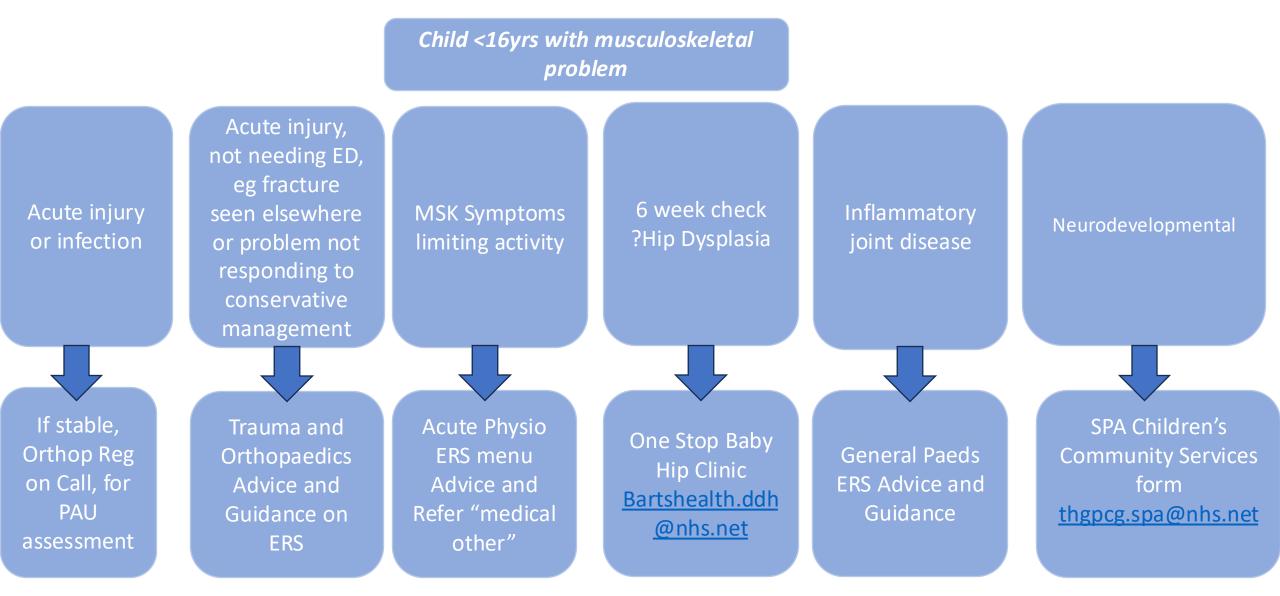
Children's MSK Pathways in Tower Hamlets

Dan Carr, Clinical Lead for Paediatric Musculoskeletal Physiotherapy, Royal London Hospital, Barts Health NHS Trust Dr Julia Moody, Clinical Lead for CYP



In an urgent situation please contact Ortho Reg on call/PAU as appropriate.

If you are unsure where to send a non-urgent referral please send to T&O Advice and Guidance on ERS. The triaging clinician will signpost to the correct service and response is usually within 48-72hrs.

Acute Children's Physio, Royal London Hospital

Refer to Paediatric MSK Physiotherapy via eRS (0-16 years old who have a GP in Tower Hamlets): For young people who will be 16 years by time of first appointment please refer to adult physiotherapy.

- Under 5 Specific Presentations:
- Positional talipes
- Metatarsus Adductus
- Torticollis/head turn preferences/plagiocephaly
- Erb's palsy
- Under/Over 5 Presentations:
- Acute trauma (sprains, strains etc) without red flag concerns
- Mechanical back pain
- Symptomatic hypermobilty
- Post fracture/post op atrophy or loss of range of movement
- Persistent pain presentations
- Growth related concern/pain Osgood Schlatter's, Severs disease etc

Inflammatory Joint Disease

 Refer on ERS to A+R; Other Medical; General Paediatrics for assessment

(Following diagnosis child may have tertiary referral to GOSH)

- Suggested bloods: FBC, blood film, U&Es, LFTs, Bone profile, vitamin D, ESR, ANA CTD screen, HLAB27 (if older, adolescent, back pain), CK, LDH, ASOT, rheumatoid factor, anti-CCP, ferritin, dsDNA
- If signs of vasculitis ANCA, TFTs, immunoglobulins, complement
- If features of sarcoidosis Serum angiotensin converting enzyme

Possible Hip Dysplasia

Refer to the one stop baby hip clinic directly by email via: bartshealth.ddh@nhs.net

Inclusion Criteria

- Under 3 months old
- Hip concerns at 6 week check
- Asymmetrical creases
- Asymmetrical hip ROM
- Potential LLD
- If uncertain or concerns beyond 3 years old please refer directly to paeds ortho via A&G on ERS

Community Physio for Children, Mile End

Refer to Paediatric Community Physiotherapy via the Single Point of Access referral form (0-19 years old who live and have a GP in Tower Hamlets):

- Have a confirmed neurodisability diagnosis resulting in gross motor delay or a difficulty with functional mobility
- Presenting with delayed gross motor development or who have experienced a regression in their gross motor development.
- Have experienced an illness or injury which is now affecting their long term functional mobility.
- Have Down Syndrome ONLY if they are NOT meeting milestones typical for Down Syndrome or they have another neurodisability diagnosis. All children with Down Syndrome are invited to a Down Syndrome family group which is led by a Speech and Language Therapist and attended once a term by a Physiotherapist and Occupational Therapist. Further support can be accessed via this group.
- Please do not referral normal variance, under 5 or over 5 MSK presentations to this service

Access to walking aids

 Provision can be arranged after assessment in any T&O or PT led clinics.

 If a change in weight bearing status is considered (e.g. a child should be NWB with no access to walking aid) please direct to A&E for review.