

## ALL EAST PRIMARY CARE LIAISON

**NEWSLETTER****WE'VE HAD A BUSY FEW MONTHS CHAIRING NETWORK  
MDTS, TRAINING AND TEACHING**

In November we had a stall at the Waltham Forest PLT, where our glow-in-the-dark sperm keyrings were taken like hotcakes. It was a good opportunity to promote our advice email, which has ramped up. For those of you who are not aware of it, we aim to respond to your queries within 48 hours (usually sooner), we can also forward your email to the relevant internal department if we can not help personally. In addition to the stall, Dr Sood gave a sexual health update and Dr Gibson our clinical psychologist covered how to refer to his team and most importantly what to refer. It was lovely meeting so many of you in person and we look forward to the upcoming Tower Hamlets PLT in February. Please do get in touch if you would like us to organise something specific for your workplace.



Did you know?  
Mirena Coil can now be used as  
contraception for 8 years. More  
information can be found on the FSRH  
website.

This is a useful link for patients with a  
Mirena insitu:  
[www.mirena.co.uk](http://www.mirena.co.uk) can help support  
patients in their Mirena journey.

**SHREWSBURY HEALTH CENTRE SATELLITE IS NOW OPEN**

Our new satellite clinic at Shrewsbury Health Centre is now open all day on Monday (see below for an updated mind map). Patients can book appointments via our website ([www.alleast.nhs.uk](http://www.alleast.nhs.uk)) for non-complex coils and implants. Please note for the next few weeks, only implant appointments are available. We will keep you updated with other services that we introduce at this site.

*Calling All Coil Fitters***Fitter Forums**

If you haven't heard from  
us already and you'd like to  
express an interest contact  
us via  
our advice email

21st March 2024  
3rd October 2024  
Evening Sessions



**Barts Health**  
NHS Trust

ALL EAST PRIMARY CARE LIASON

# NEWSLETTER

## HIV GP CHAMPION FOR TOWER HAMLETS

I am delighted to introduce Daniel Gibney, a GP at The Mission Practice in Bethnal Green as our new HIV GP Champion for Tower Hamlets. He has a 12-month role working as part of the Fast Track Cities programme to improve HIV care within primary care. Fast Track Cities aims to end new diagnoses by 2030, end stigma for HIV and improve the quality of life for those living with HIV in the capital.

He will be working with the LBTH Public Health team, Positive East, the local HIV team and the primary care team and practices.

Dan will be setting up a range of training events over the coming months and is happy to visit your practice to discuss HIV and HIV testing. Please email him if you would like to know more [danielr.gibney@nhs.net](mailto:danielr.gibney@nhs.net)

You can read about the programme at <https://fasttrackcities.london/>



**NATIONAL HIV TESTING WEEK**  
**5-11 FEB 2024**

We will be sending a HIV Testing packs to all our local pharmacies.

Please look out for yours!



**Barts Health**  
NHS Trust

## ALL EAST PRIMARY CARE LIASON

# NEWSLETTER

### WHAT'S NEXT?

Pharmacists, you should have been informed that the emergency contraception PGDs have been extended until 31st March 2024. We are just finalising the new PGDs and training materials, and we will get this to you in early March. The training pathway has been simplified. If you have any questions or suggestions we would love to hear from you, so please do use the advice email.

### THINGS TO REMEMBER

A gentle reminder that chlamydia can be treated in the community. The first line treatment is 100mg Doxycycline twice a day for 7 days. Remember to discuss partner notification.

Gonorrhoea and all other STIs MUST be referred using the integrated sexual health referral forms on EMIS and System One. We are seeing a lot of attempts to treat Gonorrhoea in the community, unfortunately, this is not adequate, we need to culture, treat with Ceftriaxone IM and follow up for a test of cure.

Have you got a patient with bacterial vaginosis, vulvovaginal candidiasis or a genital dermatology presentation? If so please do refer to us via the advice email address - we have a dedicated female referral clinic.

FRSH Essentials of  
Contraception Course

**5th April 2024**

Expressions of interest via  
our advice email



**Barts Health**  
NHS Trust

**All East**  
Self referral:  
<https://www.alleast.nhs.uk>  
Advice:  
BHNT.Advice-Sexual-Health-Barts@nhs.net  
Clinician referral:  
BHNT.BartsSexualHealth@nhs.net

Level 3 Genitourinary Medicine  
Asymptomatic screening  
Contraception  
Long acting reversible contraception  
Complex contraception  
HIV  
PREP  
Collection clinic

**Ambrose King Centre**

Monday 09:10 - 19:30  
Tuesday 09:10 - 19:30  
Wednesday 12:10 - 19:30  
Thursday 09:10 - 19:30  
Friday 09:10 - 16:30  
Saturday 09:10 - 16:30

020 7480 4737  
BHNT.AKC-Reception@nhs.net

**Sir Ludwig Guttman Health & Wellbeing Centre**

Level 3 Genitourinary Medicine  
Asymptomatic screening  
Contraception  
Long acting reversible contraception  
Complex contraception  
PREP  
Collection clinic

020 7480 4737  
bhnt.sig-reception@nhs.net

Monday 09:10 - 19:30  
Tuesday 09:10 - 19:30  
Wednesday 12:10 - 19:30  
Thursday 09:10 - 19:30  
Friday 09:10 - 16:30  
Saturday 09:10 - 13:30

**West Ham Lane**

Shine young people service (22 and under)  
Level 2 Genitourinary medicine  
Asymptomatic screening  
Contraception  
Long acting reversible contraception  
PREP  
Collection clinic

Wednesday  
16:15 - 19:15

**All East Sexual Health & Wellbeing Psychology Services**

Direct Referral  
BHNT.psychosexual@nhs.net

Contraception  
Long acting reversible contraception

**Shrewsbury Road Health Centre**

Monday  
09:40 - 12:30  
13:10 - 16:10

**Asymptomatic SHL home STI testing kits**  
<https://www.shl.uk>

**Mile End Hospital/Sylvia Pankhurst Centre**

Monday 09:00 - 17:00  
Tuesday 09:00 - 17:00  
Wednesday 09:00 - 17:00  
Thursday 09:00 - 17:00  
Friday 09:00 - 17:00

020 7480 4737  
BHNT.THCASH@nhs.net

My Body Back (self refer)  
Female genital mutilation  
Menopause  
Termination of pregnancy

Contraception  
Long acting reversible contraception

Friday 13:15 - 16:15

**Forest Road Medical**

Level 2 Genitourinary medicine  
Asymptomatic screening  
Contraception  
Long acting reversible contraception  
PREP  
Collection clinic

Tuesday 09:10 - 15:50  
Wednesday 12:30 - 15:50  
Thursday 09:10 - 15:50  
Friday 09:10 - 15:50