



Supporting World Antimicrobial Resistance Awareness Week (WAAW) 2025 NEL – Resources and Actions for Primary Care

Campaign Dates: Tuesday 18th to Monday 24th November 2025
Theme: ActNow: Protect Our Present, Secure Our Future

What is Antimicrobial Resistance?

Antimicrobial Resistance (AMR) occurs when bacteria, viruses, fungi and parasites no longer respond to antimicrobial agents. As a result of drug resistance, antibiotics and other antimicrobial agents become ineffective and infections become difficult or impossible to treat, increasing the risk of disease spread, severe illness and death.

Why It Matters?

Antimicrobial resistance (AMR) poses a growing threat to public health, with UK data showing AMR is linked to twice as many deaths annually as breast cancer. Primary Care plays a vital role in promoting antimicrobial stewardship, educating patients, and modelling best practice in prescribing.

The World AMR Awareness Week (WAAW)

The World AMR Awareness Week (WAAW) is a global campaign to raise awareness and increase understanding of AMR and to promote global action to tackle the emergence and spread of drug-resistant pathogens. The theme for WAAW 2025 is "**Act Now: Protect Our Present, Secure Our Future**."

Resources Available

The resource toolkit for healthcare professionals is available to download here



Themes for each day of WAAW 2025

Each theme is linked to at least one outcome in the <u>2024-29 National Action Plan (NAP)</u> for AMR.

Day 1: 'Prevention' theme (including infection prevention and control measures and vaccination).

Day 2: 'Antimicrobials in clinical practice' theme

Day 3: 'Optimising diagnostics' theme

Day 4: 'Tackling health inequalities' theme

Day 5: 'One Health and research' theme

Cross-cutting themes underpinning all 5 days have also been updated for 2025.

- Children and young people
- Sustainability
- Research

Children and young people

Post-COVID spike: Antibiotic prescribing for children under 10 rose from 27% prepandemic to 36% post-pandemic, despite an overall 3.2% drop in prescriptions across all age groups.

Microbiome disruption: Early exposure to antibiotics is increasingly linked to long-term health risks like asthma, allergies, and even developmental concerns.

North East London (NEL) consistently shows higher-than-average antibiotic prescribing rates in children, particularly in the under-5 age group.

UKHSA's national campaign for the public: Keep Antibiotics Working (Andi Biotic)

UKHSA has created a new campaign to help keep antibiotics working. Andi Biotic is on a mission to make people aware of the correct ways to use antibiotics so we can all help to tackle the threat of AMR. Research tells us that there is a high level of public awareness about the risks of AMR to the nation's health, yet most people do not know what they can personally do to combat it.

As a result, a campaign that aims to increase public awareness and understanding of the correct and incorrect antibiotic behaviours, using the below 3 messages:

- 1. Don't take antibiotics for colds and flu
- 2. Don't save antibiotics for later
- 3. Take antibiotics as directed by your healthcare professional

Further information on the campaign can be found here



Key Actions for GP Practices and primary care

- **1.** Understand the <u>data for your practice and PCN</u> Includes a new metric for antibiotic exposure in children under 10, aiming to return to pre-pandemic level
 - a. Promote use of FeverPAIN scores where appropriate
 - b. Encourage delayed prescribing and safety-netting where appropriate
- **2. Prescribe shorter courses of antibiotics** where indicated by <u>national guidelines</u>. Five-day courses are increasingly supported by evidence for many common infections, especially in children this is also been incentivised in the in the <u>NEL Prescribing Quality Scheme 25-26</u>
- 3. Patient Education: manage expectations around symptom duration.
 - Promote self-care and safety netting The RCGP TARGET 'Treating Your Infection' leaflets for common infections are available in 25 languages and in a pictorial format consider sharing with your patients
 - Use the "Gut Friends" and "Super Bodies" resources to support paediatric AMS conversations.
- **4. Join free, expert-led webinars** to deepen your understanding, learn more about best practice, and gain practical strategies to combat AMR in your work. Reserve your spot today and be part of the solution.
 - 15th October 2025 18:30 19:30: An RCGP webinar: Managing paediatric respiratory tract infections - what is the evidence? Register for this webinar here
 - 17 November 2025 12:30pm 1:30pm: An NHSE webinar: AMR in Focus: Empowering Health Professionals in the Fight Against AMR. Register for this webinar here
 - 19 November 2025 3:00pm 4:00pm: An NHSE webinar: Seen and not heard- a gut feeling that antibiotic use and antimicrobial resistance in children is a secondary consideration. Register for this webinar here
 - 24 November 2025 12:30pm 1:30pm: An NHSE webinar: **Optimising the Blood Culture Pathway**. Register for this webinar here



5. Digital Engagement

Access <u>digital resources for healthcare workers</u> that can be used and shared during WAAW. These resources build on those produced in 2020 and 2021, including digital notes, images and social media polls.

- Add WAAW banners to your email footers and practice website.
- Use campaign posters and screensavers in waiting areas and staff rooms.
- Share social media assets to raise awareness among patients and colleagues.
- Print and display posters and factsheets in clinical areas.
- **6. Choose your** Antibiotic Guardian pledge and encourage colleagues, family members and friends to do the same. You may wish to share your pledge on social media platforms to encourage others to join you also.

Thank you for your continued commitment to safe, effective prescribing and public health. Your leadership in primary care is essential to tackling AMR.