

## NEL smoking cessation prescribing agreements in primary care

	Medication	Supply route for treatments	Message for NEL GP practices	Referral email	Service details
B&D	Nicotine Replacement Therapy (NRT)	Direct supply from the Stop Smoking Service only	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:healthy.lifestyles@lbld.gov.uk">healthy.lifestyles@lbld.gov.uk</a>	<a href="https://www.lbld.gov.uk/adult-health-and-social-care/health-and-wellbeing/stop-smoking">https://www.lbld.gov.uk/adult-health-and-social-care/health-and-wellbeing/stop-smoking</a>
	Varenicline & Cytisine	Prescribed by GP practices	Please only prescribe if you have a 'Letter of Recommendation' from a Stop Smoking Advisor working within a local Stop Smoking service.		
C&H	Nicotine Replacement Therapy (NRT)	Provided by the local Stop Smoking Service only	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:tt1.smokefreecityandhackney@nhs.net">tt1.smokefreecityandhackney@nhs.net</a>	<a href="https://www.smokefreecityandhackney.org/">https://www.smokefreecityandhackney.org/</a>
	Varenicline & Cytisine				
Hav	Nicotine Replacement Therapy (NRT)	Provided by the local Stop Smoking Service only	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:healthy.lifestyles@lbld.gov.uk">healthy.lifestyles@lbld.gov.uk</a>	<a href="https://www.lbld.gov.uk/adult-health-and-social-care/health-and-wellbeing/stop-smoking">https://www.lbld.gov.uk/adult-health-and-social-care/health-and-wellbeing/stop-smoking</a>
	Varenicline & Cytisine				
New	Nicotine Replacement Therapy (NRT)	Provided by the local Stop Smoking Service only	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:bhnt.smokersclinic@nhs.net">bhnt.smokersclinic@nhs.net</a>	<a href="https://www.wellnewham.org.uk/advice/stop-smoking">https://www.wellnewham.org.uk/advice/stop-smoking</a>
	Varenicline & Cytisine				
Red	Nicotine Replacement Therapy (NRT)	Provided by the local Stop Smoking Service only	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:rqs@viaorg.uk">rqs@viaorg.uk</a>	<a href="https://www.viaorg.uk/services/redbridge-quits-smoking/">https://www.viaorg.uk/services/redbridge-quits-smoking/</a>
	Varenicline & Cytisine				
TH	Nicotine Replacement Therapy (NRT)	Provided by the local Stop Smoking Service only	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:bhnt.quitrighttowerhamlets@nhs.net">bhnt.quitrighttowerhamlets@nhs.net</a>	<a href="https://quitrightth.org/">https://quitrightth.org/</a>
	Varenicline & Cytisine				
WF	Nicotine Replacement Therapy (NRT)	Provided by the local Stop Smoking Service only	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:bhnt.smokersclinic@nhs.net">bhnt.smokersclinic@nhs.net</a>	<a href="https://quitrightwf.org/">https://quitrightwf.org/</a>
	Varenicline & Cytisine				

### Hospital requests

Patients started on smoking cessation treatments, by NEL Trusts, will be referred into their local service for follow up as required, they should not be directly requesting for GPs to prescribe for discharged patients.

### Zyban/bupropion

December 2024 - Varenicline and Cytisine are now available and included on NEL formulary for the treatment of nicotine dependence. Zyban/bupropion is no longer on NEL formulary for treatment of nicotine dependence as it no longer features now in NEL treatment recommendations.