

# NEL Prescribing and Medicines Newsletter

## April 2024

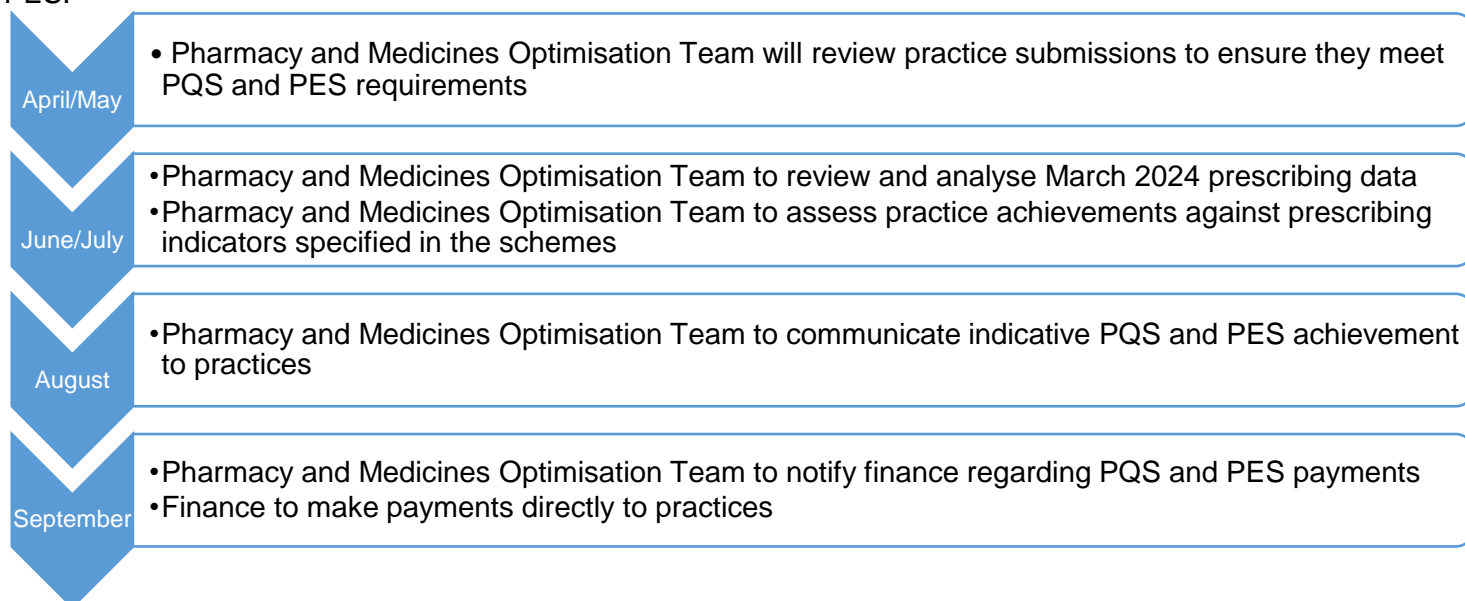
### Updates for Primary Care across North East London

Contents	Page
1. 2023/24 Prescribing Quality and Efficiency Scheme (PQES) Payment Update	1
2. NEL Formulary and Pathways Update	2
3. QIPP Focus: Cost-effective Option for Levonorgestrel 20microgram/24hours IUDS (Benilexa®)	2
4. Webinar Resources: Community Pharmacy Clinical Services Update - 6 <sup>th</sup> March 2024	3
5. Upcoming Training: Oral Nutritional Supplements (ONS)	3
6. Upcoming Training: Polypharmacy Lunchtime Masterclasses by Health Innovation Network	4
7. Upcoming Training: NEL Pharmacy First Training Session	4
8. Motivational Interviewing Online – Live Zoom Interactive Study Day 24th April 2024	5
9. PrescQIPP Update	5
10. Contact Details and Additional Resources	6

## 1. 2023/24 Prescribing Quality and Efficiency Scheme Payment Update

We would like to thank practices for your engagement with the 2023/24 Prescribing Quality Scheme (PQS) and Prescribing Efficiency Scheme (PES). The NEL ICB Pharmacy and Medicines Optimisation Team have received a few queries from practices regarding the timelines for the payment of the 2023/24 PQES.

Please refer to the below flowchart for the approximate review and payment timelines for the 2023/24 PQS and PES:



If you have any further queries relating to the 2023/24 PQES, please contact the Pharmacy and Medicines Optimisation Team via the generic mailbox: [nelondonicb.prescribingqueries@nhs.net](mailto:nelondonicb.prescribingqueries@nhs.net).

## 2. NEL Formulary and Pathways Update

- **GLP-1 RA shortage protocol for Type 2 Diabetes (update)**
  - The NEL GLP-1 RA shortage protocol has now been updated with revised guidance specified in the [Medicine Supply Notification](#) released on 18th March 2024.
  - The updated NEL GLP-1 RA shortage protocol is available via the following link: <https://primarycare.northeastlondon.icb.nhs.uk/home/meds/medicines-guidelines-diabetes/>
- **NEL Guidance for GPs on Private Interface Prescribing**
  - New NEL guidance on NHS and private interface prescribing have been published - available [here](#).
  - This is accompanied by supporting documents / templates including:
    - [Memorandum of Understanding for Participation in shared care](#)
    - [Patient Information Leaflet](#)
    - [Checklist](#)
- **Empagliflozin for treating chronic kidney disease** ([NICE TA942 Overview](#) | [Guidance](#) | [NICE](#))
  - Formulary status: Amber (initiated by or on recommendation of a specialist)

## 3. QIPP Focus: Cost-effective Option for Levonorgestrel 20microgram/24hours IUDS (Benilexa®)

Benilexa® One Handed (Levonorgestrel 20mcg/24hrs) Intrauterine Delivery System (IUDS) has been approved across NEL to be used (in place of Mirena®) as the **first line choice** for contraception and heavy menstrual bleeding as it is the most cost-effective option at £71.

### **Action for Practices that directly order and administer IUDSs as a personally administer item:**

#### Training:

- Support currently available from the manufacturer [Gedeon Richter] includes demonstration on administration of this Benilexa® IUDS device. This can be delivered as a 1:1 or group meeting with the Benilexa® IUDS product lead.
- Please contact the local Gedeon Richter representative to arrange training on this device by contacting Brian Howson on [howsonb@gedeonrichter.com](mailto:howsonb@gedeonrichter.com) , 07801 994 498.

#### Ordering:

- Gedeon Richter are offering practices a 20% manufacturer primary care discount scheme for Benilexa® One Handed IUS ordered through Phoenix/PSUK account.
- To set up a Phoenix / PSUK account, please go to their website: <https://psuk.co.uk/>

## 4. Webinar Resources: Community Pharmacy Clinical Services Update 6<sup>th</sup> March 2024

The NEL Pharmacy and Medicines Optimisation team in conjunction with Community Pharmacy North East London, delivered a webinar on 6<sup>th</sup> March to provide an update on current community pharmacy clinical services provision across NEL.

The recording of the webinar is available: [click here](#)

Other resources available here:

- Presentation slides: [click here](#)
- FAQ document: [click here](#)

## 5. Upcoming Training: Oral Nutritional Supplements (ONS)

The NEL Pharmacy and Medicines Optimisation Team and the Practice Support Dietitian team are delivering training on the new [ONS NEL Guidance](#).

This targeted training for PCN and practice pharmacists and dietitians, focuses on MUST scores, Food First approaches, and oral nutrition supplements for patients. The training is in alignment with the recently published NEL ONS guidelines.

In addition to that, these sessions will cover the referral pathway to dietitians, ensuring a comprehensive training experience.

The new NEL ONS guidance requires that PCN pharmacists are appropriately trained by a Practice Support Dietitian before reviewing ONS patients.

Attendance at these online sessions will enable the PCN pharmacists to support community and care home reviews.

Date and time:	Registration link:
9 <sup>th</sup> May 2024, 12-1pm (Thursday)	<a href="#">Click here</a>
21 <sup>st</sup> May 2024, 12-1pm (Tuesday)	

## 6. Upcoming Training: Polypharmacy Lunchtime Masterclasses

The Health Innovation Network (HIN) 'Polypharmacy: Getting the Balance Right' programme aims to support local systems and primary care to identify patients at potential risk of harm and support better conversations about medicines by promoting shared decision making.

The HIN are delivering two upcoming lunchtime masterclass webinars for GPs, pharmacists, nurse prescribers and other interested health professionals.

Each of the sessions will include therapeutics with a summary of the evidence base, a patient case study for discussion and learning followed by a Q&A session. Click below for more information and links to register.

Webinar:	Date and time:	More information:	Registration link:
Prescribing Safely in Older People	13 <sup>th</sup> May 2024, 12-2pm	<a href="#">Click here</a>	<a href="#">Click here</a>
Stopping Antidepressants Safely	21 <sup>st</sup> May 2024, 12-2pm	<a href="#">Click here</a>	<a href="#">Click here</a>

## 7. Upcoming Training: NEL Pharmacy First Training Session

Pharmacy First is a nationally commissioned community pharmacy clinical service where community pharmacists carry out consultations for a range of minor illnesses. This service alleviates pressure and frees up capacity in general practices by enabling referral of low acuity conditions and seven new common conditions to community pharmacy.

Community Pharmacy North East London is delivering Pharmacy First training sessions for practice managers, receptionists, admin teams and clinical staff who review e-Consults.

The training sessions will include:

- Information on conditions covered by Pharmacy First
- How to identify patients for appropriate referrals
- How to send referrals
- Current integrated referral pathway

Date and time	MS Team links to the sessions
25 <sup>th</sup> April, 1:30pm – 2:30pm	<a href="#">Link here</a>
9 <sup>th</sup> May, 1:30pm – 2:30pm	<a href="#">Link here</a>
23 <sup>rd</sup> May, 1:30pm – 2:30pm	<a href="#">Link here</a>

## 8. Motivational Interviewing Online – Live Zoom Interactive Study Day 24th April 2024

Colleagues are invited to join us on this interactive online study day tailored to enhance your communication skills through the practice of Motivational Interviewing (MI). This event is suitable for Primary Care practitioners managing patients with respiratory complaints and provides a unique opportunity to learn and grow together.

Registered participants will receive their personal set of CRAFT cards, which will be utilised during the event and can serve as a helpful resource afterwards. Additionally, participants will receive a responsibility reminder training aid to support the implementation of the skills learned.

The study day is designed to be highly interactive, allowing participants to contribute to and influence the content of the day. Bespoke situations will be utilised to demonstrate the MI skills, offering you practical examples to apply these learnings. Please note that no one will be asked to role-play or listen to extensive PowerPoint presentations.

This online study day will provide you with tools and techniques to further enhance your ability to make a positive impact on our service users and their families.

Find more details and see some feedback in the attached flyers. Register on [Ticket leap here](#).

## 9. PrescQIPP Update

### Latest PrescQIPP Bulletins:

- [Bulletin 339: Low priority prescribing](#)
- [Bulletin 345: Domiciliary care](#)
- [Bulletin 335: Care homes – Homely remedies](#)

### Upcoming Clinical Masterclass webinars:

Please see the following list of the upcoming webinars (1-2pm) which clinicians may find useful.

Date	Webinar
24 <sup>th</sup> April 2024	<a href="#">The Prevention of Type 2 Diabetes and The Ambition for Remission</a>
14 <sup>th</sup> May 2024	<a href="#">NICE Vitamin B12 Guideline</a>
5 <sup>th</sup> June 2024	<a href="#">Continuous Glucose Monitoring (CGM)</a>

Missed a previous Clinical Masterclass webinar? [Click here](#) to watch back.

### Upcoming Practice Plus webinar:

PCN and practice pharmacists and pharmacy technicians may find the following webinar useful.

Date and time	Webinar
1 <sup>st</sup> May 2024, 1-2pm	<a href="#">Insomnia and Digital CBT</a>

**Not registered yet?** You can register free of charge to access PrescQIPP resources by [clicking here](#). Please select "ICS North East London" as the organisation.

## 10. Contact Details and Additional Resources

### CONTACT DETAILS

**NEL ICB Pharmacy and Medicines Optimisation Team**

**For prescribing and medicines enquiries:**  
[nelondonicb.prescribingqueries@nhs.net](mailto:nelondonicb.prescribingqueries@nhs.net)

**Controlled Drugs** – all enquiries, reporting concerns or incidents relating to CDs

[england.londonaccountableoffice@nhs.net](mailto:england.londonaccountableoffice@nhs.net)

**Report CD incidents using the national reporting tool**  
[www.cdreporting.co.uk](http://www.cdreporting.co.uk)

### RESOURCES

**Pharmacy & Medicines Optimisation Team Resources**

<https://primarycare.northeastlondon.icb.nhs.uk/home/meds/>

**Medicine Supply Shortages**

[Click here](#) for **SPS Medicines Supply Tool** which offers up-to-date information on Medicines Shortages, provided by DHSC and NHSE/I.

[Register](#) with SPS free-of-charge to access.

**PGD Updates**

UK Health Security Agency (UKHSA) – [click here](#)  
 SPS – [click here](#)  
 NHS England (NHSE) – [click here](#)