

## NEL smoking cessation prescribing agreements in primary care

Borough	Medication	Supply route for treatments	Message for NEL GP practices	Referral email	Service details
Barking & Dagenham	Nicotine Replacement Therapy (NRT)	Direct supply from service	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:healthy.lifestyles@lbbd.gov.uk">healthy.lifestyles@lbbd.gov.uk</a>	<a href="https://www.lbbd.gov.uk/adult-health-and-social-care/health-and-wellbeing/stop-smoking">https://www.lbbd.gov.uk/adult-health-and-social-care/health-and-wellbeing/stop-smoking</a>
	Varenicline	Letter of recommendation to GP	Please only prescribe if you have a 'Letter of Recommendation' from a Stop Smoking Advisor working within a local Stop Smoking service.		
	Cytisine	Letter of recommendation to GP			
City & Hackney	Nicotine Replacement Therapy (NRT)	Direct supply from service	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:tt1.smokefreecityandhackney@nhs.net">tt1.smokefreecityandhackney@nhs.net</a>	<a href="https://www.smokefreecityandhackney.org/">https://www.smokefreecityandhackney.org/</a>
	Varenicline	Not yet established.	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.		
	Cytisine	Not yet established.			
Havering	Nicotine Replacement Therapy (NRT)	Direct supply from service.	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:healthy.lifestyles@lbbd.gov.uk">healthy.lifestyles@lbbd.gov.uk</a>	<a href="https://www.lbbd.gov.uk/adult-health-and-social-care/health-and-wellbeing/stop-smoking">https://www.lbbd.gov.uk/adult-health-and-social-care/health-and-wellbeing/stop-smoking</a>
	Varenicline	Letter of recommendation to GP	Please only prescribe if a 'letter of recommendation' from specialist stop smoking service confirms that the patient is receiving behavioural support.		
	Cytisine	Letter of recommendation to GP			
Newham	Nicotine Replacement Therapy (NRT)	Direct supply from service	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:bhnt.smokersclinic@nhs.net">bhnt.smokersclinic@nhs.net</a>	<a href="https://www.wellnewham.org.uk/advice/stop-smoking">https://www.wellnewham.org.uk/advice/stop-smoking</a>
	Varenicline	Letter of recommendation to GP	Please only prescribe if you have a 'Letter of Recommendation' from a Stop Smoking Advisor working within a local Stop Smoking service.		
	Cytisine	Letter of recommendation to GP			

Borough	Medication	Supply route for treatments	Message for NEL GP practices	Referral email	Service details
Redbridge	Nicotine Replacement Therapy (NRT)	Direct supply from service	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:rqs@viaorg.uk">rqs@viaorg.uk</a>	<a href="https://www.viaorg.uk/services/redbridge-quits-smoking/">https://www.viaorg.uk/services/redbridge-quits-smoking/</a>
	Varenicline	Not yet established.	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.		
	Cytisine	Not yet established.			
Tower Hamlets	Nicotine Replacement Therapy (NRT)	Direct supply from service	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:bhnt.quitrighttowerhamlets@nhs.net">bhnt.quitrighttowerhamlets@nhs.net</a>	<a href="https://quitrightth.org/">https://quitrightth.org/</a>
	Varenicline	Letter of recommendation to GP	Please only prescribe if you have a 'Letter of Recommendation' from a Stop Smoking Advisor working within a local Stop Smoking service.		
	Cytisine	Letter of recommendation to GP			
Waltham Forest	Nicotine Replacement Therapy (NRT)	Direct supply from service	<b>Please do not prescribe:</b> Please refer to local Stop Smoking service.	<a href="mailto:bhnt.smokersclinic@nhs.net">bhnt.smokersclinic@nhs.net</a>	<a href="https://quitrightwf.org/">https://quitrightwf.org/</a>
	Varenicline	Letter of recommendation to GP	Please only prescribe if you have a 'Letter of Recommendation' from a Stop Smoking Advisor working within a local Stop Smoking service.		
	Cytisine	Letter of recommendation to GP			

### Hospital requests

Patients started on smoking cessation treatments, by NEL Trusts, will be referred into their local service for follow up as required, they should not be directly requesting for GPs to prescribe for discharged patients.

### Zyban/bupropion

December 2024 - Varenicline and Cytisine are now available and included on NEL formulary for the treatment of nicotine dependence. Zyban/bupropion is no longer on NEL formulary for treatment of nicotine dependence as it no longer features now in NEL treatment recommendations.