Tower Hamlets Together invite your school to become an Asthma and Allergy Friendly School.

This document is a **Self-Validation** **Checklist**. Return this form to provide evidence that you have met all essential criteria, and you will receive an Asthma and Allergy Friendly Schools Certificate. Please complete this form even if you have not completed all standards and you will receive a certificate to say you are working towards becoming an Asthma and Allergy Friendly school.

|  |  |
| --- | --- |
| Name of School |  |
| Address |  |
| Contact Details (asthma Lead) | NamePhoneEmailtelephone |
| Type of School | Primary Secondary |
| Number of Students |  |
| Number of Students with Asthma, Wheeze or Allergy |  |
| Total Number of Staff with contact with students |  |
| Number of staff with contact with students who have received asthma and allergy training |  |
| Are you a Nut free school | YES/No |
| Asthma Champion Details |  |

Once you have completed all standards please return the completed form via email to receive your new certificate, which will highlight that you have achieved Asthma and Allergy Friendly School status*.* Send the email to:**th.paedasthmanurse@nhs.net**

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| I declare that……………………………………………………………(school name) has met the essential criteria of the Asthma Friendly Schools Programme and adopted an appropriate ‘Asthma and Allergy Friendly’ Policy. I understand that Asthma and Allergy Friendly Schools status is awarded to schools as an acknowledgement of their ongoing commitment to promote ‘Asthma Friendly’ behaviours through policy development and implementation, and a commitment to ‘Asthma and Allergy Friendly’ principles in daily operations.  |
| Person competing form | Position |

|  |  |  |
| --- | --- | --- |
| **No.** | **Criteria** | **Completed****Yes/No** |
|  | **Asthma and Allergy Friendly Policy**An Asthma and Allergy Friendly Policy has been reviewed by the school’s leadership team/governing body and signed/approved. A template is available to [download](https://primarycare.northeastlondon.icb.nhs.uk/home/childhealth/asthma-and-allergy-children-2/learn-more-about-how-to-become-an-asthma-friendly-school/?preview_id=4331)  |  |
|  | **Asthma and Allergy Register**An Asthma and Allergy Register has been completed for students with asthma/allergy/wheeze. The register covers: Name, Date of Birth, Plan, Date of completion, Date of review, Class, Triggers, Consent for Emergency Medication, Location of Medication, Medication in School including type of spacer. A template for the register can be [downloaded](https://primarycare.northeastlondon.icb.nhs.uk/home/childhealth/asthma-and-allergy-children-2/learn-more-about-how-to-become-an-asthma-friendly-school/?preview_id=4331)  |  |
|  | **Access to Medication**The school ensures all children with asthma/allergy/wheeze have immediate access to their medication at all times. (i.e medications/spacers are labelled with the student’s name in an easily accessible box or material bag). |  |
|  | **All children on the register have a** [**Generic School Asthma Care plan**](https://primarycare.northeastlondon.icb.nhs.uk/home/childhealth/asthma-and-allergy-children-2/learn-more-about-how-to-become-an-asthma-friendly-school/?preview_id=4331)We are excited to introduce a new and simplified process for managing individual health plans within our school community. Recognizing the challenges associated with obtaining and updating individual plans, we have developed a streamlined approach to ease the burden on both schools and families. The new standard plan, designed to replace the existing individual asthma plan, aims to simplify the process for you. No longer will you need to spend time and effort chasing up information from GPs, families, or school health services. Here's how the new process works:1. **Plan Duration:** Once the individual plan has expired, families can complete the new standard plan. This plan will remain valid for the entire duration of the child's time in school, eliminating the need for repetitive documentation. It is crucial to keep a copy of the plan for reference.
2. **For New Students:** The standard plan should be used for all new students entering the school. This ensures a consistent and efficient approach to managing asthma-related concerns.
3. **Student Involvement:** In cases where students are deemed competent, they can sign the standard plan themselves. This is particularly applicable to secondary schools, where obtaining signatures from parents can be challenging.
4. **Residential Trips:** For students participating in residential trips, parents are required to fill out a medication administration form. Additionally, it is essential to ensure that the asthma plan accompanies the child during the trip.

We believe that this new approach will not only simplify the administrative process for schools but also enhance the overall management of asthma-related concerns for our students. Your cooperation and adherence to this updated protocol are greatly appreciated. |  |
|  | **Children on the Asthma & Allergy Register have a parental consent form signed** for use of the emergency inhalers and auto injector pens. This is on the Standard Asthma and Individual Allergy plan. |  |
|  | **Emergency Kit**The school has emergency kit/s on site that are accessible. These kits include inhalers, adrenaline pens and spacers. The emergency kits are maintained with out-of-date/used medication replaced. Emergency kit can be purchase at a discounted price from some Pharmacies. Click on the link for purchasing instruction [Emergency Kit discount price pharmacies](https://primarycare.northeastlondon.icb.nhs.uk/home/childhealth/asthma-and-allergy-children-2/learn-more-about-how-to-become-an-asthma-friendly-school/?preview_id=4331) and [letter for pharmacy](https://teamnet.clarity.co.uk/Topics/File/Public/ec3475f4-dc4b-43db-8198-ac9a00a244f0/7ea919e7-16b4-4ca1-8c86-ae0600b58349/598fd4cb-f9d8-49a4-a0a2-af8c00cff47d). |  |
|  | **Asthma and Allergy Awareness Training**The school ensures staff with contact with pupils should complete annual awareness to understand basic support for children with asthma/allergy/wheeze- see YouTube page which has all the up to date sessions : **https://www.youtube.com/@asthmaallergyfriendlyschoo7241**The [school Health](https://www.gpcaregroup.org/your-health-services/your-health-and-wellbeing-at-school/school-health-service-2023-webinars/) also delivers a half-termly webinars with twilight sessions available.  |  |
|  | **Asthma and Allergy Champion/Lead**The school has appointed a member of staff to lead on Asthma and Allergy Friendly Schools who is responsible for working with colleagues to implement AAFS criteria |  |
| Asthma Community Nurse SpecialistsEmail: Th.paedasthmanurse@nhs.net David BanksHealthy Lives AdvisorTel: 0207 364 6320Email: David.banks@towerhamlets.gov.uk  | School NursingTel: 02039 507176Email: Thgpcg.schoolnurses@nhs.net |