers for change
3. Knowledge and understanding of the main potential impacts on environment and sustainability
4. Knowledge and understanding of how to improve environmental performance
5. Evaluate drivers for change and barriers
6. Apply knowledge and understanding to baselines data to monitor and improve performance
7. Apply knowledge of environmental sustainability across the value chain
8. Demonstrate the importance of implementing resource efficiency
9. Demonstrate how employees can improve environmental performance.

[Click here to access the full course specification.](#)

Registration & Further Information

Please gain permission from your line manager to complete this course. To book your place [please sign up here](#).

If you have any problems with the e-form, please email the team with your date of choice on bhrut.sustainability@nhs.net

Last chance to book a place: Thursday 26 February 2026 (Course Capacity: 25 Delegates)

