

**Developing your  
integrated  
neighbourhood teams  
– an exciting offer!**



**Overview of Development Offer (Tier 2)**

# NEL Enhance

Webinar 1: Introducing Enhance –  
How we can build stronger, healthier communities

Webinar 2: Getting Creative with Health and Care

Webinar 3: Innovate, Collaborate, Integrate

Webinar 4: Putting residents at the centre - the  
impact and power of person-centred care

Webinar 5: Creating low carbon neighbourhoods

Webinar 6: Developing your integrated  
neighbourhood teams – an exciting offer!



Tier 2

Tailored  
Quality improvement  
Health inequalities  
Partnerships

# Who is this offer for?

- NEL Enhance is open to everyone! It is a **NEL-wide, multi-disciplinary** and **cross-sector** programme
- The programme is for the whole workforce - **health, social care, local authority** and **VCFSE**, with teams coming together in a dedicated space

This reflects the **multidisciplinary** nature of our work, the lived reality of our residents, communities, and populations, crucially recognising that **no one part of a system, or a single profession can do the work of health equity on its own**

# What is the offer?

- Access to an expert, tailored and practical support using **improvement methods** to address a local **health inequalities** challenge over a period of 8 months
- **Team development** to enhance technical skills (strengthen and promote the use of data and evidence) and interpersonal capacity (focusing on adaptability and cohesion)
- A **small financial resource** available to teams to enable educational support for participation in the programme and wider learning with stakeholders e.g. creative health specialists or lived experience

Time (Months)	1	2	3	4	5	6	7	8
Support for entire cohort of teams	Workshop 1	Workshop 2				Virtual Progress Call		Workshop 3
Support for Individual teams	Readiness assessment questionnaire		1 Thinking Space session		1 Thinking Space session			
	1 Thinking Space session		Exploratory QI session 1 QI Coaching Session	2 QI Coaching Sessions	2 QI Coaching Sessions	2 QI Coaching Sessions	2 QI Coaching Sessions	1 QI coaching session QI Wrap Up session

Workshop

- Full cohort
- Anchor point
- Shared learning
- Peer exchange
- Strategic alignment

Readiness Assessment

- Questionnaire
- Current needs
- Inform support tailoring

Thinking Space

- Structured time
- Organisational consultants
- Internal dynamics
- Psychological safety
- Innovative thinking

QI Coaching

- Data-driven
- QI experts

# Why should we apply?

Rare opportunity to devote time to focus on team development and quality improvement

- Neighbourhoods are here to stay – readiness and skills building to become an effective neighbourhood
- Take action to address health inequalities
- Support to work across organisational boundaries and strengthen relationships

# How do we apply?

- Complete the [Expression of Interest](#) form by **11:45pm Tuesday 27<sup>th</sup> May**
- You will be asked to provide:
  - a short summary (half a page) of the project you would like to undertake
  - identification of a health inequalities issue, and how your project addresses the issue
  - the partners and sectors that form the team building towards neighbourhood ways of working
  - the alignment to at least one of the six Enhance domains
- Interviews scheduled for w/c 30<sup>th</sup> June

# What are the criteria?

- Alignment to the **Enhance domains** and engagement in the [NEL Enhance webinar series](#)
- Identification of a **health inequalities issue** aligned to [NEL ICS strategic priorities](#) and how the project will address these
- Evidence of how the team will work in **partnership** across sectors / organisations
- Equitable distribution across the seven places of north east London
- The use of [creative health](#) methods
- Embedding co-production / lived experience in the design of the project





## Wellbeing

Prioritising taking care of yourself and others, with an awareness that strategies to support wellbeing may be unique to everyone.

## Leadership

Promotion of compassionate, collaborative and inclusive leadership which focuses on improving health and wellbeing.



### Person-centred practice



Treating patients in a holistic, coordinated manner, involving them in their care decisions and supporting them to manage their own health.

### Complex multimorbidity



Working together to optimise care for patients with complex co-morbidity, through shared decision making with patients, carers and colleagues.

### System working



Working beyond and across traditional organisational boundaries in integrated and innovative ways to improve health and wellbeing.

### Population health



Improving health and wellbeing for all through preventive measures, addressing wider determinants of health and reducing health inequalities.

### Social justice and health equity



Promoting a fair and just society and reducing health inequalities, with an ultimate aim of improving health and wellbeing of populations.

### Environmental sustainability



Taking responsibility for adoption and spread of sustainable healthcare practices and being an advocate for action on environmental issues.



## Digital

Promoting ethical use of digital technology to optimise healthcare outcomes, reduce health inequalities and facilitate collaboration and information sharing.

## Transformative reflection

Using critical reflection to reframe and develop our own decision making, cultivating new perspectives on complex, uncertain situations.



# Our ambition and priorities

**Our integrated care partnership's ambition** is to  
“Work with and for all the people of north east London to create meaningful improvements in health, wellbeing and equity.”

Improving quality & outcomes

Deepening collaboration

Creating value

Securing greater equity

## Working together as a partnership we agreed four priority areas:

Babies,  
children and  
young  
people

To provide the best start in life for the **Babies, Children and Young People** of North East London

Long-term  
conditions

To support everyone at risk of developing or living with a **long term condition** in north east London to live a longer and healthier life

Mental  
health

To improve the **mental health** and wellbeing of the people of north east London

Local  
employment  
and  
workforce

To create meaningful **work** opportunities and **employment** for people in north east London now and in the future

# What is Creative Health?

## Approaches and activities which have benefits for our health and wellbeing

This can include activities such as visual and performing arts, crafts, film, literature, cooking and creative activities in nature such as gardening.

This may involve creative and innovative ways to deliver health and care services, promote wellbeing for staff and / or engage residents, for example:

- evidence-based interventions such as singing for lung health groups
- co-production with service users e.g. homeless health strategy
- integrating creative approaches into workforce wellbeing and development e.g. crafts workshops in clinical settings

Creative Health activities can be delivered in homes, communities, cultural institutions and heritage settings, and in healthcare settings. Referrals are often made via social prescribing.

*“Creativity is not an additional extra, it is essential for being and staying well”*

- Mah Rana, Artist, Academic Researcher, and Lived Experience Practitioner



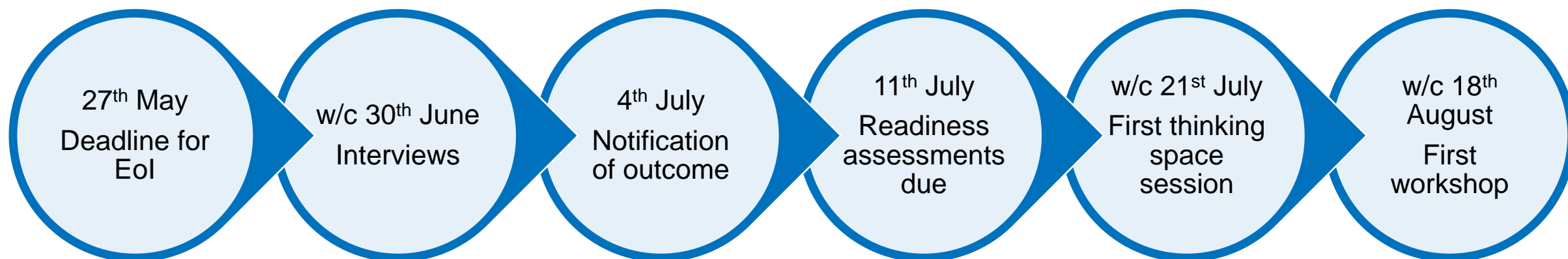
Courtesy of Kazzum Arts



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# What are the key dates?



# Where can I get more information about the development offer and EOI?

Join a drop in session on MS Teams:

12<sup>th</sup> May  
12pm

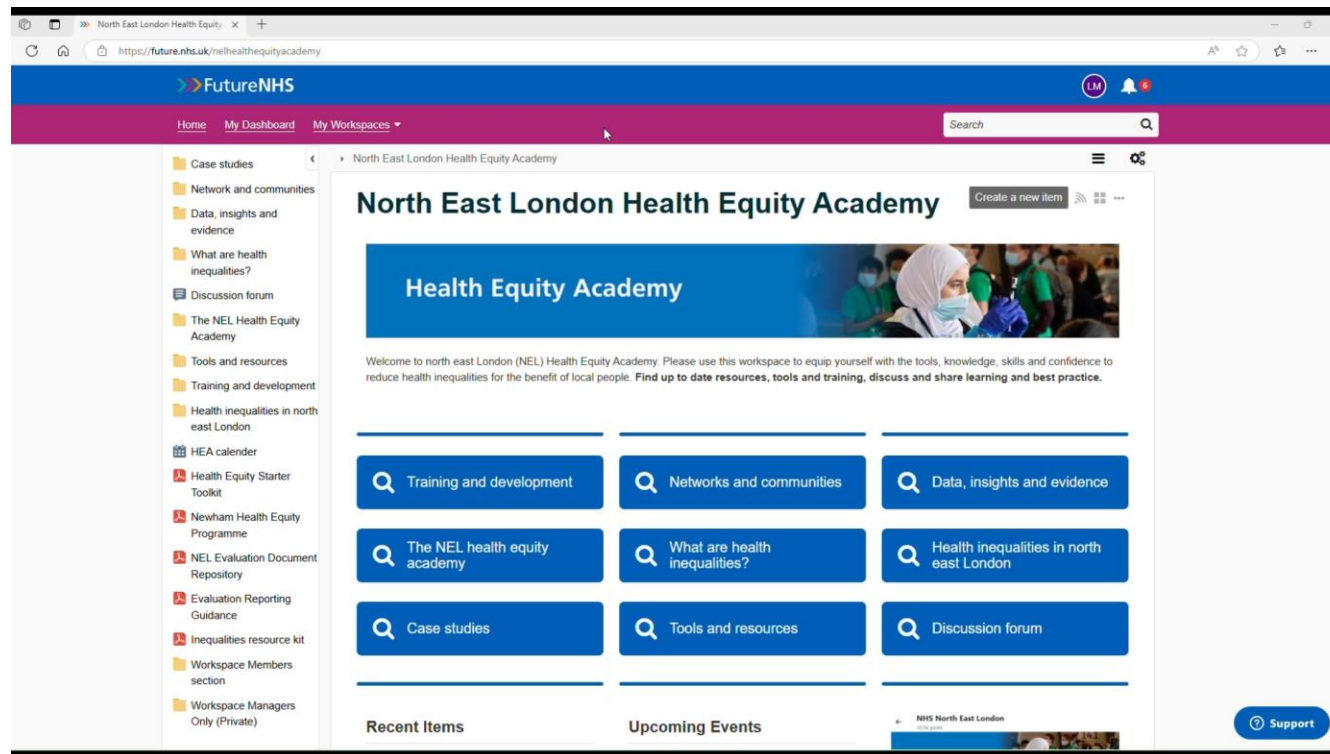
15<sup>th</sup> May  
4pm

21<sup>st</sup> May  
9am

Email [nelondonicb.personalisedcare@nhs.net](mailto:nelondonicb.personalisedcare@nhs.net) for the MS Teams link for your preferred session, or access via the [Health Equity Academy FutureNHS site](#)

# Resources

## [Health Equity Academy FutureNHS site](https://future.nhs.uk/)



1. Go to <https://future.nhs.uk/>
2. Register for an account with your work email
3. Request to join the NEL Health Equity Academy workspace
4. Navigate to “Training and development” > “NEL Enhance Pilot”

# Expression of Interest

## Open from 9am Friday 9<sup>th</sup> May

NEL Enhance Expression of  
Interest: Workforce and neighb  
ourhood development



<https://forms.office.com/e/LUSKjCTc41>