

**North-East London Integrated Care Board
(NEL ICB)**

**Primary Care
Safeguarding Handbook**

CONTACTS

***“Improving Standards and Promoting Welfare
for Children, Young People and Adults”***

September 2025
Version 9.7

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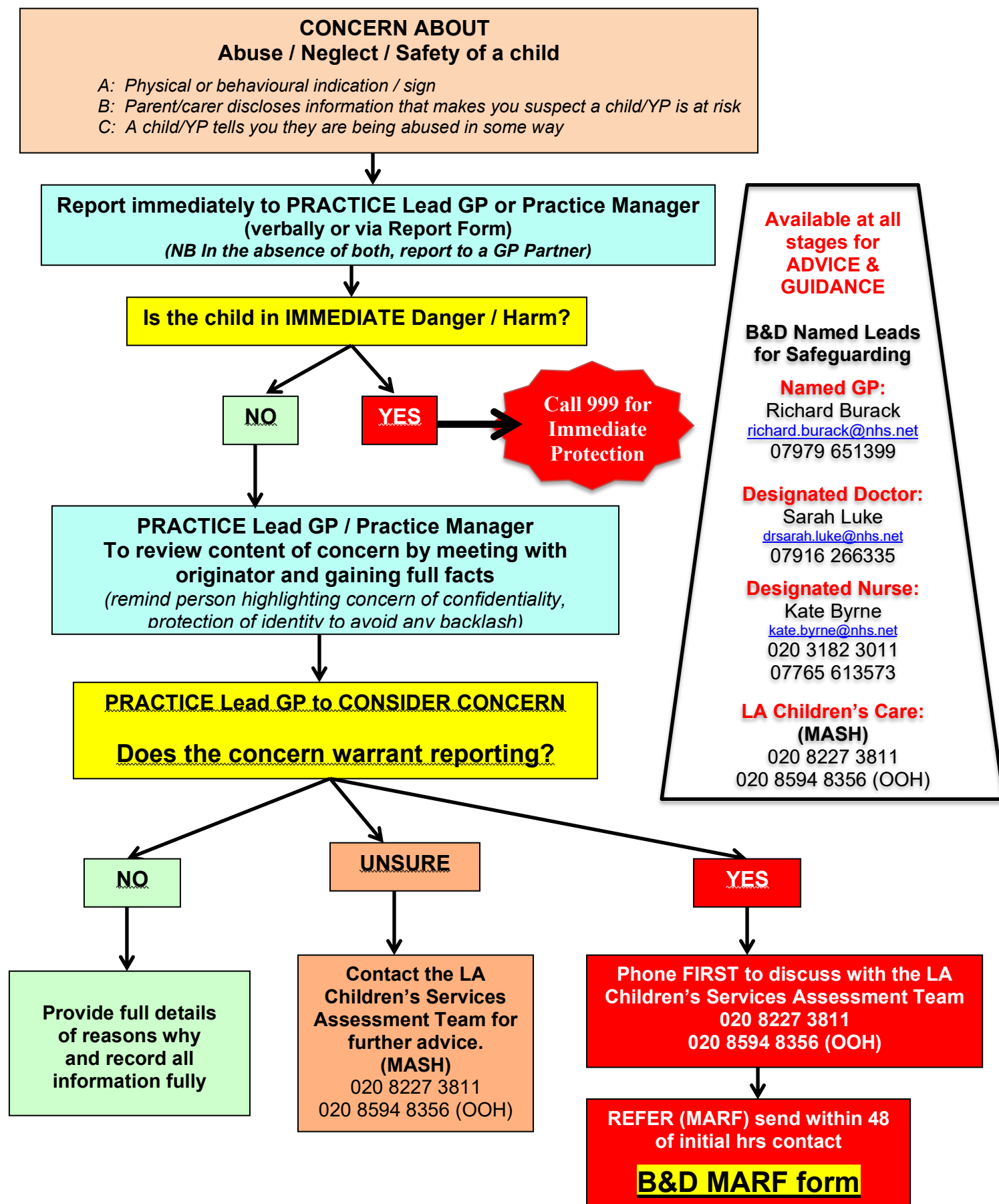
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NOTIFICATION OF A CONCERN

Barking & Dagenham

Notifying a child's safeguarding concern



City & Hackney

Notifying a child's safeguarding concern

CONCERN ABOUT Abuse / Neglect / Safety of a child

A: Physical or behavioural indication / sign

B: Parent/carer discloses information that makes you suspect a child/YP is at risk

C: A child/YP tells you they are being abused in some way

Report immediately to PRACTICE Lead GP or Practice Manager
(verbally or via Report Form)
(NB In the absence of both, report to a GP Partner)

Is the child in IMMEDIATE Danger / Harm?

NO

YES

**Call 999 for
Immediate
Protection**

PRACTICE Lead GP / Practice Manager
To review content of concern by meeting with
originator and gaining full facts
(remind person highlighting concern of confidentiality,
protection of identity to avoid any backlash)

PRACTICE Lead GP to CONSIDER CONCERN
Does the concern warrant reporting?

NO

UNSURE

YES

**Provide full details
of reasons why
and record all
information fully**

**Contact the LA
Children's Services
Assessment Team for
further advice.
(MASH)**
020 8356 5500
020 8356 2710 (OOH)

**Phone FIRST to discuss with the LA
Children's Services Assessment Team**
020 8356 5500
020 8356 2710 (OOH)

**REFER (MARF) send within 48
of initial hrs contact**

C&H MARF Form

**Available at all
stages for
ADVICE &
GUIDANCE**

**C&H Leads
for Safeguarding**

Named GP:

Emma Tukmachi
emmatukmachi@nhs.net
07919 821688

Designated Doctor:

Nick Lessof
nick.lessof@nhs.net
07770 918234

Designated Nurses:

Mary Lee
Mary.lee1@nhs.net
Samantha Martin
Samanthamartin1@nhs.net

**LA Children's Care:
(MASH)**

020 8356 5500
020 8356 2710 (OOH)

CONCERN ABOUT (*Use Professional Curiosity*) **Abuse / Neglect / Safety of a child**

A: Physical or behavioural indication / sign

B: Parent/carer discloses information that makes you suspect a child/YP is at risk

C: A child/YP tells you they are being abused in some way

Report immediately to PRACTICE Lead GP or Practice Manager
 (verbally or via Report Form)
 (NB In the absence of both, report to a GP Partner)

Is the child in IMMEDIATE Danger / Harm?

NO

YES

**Call 999 for
Immediate
Protection**

PRACTICE Lead GP / Practice Manager
**To review content of concern by meeting with
originator and gaining full facts**
*(remind person highlighting concern of confidentiality,
protection of identity to avoid any backlash)*

PRACTICE Lead GP to CONSIDER CONCERN
Does the concern warrant reporting?

NO

UNSURE

YES

**Provide full details
of reasons why
and record all
information fully**

**Contact the LA
Children's Services
Assessment Team for
further advice.
(MASH)
01708 433222
01708 433999 (ooh)**

**Phone FIRST to discuss with the LA
Children's Services Assessment Team
01708 433222
01708 433999 (ooh)**

**REFER (MARF) send within 48
of initial hrs contact**

Havering MARF form

**Available at all
stages for
ADVICE &
GUIDANCE**

**Havering Leads
for Safeguarding**

Named GP:

Richard Burack
richard.burack@nhs.net
 07979 651399

Designated Doctor:

Vacant TBA
[vacant TBA](#)
 Vacant TBA

Designated Nurse:

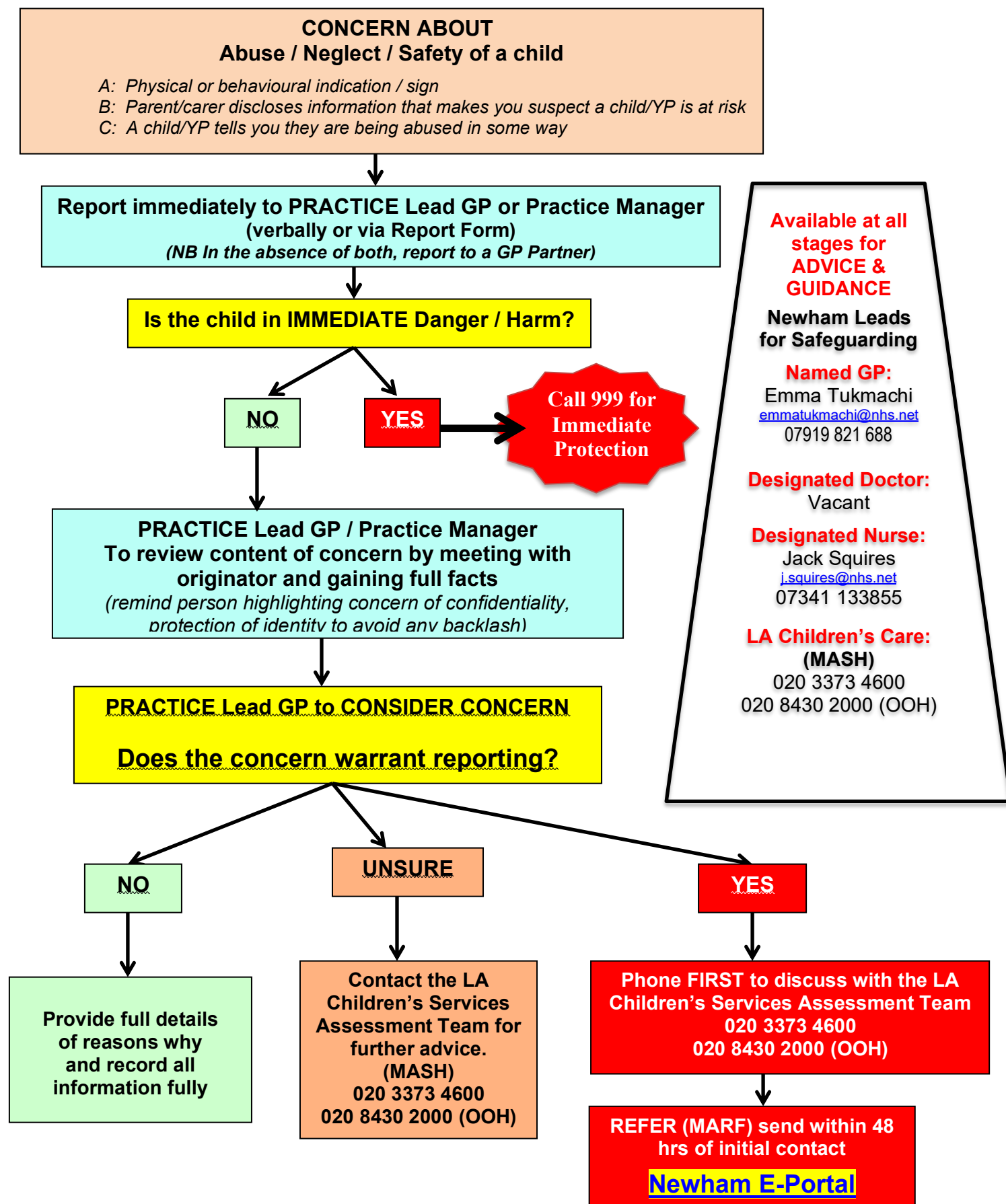
Paul Archer
paul.archer@nhs.net
 07584 152223
 020 3182 3144

**LA Children's Care:
(MASH)**

01708 433222
 01708 433999 (OOH)

Newham

Notifying a child's safeguarding concern



Redbridge

Notifying a child's safeguarding concern

CONCERN ABOUT Abuse / Neglect / Safety of a child

A: Physical or behavioural indication / sign

B: Parent/carer discloses information that makes you suspect a child/YP is at risk

C: A child/YP tells you they are being abused in some way

Report immediately to PRACTICE Lead GP or Practice Manager
(verbally or via Report Form)
(NB In the absence of both, report to a GP Partner)

Is the child in IMMEDIATE Danger / Harm?

NO

YES

**Call 999 for
Immediate
Protection**

PRACTICE Lead GP / Practice Manager
To review content of concern by meeting with
originator and gaining full facts
(remind person highlighting concern of confidentiality,
protection of identity to avoid any backlash)

PRACTICE Lead GP to CONSIDER CONCERN
Does the concern warrant reporting?

NO

UNSURE

YES

**Provide full details
of reasons why
and record all
information fully**

**Contact the LA
Children's Services
Assessment Team for
further advice.
(MASH)**
020 8708 3885
020 8708 5897 (OOH)

**Phone FIRST to discuss with the LA
Children's Services Assessment Team**
020 8708 3885
020 8708 5897 (OOH)

**REFER (MARF) send within 48
of initial hrs contact**

Redbridge MARF form

**Available at all
stages for
ADVICE &
GUIDANCE**

**Redbridge Leads
for Safeguarding**

Cons Nurse Lead:

Ruth Rothman
ruth.rothman@nhs.net
07717 421375

Designated Doctor:

Sarah Luke
drsarah.luke@nhs.net
07916 266335

Designated Nurse:

Gemma Shadbolt
Gemma.shadbolt@nhs.net
07551 361230

**LA Children's Care:
(MASH)**

020 8708 3885
020 8708 5897 (OOH)

Tower Hamlets

Notifying a child's safeguarding concern

CONCERN ABOUT Abuse / Neglect / Safety of a child

A: Physical or behavioural indication / sign

B: Parent/carer discloses information that makes you suspect a child/YP is at risk

C: A child/YP tells you they are being abused in some way

Report immediately to PRACTICE Lead GP or Practice Manager
(verbally or via Report Form)
(NB In the absence of both, report to a GP Partner)

Is the child in IMMEDIATE Danger / Harm?

NO

YES

**Call 999 for
Immediate
Protection**

PRACTICE Lead GP / Practice Manager
**To review content of concern by meeting with
originator and gaining full facts**
(remind person highlighting concern of confidentiality,
protection of identity to avoid any backlash)

PRACTICE Lead GP to CONSIDER CONCERN
Does the concern warrant reporting?

NO

UNSURE

YES

**Provide full details
of reasons why
and record all
information fully**

**Contact the LA
Children's Services
Assessment Team for
further advice.
(MASH)**
020 7364 5006 opt 3
020 7364 4079 (OOH)

**Phone FIRST to discuss with the Multi-
agency Assessment Team (MAST)**
202 7364 5006 opt 2 or 3
020 7364 4079 (OOH)

**REFER (MARF) send within 48
of initial hrs contact**

Tower Hamlets MARF

**Available at all
stages for
ADVICE &
GUIDANCE**

**Tower Hamlets
Leads for
Safeguarding**

Named GP:

Emma Tukmachi
emmatukmachi@nhs.net
07919 821688

Designated Doctor:

Dr Nick Lessof
nick.lessof@nhs.net
07770 918234

Designated Nurse:

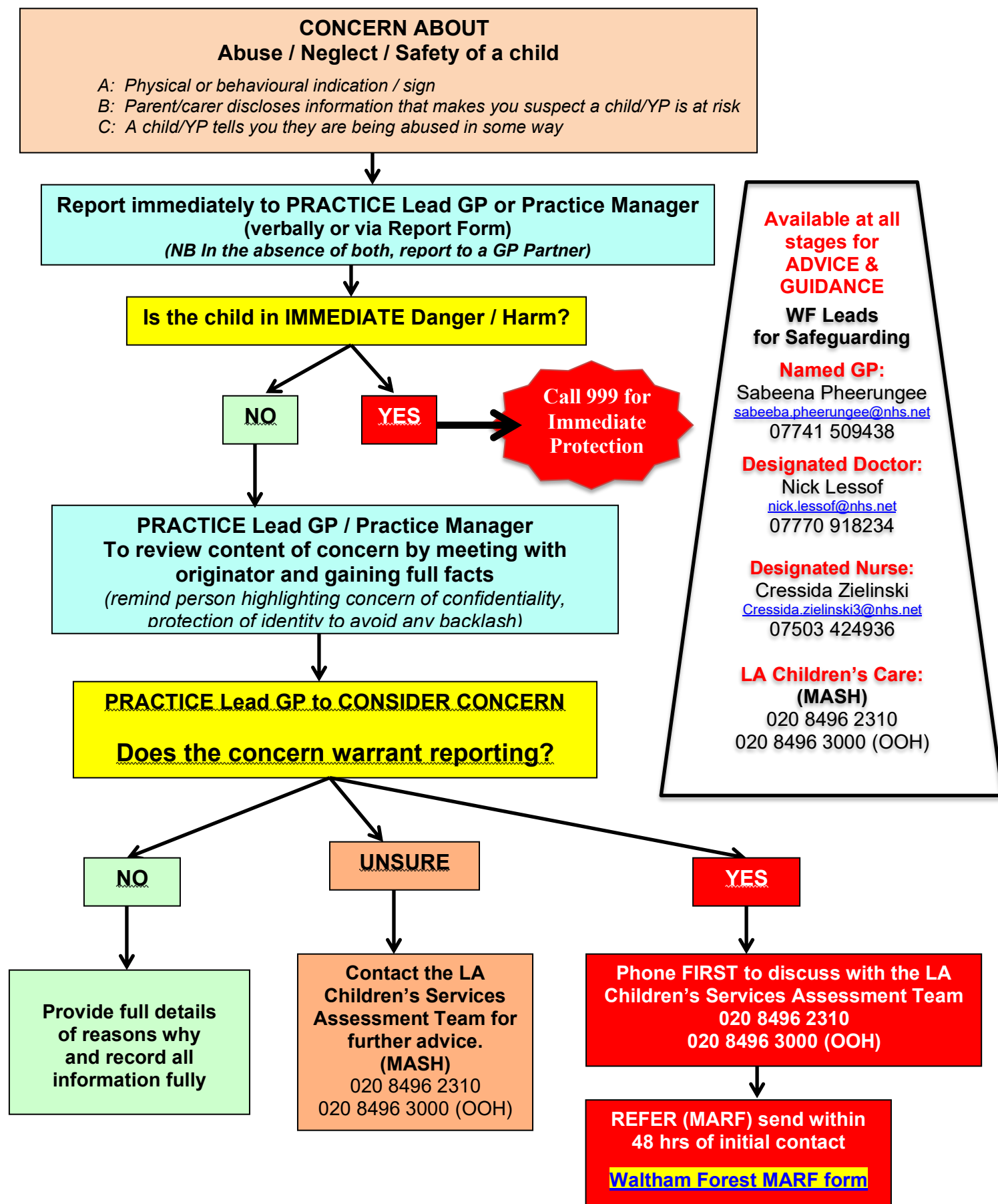
Lyn Glover
lynglover@nhs.net

**LA Children's Care:
(MASH)**

020 7364 5006 opt 3
020 7364 4079 (OOH)

Waltham Forest

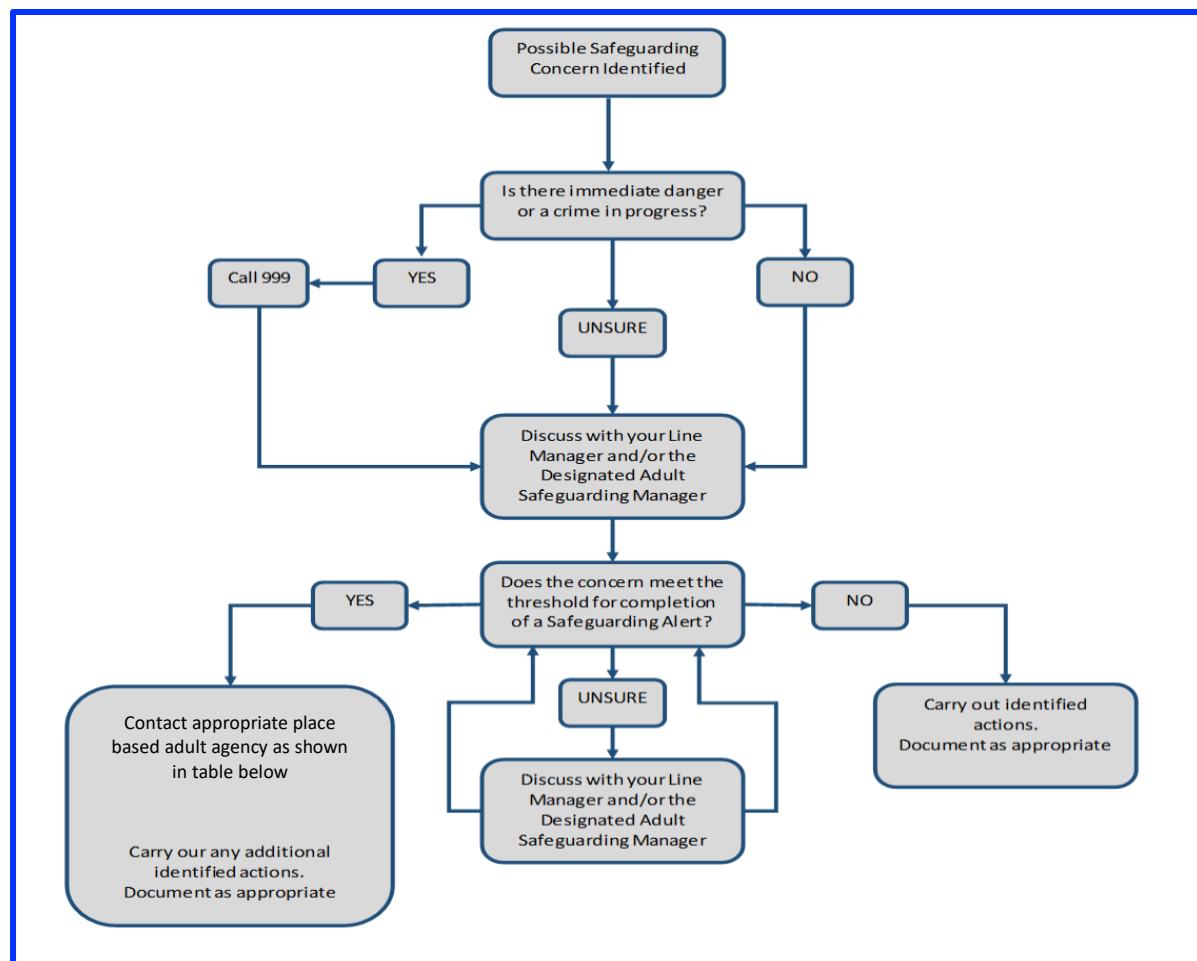
Notifying a child's safeguarding concern



ADULT SAFEGUARDING - II

“Making a referral to report a concern / abuse”

If you have concerns for the safety of an adult, please contact the relevant Adult Social Care Safeguarding Teams.



At place agency	Telephone number	Website access	Email
London Borough of Barking & Dagenham	020 8227 2915	Barking & Dagenham Safeguarding Adults	safeguardingadults@lbbd.gov.uk
London Borough of City & Hackney	020 8356 5782 (H) 020 7332 1224 City	Hackney Safeguarding Adults	
London Borough of Havering	01708 433550	Havering Safeguarding Adults	safeguarding_adults_team@haverling.gov.uk
London Borough of Newham	020 3373 0440	Newham Safeguarding Adults	
London Borough of Redbridge	020 8708 7333 opt 2	Redbridge Safeguarding Adults	Adults.alert@redbridge.gov.uk
London Borough of Tower Hamlets	0300 303 6070	Tower Hamlets Safeguarding Adults	
London Borough of Waltham Forest	020 8496 3000	Waltham Forest Safeguarding Adults	

***NEL ICB
SAFEGUARDING
CONTACTS***

NEL ICB SAFEGUARDING CONTACTS

Primary Care Safeguarding Leads CHILDREN

Locality	Primary Care Lead	Role	Contact
Barking & Dagenham	Richard Burack	Named GP	richard.burack@nhs.net , 07979 651399
City & Hackney	Emma Tukmachi	Named GP	emmatukmachi@nhs.net , 07919 821688
Havering	Richard Burack	Named GP	richard.burack@nhs.net , 07979 651399
Newham	Emma Tukmachi	Named GP	emmatukmachi@nhs.net , 07919 821688
Redbridge	Ruth Rothman	Named Nurse Consultant	ruth.rothman@nhs.net , 07717 421375
Tower Hamlets	Emma Tukmachi	Named GP	emmatukmachi@nhs.net , 07919 821688
Waltham Forest	Sabeena Pheerunggee	Named GP	Sabeena.pheerunggee@nhs.net , 07741 509438

Primary Care Safeguarding Leads ADULTS

Locality	Primary Care Lead	Role	Contact
Barking & Dagenham	Zahid Iqbal	Designated Professional	Zahid.iqbal@nhs.net
City & Hackney	Mary O'Reardon	Designated Professional	m.o'reardon@nhs.net
Havering	Joy Maguire	Designated Professional	Joy.maguire@nhs.net
Newham	Daniel Wilson Emma Tukmachi	Designated Professional	Daniel.wilson31@nhs.net Emmatukmachi@nhs.net
Redbridge	Stephen Hynes	Designated Professional	Stephen.hynes@nhs.net
Tower Hamlets	Belle Panteli & Tim Bull Sabeena Pheerunggee	Designated Professional Named GP	belle.panteli@nhs.net & timothy.bull@nhs.net Sabeena.pheerunggee@nhs.net
Waltham Forest	Belle Panteli & Tim Bull Sabeena Pheerunggee	Designated Professional Named GP	belle.panteli@nhs.net & timothy.bull@nhs.net Sabeena.pheerunggee@nhs.net

NEL ICB SAFEGUARDING CONTACTS

BARKING & DAGENHAM

B&D Designated / Named Professionals			
Role / Position	Name	Contact	e-mail
Named GP for Safeguarding Children	Dr Richard Burack	07979 651399	richard.burack@nhs.net
Designated Dr for Safeguarding Children	Dr Sarah Luke	07701 293797	drsarah.luke@nhs.net
Designated Dr for Looked after Children	Dr Omar Aldeleek		o.aldeleek@nhs.net
Designated Nurse for SG Children	Kate Byrne	07765 613573	kate.byrne@nhs.net
Designated Nurse for Looked after Children	Louisa Jibuike	07551 580895	louisa.jibuike1@nhs.net
Designated Professional Adult Safeguarding	Zahid Iqbal	07551 451498	zahid.iqbal@nhs.net
Named Dr for SG Children (BHRUT)	Dr Bobby Ruge	07967 147991	bobby.ruge@nhs.net
Named Nurse for SG children (BHRUT)	Jay Brown	01708 435000 ex 5719	bhr-tr.safeguarding@nhs.net
Named Dr for SG Children (NELFT)	Hla Thu	07808 364638	hla.thu@nelft.nhs.uk
Named Nurse for SG children (NELFT)	Toni Adewale	07808 878162	toni.adewale@nelft.nhs.uk
Named Nurse for SG children (NELFT)	Helen Chesterton	07568 130143	helen.chesterton@nelft.nhs.uk
Named Midwife for BHRUT	Daniela Capasso	020 8970 5719	bhrut.maternitysafeguardingteam@nhs.net
Named Dr for LAC (NELFT)	Daisy Rowland		daisy.rowland@nelft.nhs.uk
B&D MASH / Other safeguarding contacts			
Role / Position	Name	Contact	e-mail
MASH In-Hours contact, 8.45m-4.45pm		020 8227 3811	childrensservices2@lbbd.gov.uk
MASH Out of Hours, after 5pm & Weekends		020 8594 8356	childrensservices2@lbbd.gov.uk
MASH Health Advisor	Priscilla Fearon	07921 873315	priscilla.fearon@lbbd.gov.uk
MASH Health Advisor	Elizabeth Morgan		Elizabeth.Morgan@lbbd.gov.uk
MASH Health Advisor	Tafadzwa Mayoyo		TafadzwaAnastasia.Mawoyo@lbbd.gov.uk
MASH Health Advisor	Shoyinka Bunmi	07738 980946	Bunmi.Shoyinka@lbbd.gov.uk
Designated Officer (LADO)	Michael Cullern	07875 993 857	lado@lbbd.gov.uk
LSCP Administrative Officer	Jemma Breslin		jemma.breslin@lbbd.gov.uk
CDRP Manager	Jeanette Ford	07920 708102	jeanette.ford@nhs.net
CDRP Co-ordinator	Jessica Barlow	020 3182 3512	bhr.cdop@nhs.net
Quality & Governance Lead	Wadzenai Makwehe	07920 845876	wadzanai.makwehe@nhs.net
DVA, B&D Refuge		0300 456 0174	
DVA, B&D Nia - ending violence		020 7683 1270	
BHR PREVENT Officer	Emma Knight	01708 433082	prevent@haverling.gov.uk

NEL ICB SAFEGUARDING CONTACTS

CITY & HACKNEY

C&H Designated / Named Professionals			
Role / Position	Name	Contact	e-mail
Named GP for Safeguarding Children	Emma Tukmachi		emmatukmachi@nhs.net
Designated Dr for Safeguarding Children	Dr Michael Ogundele	07770 918 234	michael.ogundele1@nhs.net
Designated Dr for Looked after Children	Sophia Datsopoulos		sophia.datsopoulos@nhs.net
Designated Nurse for SG Children	Mary Lee	07534 360289	mary.lee1@nhs.net
Designated Nurse for SG Children	Samantha Martin	07960 779854	samantha.martin1@nhs.net
Designated Nurse for SG Looked after Child	Louisa Jibuikie	07551 580 895	Louisa.Jibuikie1@nhs.net
Designated Nurse for Adult Safeguarding	Mary O'Reardon		m.o'reardon@nhs.net
Named Dr for SG Children (HUH)	Meena Patel (Acute).		meena.patel@nhs.net
	Vivienne Hobbs (Com)		vivienne.hobbs@nhs.net
Named Nurse for SG children (HUH)	Latoya Alfred		latoya.alfred@nhs.net
Named Dr for SG Children (ELFT)			
Named Nurse for SG children (ELFT)	Bev Herridge		bev.herridge@nhs.net
Named Midwife for HUH	Emma Yates		emmayates1@nhs.net
Named Dr for LAC (HUH)	Sophia Datsopoulos		sophia.datsopoulos@nhs.net
C&H MASH / Other safeguarding contacts			
Role / Position	Name	Contact	e-mail
MASH In-Hours contact, 8.45m-4.45pm	Hackney	020 8356 5500	MASH@hackney.gov.uk
MASH Out of Hours, after 5pm & Weekends	Hackney	020 8356 2710	-
MASH In-Hours contact, 8.45m-4.45pm	City of London	020 7332 3621	children.duty@cityoflondon.gov.uk
MASH Out of Hours, after 5pm & Weekends	City of London	020 8356 2710	-
Designated Officer (LADO)	Hackney	020 8 356 4569	LADO@hackney.gov.uk
Designated Officer (LADO)	City of London	020 7332 3621	children.duty@cityoflondon.gov.uk
LSCP Administrative Officer			chscp@hackney.gov.uk
Child Death Review Manager			cdr-welc.cityhackney@nhs.net
Quality & Governance Lead	Jane Brown		jane.brown80@nhs.net
Updated: July 2025, ET			

NEL ICB SAFEGUARDING CONTACTS

HAVERING

Havering Designated / Named Professionals			
Role / Position	Name	Contact	e-mail
Named GP for Safeguarding Children	Dr Richard Burack	07979 651399	richard.burack@nhs.net
Designated Dr for Safeguarding Children	Dr Junaid Solebo	01708 435000 ext 3507	junaid.solebo@nhs.net
Designated Dr for Looked after Children	Dr Sophie Niall	07769 887957	sophieniall@nhs.net
Designated Nurse for SG Children	Paul Archer	07584 152223	paul.archer@nhs.net
Designated Nurse for Looked After Children	Siobhan Avery	07551 362729	siobhan.averyt@nhs.net
Named Dr for SG Children (BHRUT)	Dr Junaid Solebo	07967 147991	junaid.solebo@nhs.net
Named Nurse for SG children (BHRUT)	Jay Brown	01708 435000 ex 5719	bhr-tr.safeguarding@nhs.net
Named Nurse for SG children (NELFT)	Justine Yearwood	07568 130143	justine.yearwood2@nelft.nhs.uk
Designated Prof for Adult Safeguarding	Joy Maguire	07503 955489	joy.maguire@nhs.net
Named Dr for LAC (NELFT)	Daisy Rowland		daisy.rowland@nelft.nhs.uk
Named Dr for SG Children (NELFT)	Vacant		
Named Midwife for BHRUT	Daniela Capasso	020 8970 5719	bhrut.maternitysafeguardingteam@nhs.net
Havering MASH / Other safeguarding contacts			
Organisation	Name	Contact	e-mail
MASH In-Hours contact, 9am-5pm		01708 433222	tmash@haverling.gov.uk
MASH Out of Hours, after 5pm & Weekends		01708 433999	tmash@haverling.gov.uk
MASH Specialist Health Advisor	Ruth Grocock	01708 431380	ruth.grocock@nhs.net
Designated Officer (LADO)	Lisa Kennedy	01708 433584	lisa.kennedy@haverling.gov.uk
LSCP Business support manager	Maria Laver	01708 433528	maria.laver@haverling.gov.uk
CDOP Manager	Jeanette Ford	07920 708102	jeanette.ford@nhs.net
CDOP Co-ordinator	Jessica Barlow	0203 182 3512	bhr.cdop@nhs.net
Adults at risk from extremism		0800 789123	
Safeguarding adult referrals		01708 433550	
DVA, 24 Hr helpline		0808 2000 247	
DVA, Local Woman's Aid		01708 728759	
DVA, MENDAS (Men's service)		01708 397974	
BHR PREVENT Officer	Emma Knight	01708 433082	prevent@haverling.gov.uk

NEL ICB SAFEGUARDING CONTACTS

NEWHAM

Newham Designated / Named Professionals			
Role / Position	Name	Contact	e-mail
Named GP for Safeguarding Children	Emma Tukmachi		emmatukmachi@nhs.net
Named GP for Safeguarding Adults	Sabeena Pheerunggee	07741 509 438	sabeena.pheerunggee@nhs.net
	Emma Tukmachi		emmatukmachi@nhs.net
Designated Dr for Safeguarding Children	Dr Imran Vardak		imran.vardak@nhs.net
Designated Nurse for SG Children	Jack Squires	07341 133 855	J.Squires@nhs.net
Designated Nurse for SG Looked after Children	Kelly Charles	07503 112 978	Kelly.Charles3@nhs.net
Designated Nurse for Adult Safeguarding	Daniel Wilson	07920 239 291	Daniel.Wilson31@nhs.net
Named Dr for SG Children (Barts Health)	Sue Liebeschuetz		s.liebeschuetz@nhs.net
Named Nurse for SG children (Barts Health)	Generic e-mail	0207 363 9368	BHNT.safeguardingchildrenuh@nhs.net
Named Nurse for SG adults (Barts Health)	Kate Gray	0207 476 4000 Ext 8492	kate.gray3@nhs.net
	Generic e-mail	Mob 07966 067 262	safeguardingadultsNUH.bartshealth@nhs.net
Named Nurse for SG children (ELFT)	Maura Hubbard	07867 177 225	maura.hubbard@nhs.net
Named Professional for SG adults (ELFT)	Emma Crivellari	07789 877 158	emma.crivellari@nhs.net
Named Midwife for Barts Health	Jasvir Jutle	0207 363 8516	jjutle@nhs.net
Named Dr for LAC (ELFT)	Sveta Alladi		sveta.alladi@nhs.net
Newham MASH / Other safeguarding contacts			
Role / Position	Name	Contact	e-mail
MASH In-Hours contact, 8.45m-4.45pm		020 3373 4600	mash@newham.gov.uk
MASH Out of Hours, after 5pm & Weekends		020 8430 2000	
Designated Officer (LADO)		020 3373 3803	lado@newham.gov.uk
Newham Safeguarding children's partnership Business manager	Natalie Newton		natalie.newton@newham.gov.uk
Child death Co-ordinator			cdr-welc.cityhackney@nhs.net
DVA, 24 Hr helpline		0808 2000 247	
DVA, Hestia 24 hr helpline		0808 196 1482	
DVA, Hestia - telephone		0808 196 1482	
DVA, Hestia - email	-	-	infonewhamDSV@hestia.org
Local PREVENT Officer	Ghaffar Hussain	07813 633 250	
Updated: July 2025, ET			

NEL ICB SAFEGUARDING CONTACTS

REDBRIDGE

Redbridge Designated / Named Professionals			
Role / Position	Name	Contact	e-mail
Named Nurse Cons for Safeguarding Children	Ruth Rothman	07717 421375	ruth.rothman@nhs.net
Designated Dr for Safeguarding Children	Vacant		
Designated Dr for Looked after Children	Dr Omar Aldaleel		o.aldaleel@nhs.net
Designated Nurse for Safeguarding Children	Gemma Shadbolt	07551 361230	Gemma.shadbolt@nhs.net
Designated Nurse for Looked After Children	Toni Pankhurst	7407870744	Toni.pankhurst3@nhs.net
Named Dr for SG Children (BHRUT)	Dr Bobby Ruge	07967 147991	bobby.ruge@nhs.net
Named Nurse for SG children (BHRUT)	Jay Brown	01708 435000 ex 5719	bhr-tr.safeguarding@nhs.net
Named Nurse for SG children (NELFT)	Marina Tudda	07983 543206	marina.tudda@nelft.nhs.uk
Designated Nurse for Adult Safeguarding	Stephen Hynes	07920 500196	stephen.hynes@nhs.net
Named Dr for SG Children (NELFT)	Dr V Enuganti		venkata.enuganti@nelft.nhs.uk
Named Dr for LAC (NELFT)	Dr A Abdel - Mannan		assem.abdel-mannan@nelft.nhs.uk
Named Midwife for BHRUT	Daniela Capasso	020 8970 5719	bhrut.maternitysafeguardingteam@nhs.net
Redbridge MASH / Other safeguarding contacts			
Role / Position	Name	Contact	e-mail
MASH In-Hours contact, 9am-5pm		0208 708 3885	cpat.referrals@redbridge.gov.uk
MASH Out of Hours, after 5pm & Weekends		0208 708 5897	cpat.referrals@redbridge.gov.uk
Designated Officer (LADO)	Helen Curtis	0208 708 5350	helen.curtis@redbridge.gov.uk
Redbridge SCP Manager	Lesley Perry	0208 708 5282	lesley.perry@redbridge.gov.uk
Redbridge SCP	Generic email		redbridgeSCP@redbridge.gov.uk
CDRP Manager	Jeanette Ford	07920 708102	jeanette.ford@nhs.net
CDRP Co-ordinator	Jessica Barlow	0203 182 3512	bhr.cdop@nhs.net
Quality & Governance Lead	Corinne Linton	07917 836374	corinne.linton2@nhs.net
DVA, 24 Hr helpline		0808 2000 247	
DVA, Local Victims Support		0845 4503936	
BHR PREVENT Officer	Emma Knight	01708 433082	prevent@haverling.gov.uk
Updated Sept 2025 by RR			

NEL ICB SAFEGUARDING CONTACTS

TOWER HAMLETS

TH Designated / Named Professionals			
Role / Position	Name	Contact	e-mail
Named GP for Safeguarding Children	Emma Tukmachi Helen Jones		emmatukmachi@nhs.net Helen.jones66@nhs.net
Designated Dr for Safeguarding Children			
Designated Dr for Looked after Children	Dr Razan Hadad		razanhadad2@nhs.net
Designated Nurse for SG Children	Lyn Glover		lynglover@nhs.net
Designated Nurse for looked after children	Reagender Kang Suzanne Harding		reagenderkang@nhs.net suzanne.harding4@nhs.net
Designated Nurse for Adult Safeguarding	Tim Bull	07503 424936	timothy.bull@nhs.net
Designated Nurse for Adult Safeguarding	Belle Panteli	07919 969532	belle.panteli@nhs.net 
Named Dr for SG Children (RLH)	George Eleftheriou		georgios.eleftheriou@nhs.net
Deputy Named Dr for SG Children (RLH)	Giles Armstrong		giles.armstrong@nhs.net
Named Nurse for SG children (RLH)	Laura Stewart		laura.stewart11@nhs.net
Named Professional for adult SG	Aleister Griffin		aleister.griffin@nhs.net
Named Midwife for children's SG (RLH)	Charlotte Bramley		charlotte.bramley1@nhs.net
TH ICB Professionals	Generic contact		nelondonicb.twsafeguardingteam@nhs.net
Barts SG children's Team	Generic contact		bhnt.safeguardingchildrenrlh@nhs.net
Barts SG adult's Team	Generic contact		safeguardingadultsrlh.bartshealth@nhs.net
TH GPCG	Generic contact		Thgpcg.childrenssafeguardingteam@nhs.net
ELFT SG	Generic contact		elft.safeguardingchildrenteam@nhs.net

TH MASH / Other safeguarding contacts			
Role / Position	Name	Contact	e-mail
MASH In-Hours contact, 8.45m-4.45pm	Duty worker	020 7364 5006 opt 3	Mash@towerhamlets.gov.uk
MASH Out of Hours, after 5pm & Weekends	Duty worker	020 7364 4079	Mash@towerhamlets.gov.uk
Designated Officer (LADO)	Melanie Benzie	020 7364 0677 07903 238827	LADO@towerhamlets.gov.uk
TH SCP Strategic Manager	Louise Griffiths		louise.griffiths@towerhamlets.gov.uk
TH SCP Coordinator	Victoria Hiney		victoria.hiney@towerhamlets.gov.uk
Child death review Manager	Bella Lowen	020 3373 9375 07977 597849	cdr-welc.cityhackney@nhs.net

Updated July 2025

NEL ICB SAFEGUARDING CONTACTS

WALTHAM FOREST

WF Designated / Named Professionals			
Role / Position	Name	Contact	e-mail
Named GP for Safeguarding Adults (Sabeena Pheerunggee on Mat Leave returning October 2025)	Dr Sabeena Pheerunggee Interim Dr Emma Tukmachi	07741 509 438 ---	Sabeena.pheerunggee@nhs.net emmatukmachi@nhs.net
Named GP for Safeguarding Children (Sabeena Pheerunggee on Mat Leave returning October 2025)	Dr Sabeena Pheerunggee Interim Dr Helen Jones	07741 509 438 ---	Sabeena.pheerunggee@nhs.net helen.Jones66@nhs.net
Designated Dr for Safeguarding Children	Dr Imran Vardak	07770 918 234	imran.vardak@nhs.net
Designated Dr for Looked after Children	Dr Melanie Smartt-Williams	07701 294 732	melanie.smartt-williams@nhs.net
Designated Nurse for SG Children	Tim Bull	07503 424 936	timothy.bull@nhs.net
Designated Nurse for Looked after Children	Jacqueline Simmons	07551 245350	jsimmons2@nhs.net
Designated Nurse for Adult Safeguarding	Sam Chessa	07741 509 426	s.chessa@nhs.net
Named Nurse for SG children (NELFT)	Marina Tudda	07983 543206	marina.tudda@nelft.nhs.uk
Named Nurse for SG children (THGPCG) health visitors and school nurses			
Named Nurse for SG children (Barts - WX)	Abigail Osbourne	07572 160538	abigail.osbourne2@nhs.net
Named Nurse for SG children (Barts - WX)	Generic contacts for above	0208 539 5522 ext 4414	BHNT.Wxsafeguardingchildren@nhs.net
Named Nurse for SG adults (NELFT)	Matthew Lazard		matthew.lazard@nelft.nhs.uk
Named Midwife for Barts (Whipps Cross)	Simone Hudson	07563 382 182	simone.hudson1@nhs.net
Named Dr for SG children (NELFT)	Louisa Forrest	0208 430 7910	Louisa.Forrest@nelft.nhs.uk
Named Dr for SG children (Whipps Cross)	Nic Wilson		nic.wilson@nhs.net
Deputy Named dr for SG children	Anna Starling		anna.startling@nhs.net
Named professional for SG adults	Nicola Dowling		nicola.dowling4@nhs.net
WX Generic SG children's contact			BHNT.Wxsafeguardingchildren@nhs.net
WX Generic SG adult's contact			safeguardingadultswx.bartshealth@nhs.net

WF MASH / Other safeguarding contacts			
Role / Position	Name	Contact	e-mail
MASH In-Hours contact, 8.45m-4.45pm	Duty worker	020 8496 2310	MASHrequests@walthamforest.gov.uk
MASH Out of Hours, after 5pm & Weekends	Duty worker	020 8496 3000	
Designated Officer (LADO)	Caroline Coyston	020 8770 5000.	caroline.coyston@walthamforest.gov.uk
WF Strategic Partnerships Team Manager	Zahra Jones	07968 693191	zahra.jones@walthamforest.gov.uk
WF Partnership coordinator	Mimi Bunduc	07586 720298	mioara.bunduc@walthamforest.gov.uk
WF Partnership coordinator - childrens board	Eleanor Ross		eleanor.ross@walthamforest.gov.uk
CDR Manager	Nicola Needham		nicolaneedham@nhs.net
DVA, ISolace Woman's Aid	07340 683 382		

Revised May 2025

NEL ICB SAFEGUARDING CONTACTS

NEL / NATIONAL

Domestic Violence & Abuse (DVA) support			
Organisation	Contact	e-mail	website
DVA 24 Hr National Helpline	0808 200 0247	-	-
Anchall Women's Aid (BME specialism)	0800 0124 924	referrals@anchall.org.uk	www.anchall.org.uk
Ashiana Network - BME women	020 8539 0427		
Deaf Hope, Deaf victims of DVA	020 8772 3241		
DVA against LGBT, Bede House	0207 237 9162		www.bedehouse.org
DVA against LGBT, Broken Rainbow	0300 999 5428		www.brokenrainbow.org.uk
DVA against LGBT, Galop	0207 704 2040		www.galop.org.uk
DVA, Mens helpline	0808 801 0327	info@mensadvice.org.uk	www.mensadvice.org.uk
Karma Nirvana - Honour based violence	0800 5999247		
Respect, for Perpetrators	0808 802 4040		
Survivors UK - Male victims of sexual violence	020 3598 3898		
Women's Trust - Psychological victim support	020 7034 0303		-
Child Sexual Abuse (CSA) support			
Organisation	Contact	e-mail	website
Childline	0800 11 11		www.childline.org.uk
CISTers (Female survivors rape/sexual abuse)	02380 338080	admin@cisters.org.uk	-
MOSAC, mothers of sexually abused children	0800 980 1958		www.mosac.org.uk
NAPAC, Nat assoc abused in childhood	0808 801 0331		www.napac.org.uk
NSPCC - Abuse in Education	0800 136 663	help@nspcc.org.uk	www.nspcc.org.uk
NSPCC - Abuse in Football/sport	0800 023 2462	help@nspcc.org.uk	www.nspcc.org.uk
PODS, +ve outcome for dissociative survivors	0800 181 4420	mail@start-online.org.uk	www.start-online.org.uk
Rape Crisis England & Wales (Female)	0808 802 9999		www.rapecrisis.org.uk
Safeline - General	0808 800 5008		www.safeline.org.uk
Safeline - Men	0808 800 5005		www.safeline.org.uk
Safeline - Text helpline	07860 027573		www.safeline.org.uk
Safeline - Young People	0808 800 5007		www.safeline.org.uk
Stop in Now, Helpline for perpetrators	0808 1000 900		www.stopitnow.org.uk
Supportline	01708 765200		www.supportline.org.uk
Survivors UK helpline	0203 322 1860		www.survivorsuk.org
Survivors UK Whatsapp	07491 816064		www.survivorsuk.org
The Offside Trust - Abused in sport	0800 023 2462		www.offsidetrust.com
LBGT support			
Organisation	Contact	e-mail	website
London Lesbian & Gay Switchboard	0300 330 0630		www.ligs.org.uk
LBGT Homeless, Albert Kennedy Trust	0207 831 6562		www.akt.org.uk
LBGT emotional welling, PACE	0207 700 1323		www.pacehealth.org.uk
LBGT holistic/counselling, ELOP	0208 509 3898		-
LBGT Muslim women, SAFRA		info@safraproject.org	-
LBGT+ Victims of DVA - GALLOP	020 7704 2040		-
Other National Support numbers			
Organisation	Contact		
Anti-Terrorist hotline (PREVENT)	0800 789 123		
FGM notification	101		
Immediate Emergency support	999		
Stalking National helpline	0808 802 0300		

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