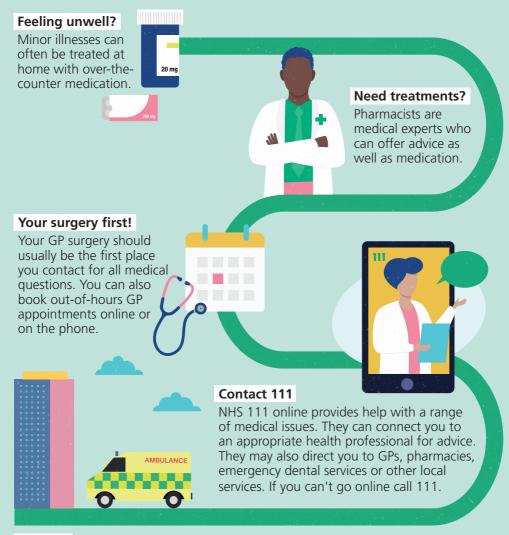
## Your route to urgent help



## Dial 999

You should only call for an ambulance if you have a life-threatening medical emergency, or have a severe injury.

For more information on urgent care visit **northeastlondon.icb.nhs.uk/urgentcare** 

