

Mental Health Crisis Support UPDATES (August 2024): alternatives to the Emergency Department

NEL 111 Crisis Hub providing:

1. NEL 111 press option two for mental health providing:

24/7 telephone support and signposting

2. Crisis Assessment Team providing:

Urgent mental health assessments within 4 hours of referral

Professional referral line: 0207 771 5811

Email address: elft.nel111-cat@nhs.net

(please also call to avoid delays)



We care
We respect
We are inclusive

Together Café (crisis café)

❖ ***Change of venue – new address:***

86 Old Montague Street, London, E1 5NN

❖ **Opening hours:**

Monday to Friday: 17:00hrs to 21:00hrs

Weekends and bank holidays: 12midday to 21:00hrs

❖ **Free phone number:**

0808 196 2103