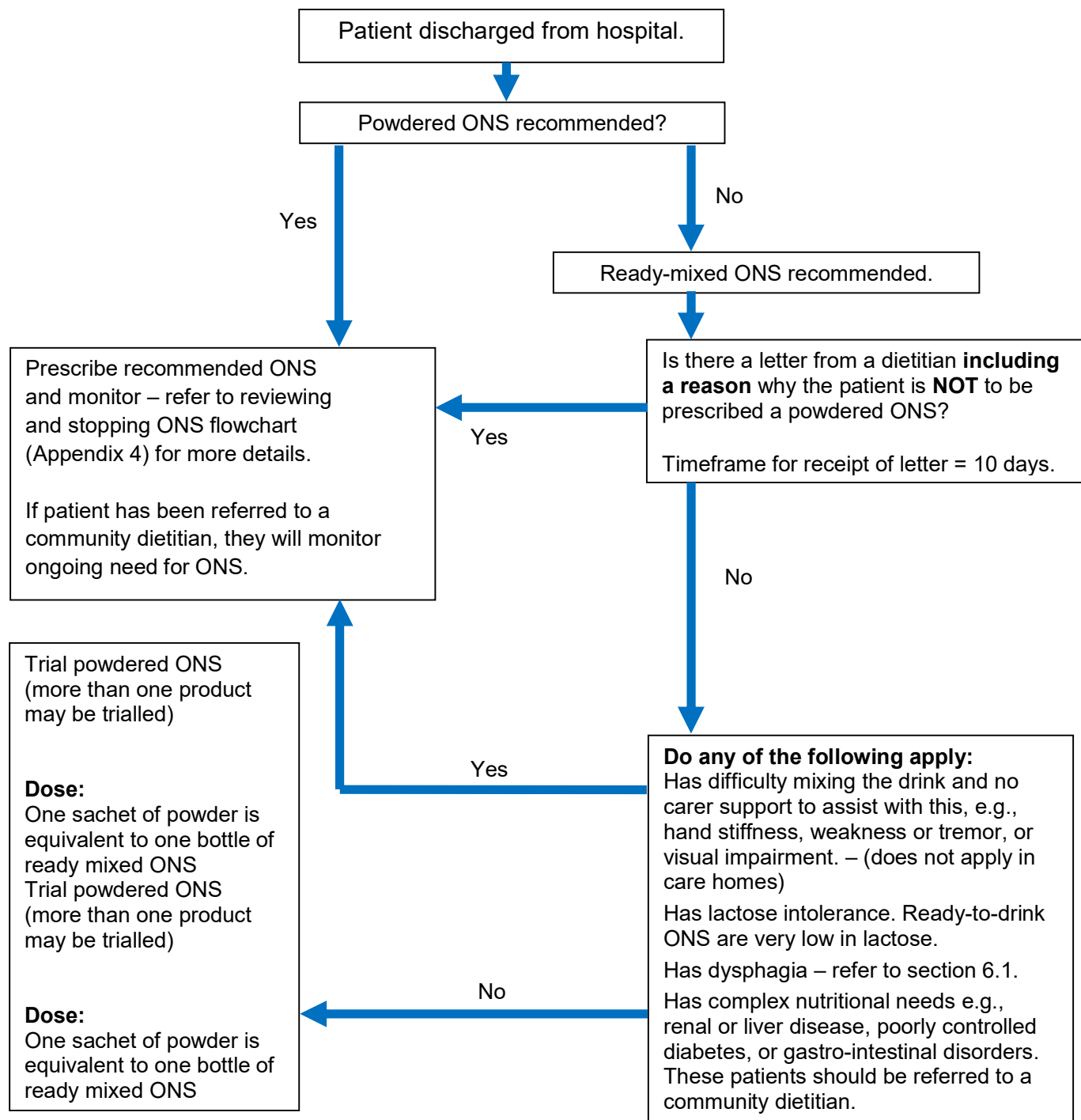


Quick Reference 3: Changing ONS after hospital discharge:



If patients object to changing or stopping ONS

- Explain that these products are usually for short-term use only.
- Powdered ONS may be perceived as inferior to pre-mixed ONS. However, powdered ONS typically contain 15-19 g protein and nearly 400 kcal per drink (when mixed with milk) compared with 12g protein and 300kcal per drink for ready-mixed varieties.
- Explain that prescription is according to set evidence-based criteria. As the patient no longer meets these, the prescriber should not prescribe.