

FREE

Training Workshops Identifying and referring 'hidden' carers

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The London Borough of Havering in partnership with Havering Carers Hub invite partners across the Council, Health, Community and Voluntary sector to help identify 'hidden' carers and understand how to support them. Around 23,000 people identify themselves as carers in Havering with only a small proportion known to services. These 'hidden' carers, also known as 'informal' or 'unpaid' carers often do not have any help or support.

Training offered will cover:

- Definition of an informal carer & how to identify them
- Care Act 2015/Havering Carers Strategy
- Carer Assessments
- Carer tacit knowledge/expertise
- Referral pathways into Havering Carers Centre for support

Dates For Your Diary – Book Your Place Now for 2025!

| 2025 | 2026 |
|-------------|-------------|
| 6 February | 15 January |
| 17 March | 12 March |
| 8 May | 4 May |
| 10 July | 18 June |
| 4 August | 13 July |
| 17 November | 3 September |

All training takes place between 10am - 12:00pm on Microsoft Teams
(dates may be subject to change)

Training can be accessed on-line (via Teams) and bookings can be made directly via Eventbrite, QR code below, using the link or book via the Havering Carers Office.
(can be delivered in person to groups upon request)



<https://www.eventbrite.co.uk/o/havering-carers-hub-88058272043?msocid=003ca0f3b46f63f91b77adbbb536629d>

