



ASTHMA AND ALLERGY FRIENDLY SCHOOLS

Asthma affects 1 in 3 children in the classroom (Asthma UK, 2016) and anaphylaxis in schools is also a significant concern, with 40% of children diagnosed with an allergy in the UK (Allergy UK). Barking and Dagenham is among the top boroughs for emergency hospital admissions due to asthma. As part of a national programme aimed at improving the outcomes of CYP with asthma, the NEL-ICB is encouraging all schools in B&D to become 'Asthma and Allergy Friendly'.



Schools must achieve six standards for asthma and allergy management to become accredited. This helps schools:

- ✓ Become a safe, healthy and inclusive environment for CYP
- ✓ Optimise care management with staff, CYP and families
- ✓ Reduce school absences and impacts on CYP social well-being
- ✓ Improve health outcomes and tackle health inequalities in the local area

Implementation of this initiative requires partnership with school nurses, primary care networks and local authorities.

How can GPs practices and surgeries support the AAFS roll-out?

Annual Review

Assessment, appropriate care referrals and treatment adjustments

Patient education and accessible resources to support self-management

Personalised Asthma Action Plan (PAAP)

All CYP with a diagnosis to be given a PAAP and provided with a copy to give to schools

Clear actions to manage symptoms and triggers

Training and Competencies

Healthcare professionals to complete appropriate level of Tier Training under the National Capabilities Framework for Professionals who care for Asthma

For more information, contact:

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