

# Sexual and Reproductive Health Services in City & Hackney

Commissioned by the City of London & London Borough of Hackney  
Public Health team



# Sexual and Reproductive Health Services in City & Hackney

An overview of the services is available on the websites:

- [Sexual Health - Hackney Council](#)
- [Sexual Health - City of London](#)

*Important to remember: all sexual health services are free, and so is contraception! HIV treatment is also free.*



# Online

**Sexual Health London (SHL)** – pan-London online sexual health service offering

- at-home STI testing kits (for when you have no symptoms or very mild symptoms)
- routine contraception (oral contraception pill)
- emergency hormonal contraception (EHC)
- Other forms of contraception (e.g. vaginal ring)

[Sexual Health London](#)



# Clinical services

**Homerton Sexual Health Services:** the Homerton offers sexual wellbeing support and advice, STI testing and treatment, contraception (including coils and implants), Hep A/Hep B/HPV vaccinations, and HIV prevention (PrEP and PEPSE) at four locations:

- Clifden Centre, Homerton University Hospital, E9 6SR
- Ivy Centre, St Leonards, Nuttall Street, N1 5LZ
- John Scott Health Centre, Green Lanes, N4 2NU
- 80 Leadenhall Street, EC3A 3DH, City of London

Appointments can be made by telephone (020 7683 4103) or [online](#).

- You can walk into Clifden or John Scott Centre without an appointment
- Treatments are free. Doors are open to all every day Monday to Friday, plus some clinics open Saturdays and evenings
- PrEP, contraception or vaccinations are offered on site

[Homerton Sexual Health | Homerton Healthcare NHS Foundation Trust](#)

[Homerton Sexual Health Services](#)

[Young people clinic](#) (under 19): every weekday afternoon at the Clifden

The [Jonathan Mann clinic](#) offers holistic care and treatment to help people live well with HIV. (*NHS commissioned*)

[Meet the team | Open Doors](#): services and support for commercial sex workers

# Primary care level

**Pharmacies** – At many pharmacies across the City and Hackney you can get the following sexual health services for **free**, including:

- Emergency Hormonal Contraception (EHC),
- Condoms for under-25s, and
- Chlamydia and gonorrhoea testing and treatment (treatment at some pharmacies)
- Oral contraception (*commissioned nationally*)

**GPs** – At GPs you can get:

- Long Acting Reversible Contraception (LARC: coils and implants). See [here](#) for all places where you can get LARC.
- STI and HIV testing
- National Chlamydia Screening Programme (NCSP, u25s)

City and Hackney GPs provide safe, friendly, non-judgemental help and services, including honest advice about contraception, pregnancy, STIs, and pleasure. All practices can get patients the right tests and help people to notify their sexual partners if they test positive. Most practices can sign up young people to the Young Hackney condom distribution scheme and/or provide free condoms themselves.

<https://cityandhackneygpconfederation.org.uk/>

# Young people

**Young Hackney:** to support young people in City and Hackney with accessing sexual health resources, including condom distribution and signposting to more specialist services, such as the [YP clinic at the Clifden Centre](#) at the Homerton.

Young Hackney works with local stakeholders, such as schools and youth clubs, and other service providers, such as community pharmacies, to make sure young people get the right information and friendly services.

Advice and clinical services are also available at the [Health SPOT](#) at the Super Youth Hub at Forest Road. Sexual health clinic for young people every Tuesday from 3-7pm.

[Sexual Health - Young Hackney](#)

[Free Condoms - Young Hackney](#)

Never been to a sexual health clinic before? Watch [this video](#).



# In the community (free condoms, information, HIV prevention and support)

**Community African Network (CAN)** - condom distribution with a focus on black African and Caribbean communities, with signposting to other services, through outreach/engagement. [Community African Network](#)

**Positive East** works with adult Hackney residents living with or affected by HIV. They provide support and advice on HIV, as well as health and wellbeing, benefit advice, housing issues, and more. Free and confidential counselling and psychotherapy sessions, support groups and peer support are also available.

Also, **Project Community**, Positive East's Community programme for City & Hackney residents that aims to empower ethnic minority communities aged 16+ to take control of their sexual health and wellbeing. [Positive East & City and Hackney – Positive East](#)

**Body and Soul** offers community-based trauma-informed approach to provide support to children, teenagers and families living with, or closely affected by, HIV, who live in City and Hackney. They provide an array of support, including peer support groups and information workshops for children, teenagers and adults; one-to-one counselling with mental health professionals; information and advocacy on issues such as health and treatment, welfare, human rights and immigration, and more. <http://bodyandsoulcharity.org/>



# Other

## Women's Health Hub (NHS commissioned)

- Virtual engagement (webinars) on e.g. contraception, menopause among other things, community gynaecology clinic
- For appointments you do need to be registered with a C&H GP

## WHH Menopause support

- Menopause Virtual Engagement Event: <https://www.eventbrite.co.uk/e/679988563097>
- Menopause Virtual Group Consultations: <https://www.eventbrite.co.uk/e/721136477617>
- Sex, Pleasure and Menopause events: <https://www.eventbrite.co.uk/e/741698900377>
- [Menopause Cafe](#)

- London HIV Prevention Programme





# Links to handy resources

- [LARC map](#) (including self-referral options)
- [What to expect when you go to a sexual health clinic](#)
- [Stay sexually healthy leaflet](#)
- [Sign up for free condoms \(under 25\)](#)
- [General sexual health info and advice](#)
- [What is PrEP? Women for Women](#)
- [Young people and sexual health](#)
- [Contraception videos \(NHS - some local provision might be slightly different\)](#)

