

Complete **Allergy-focused clinical history** ([appendix 1](#)), refer to [symptoms table](#) to determine if **IgE or non-IgE** allergy (onset is key > 2 hours likely non-IgE, < 2 hours likely IgE) (note, majority of cases will be Non-IgE) **If IgE CMPA suspected then commence CMP free advice**

Abbreviations
 CMPA – Cow's Milk Protein Allergy
 CMP – Cows Milk Protein
 BF – Breastfeeding
 HF – Hypoallergenic Formula
 eHF - extensively hydrolysed formula
 AAF - amino acid formula
 HRF – Hydrolysed Rice Formula
 IgE – immunoglobulin E
 OTC – over the counter

