

## Getting your Covid-19 and flu jabs this year is simple

Over 65? Under 65 with a long term health condition? Pregnant?

There are lots of ways you can get your jabs, often together:

- Walk into a participating pharmacy with no need to book.
- Book an appointment online.
- Book an appointment by calling 119.
- Ask your GP for a flu jab.



www.nhs.uk/bookflu

www.nhs.uk/bookcovid

northeastlondon.icb.nhs.uk/vaccinations



119

