



North East London

Dear Pharmacist

Re: Supporting Schools and Parents in Managing Severe Allergies and Anaphylaxis

I am writing to share resources developed to support schools and parents in managing pupils/children at risk of severe allergic reactions.

The enclosed **Frequently Asked Questions (FAQs) for Schools and Teachers** and **Frequently Asked Questions (FAQs) for Parents and Carers** provides practical, accessible guidance on recognising anaphylaxis and safely using adrenaline auto-injectors (AAIs) such as EpiPen® or Jext®.

Community pharmacists play a crucial role in supporting families and schools with the safe supply, storage, and understanding of AAIs. We would welcome your help in the following ways:

- **Signposting families** to the attached FAQs when supplying AAIs
- **Supporting schools** with advice on purchasing and storing spare AAIs
- **Encouraging parents** to always carry 2 AAIs with their child, maintain up-to-date allergy action plans and check AAI expiry dates
- Offering to **demonstrate correct use** of AAIs to parents, carers or school staff where appropriate

We hope you will find this resource helpful in your discussions with families and school staff.

Thank you for your continued partnership in keeping children with allergies safe and supported.