**WALTHAM FOREST CYP CRISIS SUPPORT**

Has the CYP taken an overdose or severely self-harmed (requiring immediate treatment)?

Do they pose a risk to themselves or others that cannot be managed in the community.

Contact - Adult Mental Health Services via the Single Pont of Access (SPA)

0300 300 1570 option 4

Is the CYP already open to Specialist CAMHS

**Yes**

**No**

Is the young person under 18?

**Yes**

**No**

**Yes**

Is the CYP in a crisis?

Are they expressing suicidal thoughts for the first time?

If the CYP usually experiences suicidal ideation with plans, are they more specific or intense than usual?

Have they engaged in self harming behaviours resulting in a wound or injury that requires immediate treatment from a medical professional.

Is the CYP behaving in a way that is unusual and/or out of character, and posing a risk to themselves or others?

Are they presenting with disordered behaviour of a degree that a CYP is unlikely to safely function and could present an immediate safety risk to themselves or others

Is the CYP currently open to Specialist CAMHS?

**No**

CYP to Attend A+E

**No**

**Yes**

Call Mental Health Direct for advice on

**0800 995 1000**

**Or NHS 111**

**No**

**Yes**

Contact the CYP allocated CAMHS practitioner.

Alternatively call CAMHS on **0300 555 1247** **WFcamhs@nelft.nhs.uk**

Is it Monday to Friday 9am - 5pm?

If you have a question or query regarding a possible referral please contact CAMHS Duty via **WFcamhs@ nelft.nhs.uk**

**0300 555 1247**

For general updates or queries Contact the CYP allocated Specialist CAMHS Practitioner. If you are unsure who this is please email\* **WFcamhs@nelft.nhs.uk**

**Yes**

Call the WF CAMHS Duty Clinician on **0300 555 1247**

**WFcamhs@nelft.nhs.uk**

*(You will be asked to provide details for the CYP and up to date information, you will also be required to complete a referral after the call)*

**No**

**Yes**

**Please Note: Out of hours service can also be accessed via NHS 111 from 2nd April 2024**

**\*Interact can be contacted for support and guidance prior to signposting a CYP to A+E**

**Tel: 0300 555 1156 Email: Brookside.admin@nelft.nhs.uk**