

Diabetes Festive Newsletter- Supporting Your Patients on the NHS Type 2 Diabetes Path to Remission Programme; delivered by Oviva



Contracts have been extended to **July 31st 2026**, and there are a large number of places still available so keep the referrals coming!



Age restriction has been lifted (*individuals aged over 65 years may be referred if clinically appropriate and if potential benefits for that individual are considered to outweigh potential risks associated with rapid weight loss [e.g. exacerbation of pre-existing frailty]*). **If you have previously referred a patient over the age of 65 and they are still suitable, please complete a re-referral.**



The festive period and New Year are a great time to discuss lifestyle intervention with your patients.

Continue to refer even with the festive period approaching, patients can defer starting to a time that suits them! Email referrals to dedicated address ovivauk.t2dr@nhs.net.



Data and Call to Action

North East London patients:



748 patients have completed 6 months of the programme with 9.6% average weight loss

NEL referrals received to date: 3049



68% accepted,
(national target 80%)

Run search titled: **'Eligible for LCD/T2DR - clinically verify before referral'** to identify eligible patients- please note the age range within the search remains at 65. Over 65 is recommended on a case by case basis.

We encourage you to run the search, discuss with eligible motivated patients & refer 3 patients before 31.01.26!

Clinical drop in session: second Tuesday of the month @ 1pm:

[Click here to join the meeting](#), upcoming dates include 13th January and 10th February 2026.

Fiona
Senior Service
Engagement Manager
Fiona.rutherford4@nhs.net

