

Assessment

An allergy focused history;

- Presenting complaint
- Family history of atopy
- Personal history of atopy
- Previous exposure
- Frequency, duration and repeatability of symptoms
- How is child fed?
- Any food exclusions for any reason?

Examine

- Other signs of atopy?
- Growth; measure and plot
- ? Malnutrition
- ? Anaemia

IgE or Non-IgE mediated allergy?

	IgE mediated	Non IgE mediated
Onset	Within minutes	2-72 hrs after ingestion/contact
Mild to Moderate	<p>Pruritis, erythema, urticaria/angioedema Nausea, vomiting, diarrhoea, colicky abdominal pain</p> <p>Upper airways; rhinitis, sneezing Lower airways; tight chest, wheeze, cough, short of breath</p>	<p>Pruritis, erythema, eczema</p> <p>Reflux, constipation, diarrhoea, blood and mucus in stool, perianal erythema, colicky pain, food refusal, pallor and tiredness</p> <p>Upper airways; rhinitis, sneezing Lower airways; tight chest, wheeze, cough, short of breath</p>
Severe	anaphylaxis	Severe and persisting, growth may falter