

The Heron Practice, London, is in the first purpose-built NHS Primary care building in England. We achieved a Silver RCGP Greener Practice Award in 2023 by:

- Engaging with stakeholders to improve building energy use and management, including a community garden
- Digital champions helping with access
- Patient and staff led newsletters and activities
- Volunteer groups
- Air quality monitoring
- Fairtrade workplace
- Cycle2 work scheme
- A Safe Surgery
- Encouraging patient and staff ideas to promote positive change



Current groups and activities:

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|----------------------|-----------------|
| Slow Walking Group 🌿 | Tuesday 2pm |
| Yoga & Meditation 🧘 | Tuesday 10.30am |
| Writing Group 📖 | Tuesday 6.45pm |
| Coffee Morning ☕ | Wednesday 10am |
| Fast Walking Group 🏃 | Sunday 9.30am |