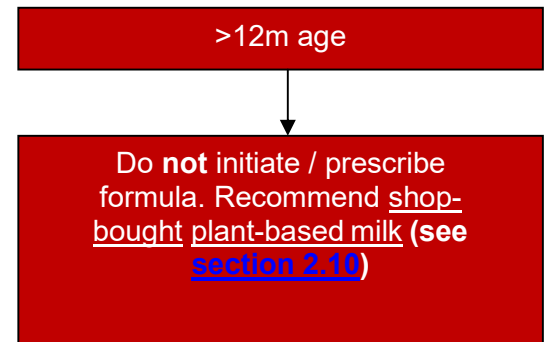
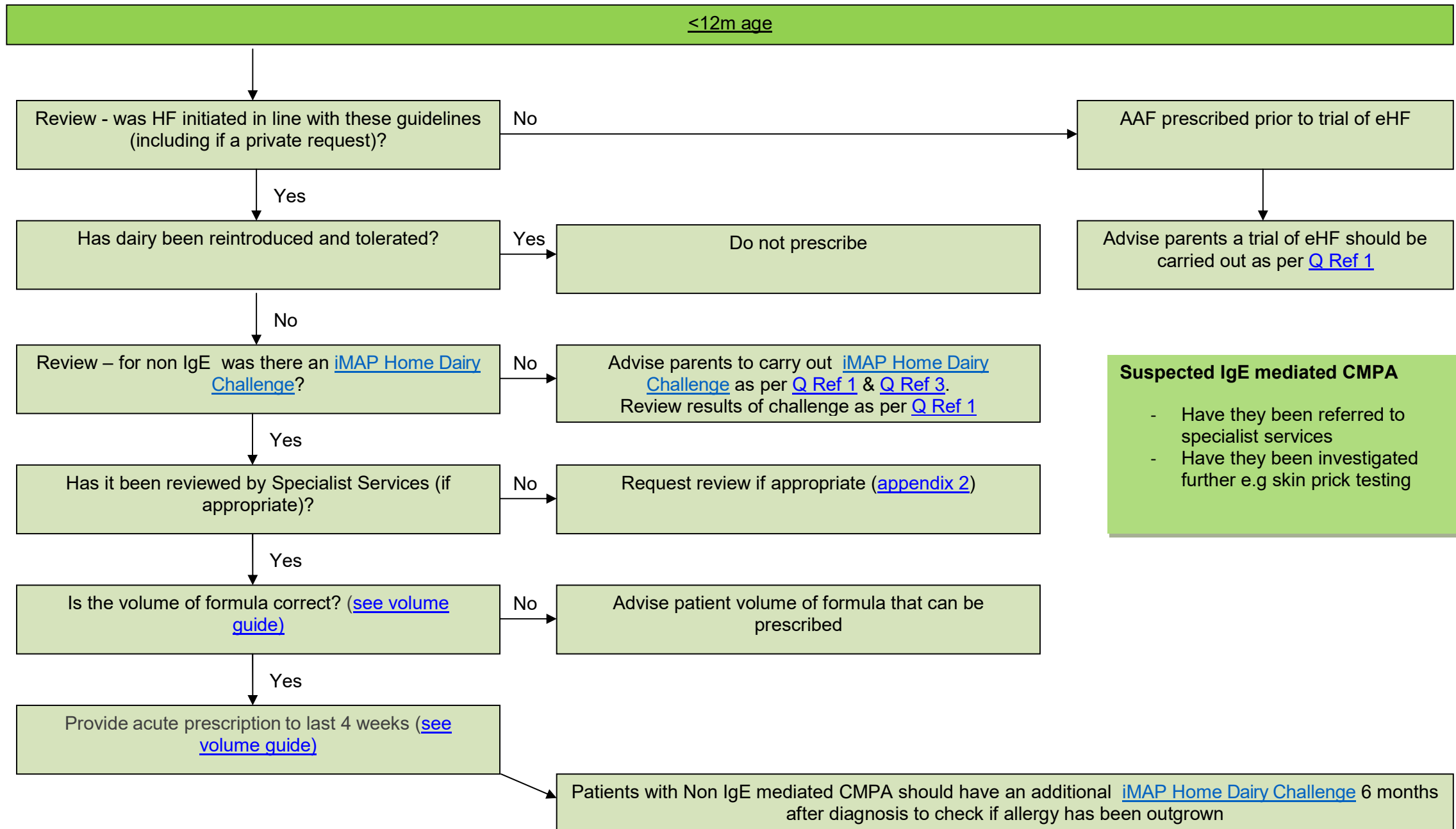


Q Ref 4 – Review for repeat prescription request for Hypoallergenic Formula

Repeat Prescription Request:



Abbreviations

CMPA – Cow's Milk Protein Allergy
 CMP – Cows Milk Protein
 BF – Breastfeeding
 HF – Hypoallergenic Formula
 eHF - extensively hydrolysed formula
 AAF - amino acid formula
 HRF – Hydrolysed Rice Formula
 IgE – immunoglobulin E
 OTC – over the counter

Key points:

N.B Maternal CMP free diet is not recommended if no symptoms when exclusively breastfeeding.
OTC products (do not prescribe) – lactose-free formula, 'anti-reflux' formula, 'comfort' formula, carobel
Neocate Junior requested – This product **MUST NOT** be initiated without dietetic justification (not a follow-on formula).
***Soya cross reactivity** 50% of children with non-IgE CMPA will also react to soya. 16% of children with IgE CMPA will also react to soya. Consider Soya exclusion when completing CMP free diet.

Prescription Review guide

- Confirm that the diagnosis of CMPA has been documented in the prescription request letter before issuing a repeat prescription. Allergy status should be noted on the patients care records.
 - Add: next **review date** (review prescription against volume based on age or intake every 3 months) and **prescription end date** within dosage instruction (date when child is 12m of age)
 - Adjust volume:
 1. Volume recommendation from dietitian letter
 2. If not available, use volume recommendation (see [Q Ref 2](#)) based on age/intake
 - Child should transition from formula to an appropriate shop-bought plant-based milk alternative - from 12 months of age
 - Stop prescription if:
 - tolerating dairy in diet
 - >12 months of age: unless advised by dietitian (check recent dietetic letter)
- Neocate Junior:** Ensure that dietetic review has been completed within the last 6 months and re-refer if no evidence of dietetic input within the last 6 months.

Volume Guide:

1. Volume required if mixed-fed (Based on daily intake of formula as reported by carer)

oz/day	ml/day	g/28 days
10oz	300ml	1600g
14oz	400ml	2000g
17oz	500ml	2400g
20oz	600ml	2800g
24oz	700ml	3200g
27oz	800ml	3600g
30oz	900ml	4000g
33oz	1000ml	4400g
36oz	1100ml	4800g

2. Volume required if exclusively formula fed

Age	g/28 days
0-3 months	4000g
4-6 months	5200g
7-9 months	4000g
10-12 months	3200g