

North East London Formulary & Pathways Group (FPG) Wednesday 25th January 2023 at 12.30pm via MS Teams

Minutes

| Attended by: | |
|-------------------------|--|
| Dr Sarah Hall (SH) | Chair, GP, Medicines Optimisation Lead for Tower Hamlets |
| Gurvinder Rull (GR) | Co-Chair, Consultant Clinical Pharmacology, Barts Health NHS Trust |
| Belinda Krishek (BK) | Director of Medicines Optimisation, NHS North East London (NEL) |
| Iffah Salim (IS) | CAMHS Directorate Lead/ MI Pharmacist, East London Foundation Trust (ELFT) |
| Maruf Ahmed (MA) | Formulary Pharmacy Technician, Barts Health NHS Trust |
| Jaymi Teli (JT) | Lead Formulary & Pathways Pharmacist, Barts Health NHS Trust |
| Nilou Nourishad (NN) | Commissioning & Contracting Pharmacist, NHS NEL |
| Rahil Patel (RP) | Senior Prescribing Advisor, NHS NEL |
| Nicola Fox (NF) | Commissioning & Contracting Senior Pharmacy Technician, NHS NEL |
| John Booth (JB) | Consultant Nephrologist, Barts Health NHS Trust |
| Annett Blochberger (AB) | Deputy Head of Regional Specialised Commissioning – Pharmacy NHSE |
| Denise Baker (DB) | Medicines Optimisation Business Manager, NHS NEL (minute taker) |
| Anh Vu (AV) | Joint Formulary Pharmacist, NHS NEL |
| Louise Abrams (LA) | Clinical Pharmacologist, DTC Chair, Homerton Healthcare NHS Trust (HHFT) |
| Dinesh Gupta (DG) | Assistant Chief Pharmacist, Clinical Service, Barking, Havering & Redbridge University Trust (BHRUT) |
| Mohamed Kanji (MK) | Prescribing Advisor, NHS NEL |
| | |
| Apologies: | |
| Sibel Ihsan (SI) | Lead Directorate Pharmacist for Waltham Forest, North East London Foundation Trust (NELFT) |
| Kiran Dahele (KD) | Formulary Pharmacist, North East London Foundation Trust (NELFT) |
| Iola Williams (IW) | Chief Pharmacist, Homerton Healthcare NHS Trust |
| Natalie Whitworth (NW) | Commissioning & Contracting Pharmacist, NHS NEL |
| Tase Oputu (TS) | Lead Pharmacist, Medicines Commissioning & Pathways, Barts Health NHS Trust |
| | |
| In Attendance: | |

| Christabelle Chen (CC) | Lead Respiratory Pharmacist, Barts Health NHS Trust |
|------------------------|---|
| Sanjay Patel (SP) | Deputy Director of Medicines Optimisation, NHS NEL |
| Paul Pfeffer (PP) | Respiratory Consultant, Barts Health NHS Trust |
| Anika Dewshi (AD) | Respiratory Pharmacist, Barts Health NHS Trust |
| Laia Castro (LC) | Severe Asthma and Allergy Specialist Pharmacist, Barts Health NHS Trust |
| Yvonne Lim (YL) | Medicine Optimisation Pharmacist, NHS NEL |
| Yogendra Parmar (YP) | Chief Executive Officer, City & Hackney and Camden & Islington Local Pharmaceutical Committee (LPC) |
| Shilpa Shah (SS) | Chief Executive Officer, NEL LPC |
| Dalveer Johal (DJ) | Pharmacy Services Manager at NEL LPC |
| Dr Sandra Watson (SW) | Consultant Obstetrician & Gynaecologist, Clinical Lead for Gynaecology, HHFT |
| Navdeep Sahota (NS) | Practice Prescribing Support Officer, NHS NEL |
| Imran Khan (IK) | QIPP Pharmacist, NHS NEL |
| Wai-Lun Chu (WC) | Senior Prescribing Advisor, NHS NEL |
| Bola Sotubo (BS) | Senior Transformation Manager, NHS NEL |
| | |

| No. | Agenda item and minute | Action |
|-----|--|------------------------|
| 1. | Quoracy check | |
| | It was confirmed that the meeting was quorate. | |
| 2. | Welcome / Introduction and Apologies | |
| | The Chair welcomed all to the meeting and apologies were noted as above. | |
| 3. | Declarations of interest from member and presenters | |
| | The Chair reminded members and presenters of their obligation to declare any interests relating to agenda items. | |
| 4. | Minutes from previous meeting | |
| | The minutes of the previous meeting (December 2022) were agreed as an accurate record. | |
| 5. | Matters Arising | |
| | Review of Action Log | FPG Leads |
| | RP provided the following updates: | - To review action log |
| | Escalated doses of Adalimumab in patients with psoriasis – NW had advised that the NEL | |
| | Psoriasis pathway had been produced but was awaiting formulary submissions by the | |
| | respective consultants to support dose escalations and the use of drugs for high impact (body) | |

| Omnitrope Biosimilar – NW had advised that Somatropin and Omnitrope were now excluded from tariff and therefore further clarification was required within NEL ICB regarding its approach to the commissioning of excluded drugs for 2023/24; an update would be provided in June 2023. TA828 Ozanimod for treating moderately to severely active ulcerative colitis NF provided an update to the following item which had been included in the December FPG agenda and advised that there were 8 patients within Barts Health NHS Trust; Homerton had stated they would be using but were unable to estimate patient numbers as awaiting IBD pathway to be finalised. No patient numbers had been provided from BHRUT. NEL Blood Glucose Test Strips Guideline (Final) This document had been updated to include the required amendments and the final version circulated for approval. Outcome: Approved NEL Respiratory Inhaler Formulary The group were advised that following FPG approval, formatting corrections had since been made to this document and an updated version was to be circulated. For Discussion - Items submitted for Approval 6. Drug application – Mannitol challenge to diagnose bronchial hyper-responsiveness Anika Dewshi (AD), Respiratory Pharmacist at Barts Health was welcomed to the meeting and explained that Mannitol was to be considered as an alternative to histamine nebuliser solution in aiding | | sites. The pathway would be submitted to the FPG in two stages with the first in February 2023 and the second stage submission in June 2023. NEL Atopic Dermatitis pathway for primary and secondary care – NN had advised that this pathway was on hold until the NEL emollient formulary had been completed; formulary estimated for completion by February 2023. Rituximab in Connective Tissue Disease – Interstitial Lung Disease (ILD) – number of patients has been reviewed and 10 patients per year. Rituximab in Hypersensitivity Pneumonitis – number of patients has been reviewed and 1-2 patients per year. A list of specialist ILD services was no longer required as the above was not part of NHS England specialised commissioning. | | |
|---|---------|--|---------|---|
| NF provided an update to the following item which had been included in the December FPG agenda and advised that there were 8 patients within Barts Health NHS Trust; Homerton had stated they would be using but were unable to estimate patient numbers as awaiting IBD pathway to be finalised. No patient numbers had been provided from BHRUT. NEL Blood Glucose Test Strips Guideline (Final) This document had been updated to include the required amendments and the final version circulated for approval. Outcome: Approved NEL Respiratory Inhaler Formulary The group were advised that following FPG approval, formatting corrections had since been made to this document and an updated version was to be circulated. For Discussion - Items submitted for Approval 6. Drug application - Mannitol challenge to diagnose bronchial hyper-responsiveness Anika Dewshi (AD), Respiratory Pharmacist at Barts Health was welcomed to the meeting and | | from tariff and therefore further clarification was required within NEL ICB regarding its approach to the commissioning of excluded drugs for 2023/24; an update would be provided in June | | |
| This document had been updated to include the required amendments and the final version circulated for approval. Outcome: Approved NEL Respiratory Inhaler Formulary The group were advised that following FPG approval, formatting corrections had since been made to this document and an updated version was to be circulated. For Discussion - Items submitted for Approval 6. Drug application - Mannitol challenge to diagnose bronchial hyper-responsiveness Anika Dewshi (AD), Respiratory Pharmacist at Barts Health was welcomed to the meeting and | | NF provided an update to the following item which had been included in the December FPG agenda and advised that there were 8 patients within Barts Health NHS Trust; Homerton had stated they would be using but were unable to estimate patient numbers as awaiting IBD pathway to be finalised. | | |
| The group were advised that following FPG approval, formatting corrections had since been made to this document and an updated version was to be circulated. For Discussion - Items submitted for Approval 6. Drug application - Mannitol challenge to diagnose bronchial hyper-responsiveness Anika Dewshi (AD), Respiratory Pharmacist at Barts Health was welcomed to the meeting and | | This document had been updated to include the required amendments and the final version circulated for approval. | | |
| 6. Drug application – Mannitol challenge to diagnose bronchial hyper-responsiveness Anika Dewshi (AD), Respiratory Pharmacist at Barts Health was welcomed to the meeting and | | The group were advised that following FPG approval, formatting corrections had since been made to | JT - | • |
| 6. Drug application – Mannitol challenge to diagnose bronchial hyper-responsiveness Anika Dewshi (AD), Respiratory Pharmacist at Barts Health was welcomed to the meeting and | For Dis | cussion - Items submitted for Approval | | |
| Anika Dewshi (AD), Respiratory Pharmacist at Barts Health was welcomed to the meeting and | | | | |
| explained that Mannitol was to be considered as an alternative to histamine nebuliser solution in aiding | | | | |
| | | explained that Mannitol was to be considered as an alternative to histamine nebuliser solution in aiding | | |

the diagnosis of asthma/ bronchial hyper-responsiveness when other diagnostics had been inconclusive; this would be an indirect challenge test. AD advised that issues were being experienced in securing sufficient supplies of the histamine nebuliser solution and the addition of mannitol to the formulary would enable a 3rd line alternative option to be available for use (as per the British Thoracic Society). It was clarified that the use of mannitol for this indication (diagnostic) would be within tariff. It was confirmed that both BHRUT and HHFT clinicians had advised that they did not have any interest in using Mannitol.

It was agreed that mannitol would be added to the formulary with a 'hospital only' status (red) for adult patients.

Outcome: Approved

Formulary status: Hospital only

7. Drug application – Methacholine challenge to diagnose bronchial hyper-responsiveness

AD explained to the group that methacholine was to be considered as the new 1st line option replacing histamine nebuliser solution in aiding the diagnosis of asthma/ bronchial hyper-responsiveness in adults when other diagnostics had been inconclusive; this would be for direct challenge testing. Histamine was to remain as an alternative second line option. It was confirmed that there were no known methacholine interactions with oral medications according to the Summaries of Product Characteristic (SPC).

A concern was raised regarding the number of serial dilutions required for this medication to be administered and the availability of a protocol to ensure sufficient safety measures were in place to support the ten-step process. The group were advised that the dilution was completed by a machine for this purpose, a specialist physiologist had already written a Standard Operation Procedure (SOP) and identified the training requirements to be completed by clinical staff administering methacholine. It was clarified that there are no interactions between methacholine and orally administered drugs.

It was agreed that methacholine would be added to the formulary with a 'hospital only' status (red) unless used within a community diagnostic hub where an appropriate Patient Specific Direction (PSD) and competency document must be in place. A note to this effect would be included in the London formulary which was yet to be finalised.

Outcome: Approved

| Formulary status: Hospital only, unless prescrib | oed within a community diagnostic hub under a PSD | |
|---|--|--|
| Drug application – Tezepelumab Free of Char | ge (FOC) in severe asthma | |
| and explained the request for tezepelumab to be severe asthma who were currently ineligible or usualso to be considered as an additional treatment currently approved biologics. PP confirmed that a the first line choice for patients. However, there we due to exacerbations and the addition of tezepeluclinical need of patients with no other choice of tree access scheme which would include a review responding to treatment. Assurances had also be continue to be funded until NICE approval was re- | option for patients who were not responding to the an approved licensed biologic would continue to be were some patients who frequently attended hospital umab as an option would support the current unmet reatment available. AstraZeneca (AZ) had offered a w of treatment within 6-12 months for those patients been provided by AZ that patient treatment would | |
| | the treatment would only be made if Barts Health ding well to tezepelumab or if the Trust was unable to ar criteria set by NICE for the discontinuation of all | |
| during Q2 of 2023, it was felt that with the added | ue to release their guidance regarding tezepelumab I implementation time for treatment this was too long biologics would be used first and tezepelumab only sed first line treatments. | |
| was not an unusual occurrence as other submiss refused and the request for more data made. The pathway in place to support the use of tezepelum opposition to the introduction of a free of charge | e group felt that the evidence base was sound with a | |

| | Outcome: Approved Formulary status: Hospital only | | | |
|----|--|---|--|--|
| | Introduction to QIPP plan and follo | owing agenda items (9,10,1 | 11) | |
| | Sanjay Patel (SP), Deputy Director, of QIPP cost saving plan which had NEL ICB deficit. The significant saving brands was explained to the group a referred to in items 9,10 and 11. It was programmed to be considered for 20 would be utilised to support impleme 30% switch via this approach. All swar emphasised that patients who expendent to their initial prescribed product. JT on behalf of Barts Health Trust at Trust to consider the switches outline with Trust maintaining generic prescribing with primary care was producted to the production of the switches outline with Trust maintaining generic prescribing with primary care was prescribing with primary care was prescribed producted to the product | NHS NEL advised that agent been submitted and endorse ings that could be achieved with that rebate schemes were vas confirmed that the three in 122/23. Resources such as entation of the switch programitch protocols included patient in the present time and therefore they would ribing on discharge summaring there appropriate. | da items 9,10 and 11 had formed part and by the IMOC and supported the with the change to recommended and in place for any medications agenda items were the only switch ScriptSwitch/OptimiseRx messages names. The ICB was looking at a 20-nt exclusion criteria and it was diverse effect would be transferred are it would not be cost effective for the remain as primary care initiatives, es. DG advised that BHRUT would | To clarify the mechanism that could be considered to support secondary care QIPP |
| 9. | release (MR) tablets | Buprenorpnine patches, C | exycodone capsules and modified- | |
| | Wai-Lun (Eric) Chu (WC), Senior Prescribing Advisor, NHS NEL explained that the following recommendations were being requested for approval: | | | |
| | Buprenorphine patches | 1 st recommending brand | 2 nd recommending brand | |
| | 5, 10, 15 and 20microgram/hour | *Rebrikel | Sevodyne | |
| | 35, 52.5 and 70microgram/hour | Bupeaze | Carlosafine | |
| | *Rebrikel is only available in 5, 10 and 20microgram/hour. | | | |
| | Oxycodone capsules | 1 st recommending brand | 2 nd recommending brand | |
| | ALL STRENGTHS (5mg, 10mg and 20mg) | Shortec | Lynlor | |
| | Oxycodone MR tablets | 1st recommending brand | 2 nd recommending brand | |

| | 5 40 45 00 00 | 0 | O Itu- | | |
|-------|--|-------------------------------|-------------------------------|-----------|--|
| | 5mg, 10mg, 15mg, 20mg, 30mg, | Oxypro | Oxeltra | | |
| | 40mg, 60mg and 80mg | | | | |
| | | | | | |
| | It was clarified that brand selection wa | as based on cost effectivene | ss and stock availability and | | |
| | availability of the product in different s | trengths. It was confirmed th | nat stock levels had been dis | cussed | |
| | with suppliers and all brands were wid | lely available with no issues | identified; price guarantees | had also | |
| | been received. Discussions with loca | I community pharmacies had | d also been undertaken with | regard | |
| | to supporting the implementation of th | | | | |
| | added to the clinical systems within p | | | | |
| | implementation of the switch program | | | | |
| | mipromoniamon or and orinten programs | | | | |
| | The group were advised that the NEL | ICB could potentially save u | in to £594,777 if a target of | 33.3% of | |
| | prescribing was switched to the recon | | .p .c 200 i,i i i a largot or | 20.070 01 | |
| | | | | | |
| | Outcome: Approved | | | | |
| | Outcome: Approved | | | | |
| 10. | Updated protocol on switching pre | scribing of Mesalazine MR | tablets / Asacol MR tablet | s to | |
| . • . | cost-effective brand Octasa | or modulazino imi | tableto / /teasor init tablet | | |
| | Navdeep Sahota (NS), Practice Prescribing Support Officer, NHS NEL was welcomed to the meeting | | | neeting | |
| | and advised the group that this item's | | | | |
| | Prescribing Committee for Barking & | | | | |
| | approved by the Joint Prescribing Gro | | | | |
| | recommendation was to be considere | | | | |
| | | u for implementation across | the NEL ICB to maximise p | nemai | |
| | savings: | | | | |
| | Cook offertive quitab from gon | aria magalazina 100ma and | 000ma MD Tableta and | | |
| | Cost effective switch from gen | | | | |
| | branded Asacol 400mg and 80 | oung wik Tablets to the cost | t-effective brand Octasa | | |
| | ScriptSwitch and OptimiseRx messag | es would be added to the oli | inical evetame within primare | care | |
| | and resources made available to supp | | | | |
| | · • | • | . • | | |
| | a plan to implement the switch throug | | | | |
| | support. However, it was noted that g | | | aris | |
| | Health Trust were already supporting | the use of Octasa as the exi | isting preferred choice. | | |
| | The following financial information wa | a sharad: | | | |
| | The following financial information wa | o onareu. | | | |

- NEL ICB spent a total of £933,960.91 on Mesalazine prescribing in 2021/22, of which
 - ❖ Asacol = £298.929.14
 - ❖ Generic Mesalazine = £103,238.96
 - ❖ Octasa = £531,792.81

The potential maximum savings at 100% from switching to Octasa would be approximately £130,000 (updated figure). With a target of 20%, substantial savings possible of £26,000 (updated figure).

Outcome: Approved

11. Updated protocol on switching Metformin oral solution to powder for oral solution

Yvonne Lim (YL), Medicines Optimisation Pharmacist, NHS NEL was welcomed to the meeting and explained that a switch from metformin oral solution to metformin 500mg powder for oral Solution would provide a significant potential saving across NEL if the following recommendation was approved:

Switch patients who were prescribed metformin hydrochloride 500mg/5ml oral solution and do
not tolerate metformin oral tablets to the more cost-effective and bioequivalent metformin
500mg powder for oral Solution.

NEL ICB spent a total of £200,801.11 on prescribing in 2021/22 and the following financial information was shared:

- Metformin 1g/5ml oral solution sugar-free £20,545.63
- Metformin 500mg/5ml oral liquid £9,918.50
- Metformin 500mg/5ml oral solution £170,336.99 sugar-free

Cost savings identified below were if all three strengths of metformin oral solution were switched to the powder for oral solution formulation:

- 100% switch to Metformin 500mg Powder for Oral Solution
 20% switch to Metformin 500mg Powder for Oral Solution
 £168,809.56 per annum
 £40,634.40 per annum
- YL confirmed that the aim of the programme was to switch 20% of patients, and outlined the SOP that had been prepared to support the programme. It was highlighted that the metformin switch would not be recommending a brand, and hence generic formulations would be prescribed.

Outcome: Approved

| A North East Landon Lead Dharmacoutical Committee presented a presentation | |
|--|----------------|
| A North East London Local Pharmaceutical Committee presented a presentation | |
| Yogendra Parmar, City & Hackney Local Pharmaceutical Committee (LPC) representative was | |
| welcomed to the meeting and outlined the concerns that were highlighted in the NEL and C&H LPC | |
| branded generic switching position statement. These included: | |
| Ongoing medicine shortages (currently over 200) and the sourcing of alternative products | |
| increasing workload/work pressure upon primary care. | |
| Convoluted patient journey/exacerbate patient confusion and frustration potentially increasing | |
| workload such as counselling to patients. | |
| Regulatory burden of CDs and the switching between CDs and maintaining sufficient stock | |
| levels within pharmacy. | |
| | |
| Additional paperwork had also been submitted to highlight the effect of branded generic switching on | |
| waste management and articles reflecting on the undermining of the Nationally agreed Community | |
| Pharmacy funding envelope. | |
| | |
| Shilpa Shah, CEO for NEL LPC, expressed her support for all the highlighted concerns above and | |
| reiterated that the current medicine shortages were extremely time consuming with the increase of | |
| prescription amendments to alternative medications. Further issues raised were the workload involved | |
| in producing an SSP to support any stock shortages and the time lapse experienced in changing | |
| wholesaler for a community pharmacy, should this be required. SS also raised concern regarding the | |
| consideration of switch programmes that were agreed in 2018/19 and the appropriateness of | |
| implementing these workstreams at the present time. | |
| | |
| The group considered and discussed the above points raised. SP confirmed that assurances had been | |
| provided by the wholesalers that the medications that were referred to in the switch programmes | |
| would be readily available and WC reiterated that prescribing data would enable supply and demand | |
| to be monitored. However, the group concluded that all three workstreams had previously been | |
| endorsed by the IMOC for implementation across NEL ICB and would be approved. | |
| | |
| Noted. | |
| 12. Patient Information Leaflet (PIL) to support NEL Blood Glucose Test Strips Guidelines | |
| Bola Sotubo (BS), Senior Transformation Manager, NHS NEL was welcomed to the meeting and BS/YL | |
| presented the Patient Information Leaflet (PIL) that had been developed to support the implementation - To refer leaflet | to appropriate |
| of the NEL Blood Glucose Test Strips Guidelines. It was explained that the aim of the document was to patient groups/ | Healthwatch |

| | reinforce clinicians' advice and recommendations to patients/carers and provide additional written information that would support the appropriate self-management of blood glucose testing using a blood glucose meter. It was confirmed that whilst the leaflet had been shared with the NEL Diabetes Partnership group and the communications team for their input, the document had not been considered by patients for feedback on content, format and suitability of wording i.e. user-friendly language/ use of clinical terminology, and if there is a need to develop version(s) with content translated into additional language(s), in order to make the document more accessible to patients. It was requested that feedback is sought regarding the areas outlined in the document, and then re-submitted at a future meeting. Outcome: Not approved, document requires further update. | to receive feedback and revise document accordingly before re-submission for approval - Include statement as to when to seek medical attention/advice e.g. consider patients on beta blockers where signs of hypoglycaemia may be masked - Add glossary outlining drug names and defining clinical terminology. Consider relevance of pictures and appropriate signposting to patient friendly resources e.g. Diabetes UK - Consider accessibility of PIL for specific patient cohorts such as those with mental health |
|-----|---|--|
| 13. | Joint statement: Access to Continuous Glucose Monitors for adults living with Type 2 Diabetes in London | |
| | BS presented the above document to the group and requested that the statement be endorsed and adopted for use across NEL ICB which currently had three policies/statements in place. It was confirmed that a NEL Task & Finish Group had been established to feed into the pan London work being produced. | |
| | Outcome: Ratified for use in NEL | |

| 1.1 | SCI T2i proceribing checklist | |
|-----|--|---|
| 14. | Imran Khan (IK), QIPP Programme Pharmacist, NHS NEL was welcomed to the meeting and presented the above checklist that had been produced to support and supplement the NEL Management of Type 2 Diabetes Guidelines. IK declared to the group that he is also employed as a pharmacist supporting llford Medical Centre. The checklist provided quick reference information for clinicians and outlined a number of areas for advice and guidance such as sick day rules, symptoms of ketoacidosis and Fournier gangrene. IK confirmed that a patient information leaflet had also been produced and was currently with the communications team for their consideration. The importance of gaining patient feedback was highlighted. It was acknowledged that whilst prompt messages were useful, not all clinical areas had an appropriate prescribing support tools (ScriptSwitch/OptimiseRx/Ardens) and therefore the checklist was produced for clinicians as an overall reference guide for sharing. The group had a discussion around the counselling of non-diabetic patients who are taking an SGLT2i. It was suggested that there was no harm in counselling all patients (including non-diabetics) for ketoacidosis, Fournier gangrene and on sick day rules. Outcome: Approved | Consider disclaimer clause as not everything will have been referred to in the checklist e.g. other adverse effects. Circulate to community pharmacy via LPC NEL Trusts To share final version with hospital ward pharmacists |
| | A / NHSE Circulars for Ratification / Implementation | |
| 15. | NICE TA Ratification and Horizon Scanning | |
| | NF presented the summary sheet, which has been added to MS Teams to gather patient numbers, establish individual Trust costs and overall total cost within NEL for the following NICE TAs: Relugolix-estradiol-norethisterone acetate (TA832) – Barts Health have 174 patients and 50 | - |
| | patients within Homerton. Cost pressure of £209,000 | |
| | Fostamatinib (TA835) – live from 13.01.23 with 5 patients receiving a dose of 100mg and 5 | |
| | patients receiving a dose of 150mg within Barts Health. ICB commissioned | |
| | Outcome: Ratified for use in NEL | |
| 16. | NICE TAs for Discussion | |

| | TA832 Relugolix-estradiol-norethisterone acetate (Ryeqo) | NEL Trusts |
|-----|---|-----------------------------------|
| | Sandra Watson, Consultant Obstetrician & Gynaecologist, Clinical Lead for Gynaecology, HHFT was | - To produce a NEL |
| | welcomed to the meeting to discuss the above NICE TA which was an oral tablet being introduced to | protocol/pathway for the |
| | treat symptomatic fibroids; this medication was to replace ulipristal which had been withdrawn from the | management of fibroids |
| | market due to safety concerns. SW advised that clarity was still to be sought regarding the duration of | |
| | use of the medication, requirements for a DEXA scan and the return of normal ovarian function for | - To provide an update to the |
| | patients. Patient numbers were expected to be approximately 50 at Homerton. SW clarified that Ryeqo | group following an annual |
| | would not be considered as an alternative to LHRH agonist injections as a pre-surgical treatment. | review of use and patient numbers |
| | The group agreed to approve use of this drug in line with the NICE TA and added to formulary with an | numbers |
| | Amber status. It was agreed that initiation would be undertaken in secondary care and then continued | |
| | within primary care. A pathway/robust protocol was requested to include reference to when prescribing | |
| | would be transferred to primary care, adverse effects/ stopping medication and the requirement for | |
| | bone scan and frequency. It was also requested that a review in one year should take place to | |
| | evaluate use and patient numbers. | |
| | Post meeting Chairs discussion: | |
| | It was agreed that in the interim, Ryeqo would be approved as a 'hospital only' medication. The | |
| | formulary status would be updated to Amber (transfer of care) once the relevant treatment pathway | |
| | and transfer of care information have been agreed across NEL. | |
| | | |
| | Outcome: Approved | |
| | Formulary status: Hospital only - status to be reviewed to Amber (Transfer of care) once transfer of | |
| | care information agreed with specialist teams. | |
| 17. | NHSE Circulars | |
| | The following NHSE circulars were noted: | |
| | SSC2425 – NICE TA –Teduglutide for treating short bowel syndrome (TA804). | |
| | 2. SSC2441 – NHSE Clinical Commissioning Policy: Fostemsavir for Multi-Drug Resistant HIV-1 | |
| | infection (Adults). | |
| | 3. SSC2460 – NHSE Clinical Commissioning Policy: Glucarpidase for the urgent treatment of | |
| | Methotrexate-induced Renal Dysfunction (Update). | |
| | 4. SSC2461 – Providers selected: Cystinosis diagnosis and management service (all ages). | |

| | 5. SSC2463 – Clinical Commissioning Policy: Catheter ablation for paroxysmal and persistent atrial |
|--------|---|
| | fibrillation (adults). |
| | 6. SSC2464 – NICE TA Guidance – Avacopan for treating severe active granulomatosis with |
| | polyangiitis or microscopic polyangiitis (TA825). |
| | 7. SSC2467 – Palivizumab passive immunisation against Respiratory Syncytial Virus (RSV) in at-risk |
| | infants (2022/23 Season) – December 2022 update. |
| | 8. Guideline for reimbursement costs for patients on home dialysis summary |
| | 9. Letter re utilities reimbursement framework Nov 2022 |
| | 10. Interim Clinical Commissioning Policy: Baricitinib for patients hospitalised due to Covid-19 (adults |
| | and children aged 2 years and over). |
| | 11. Interim Clinical Commissioning Policy: IL-6 inhibitors (tocilizumab or sarilumab) for hospitalised |
| | patients with Covid-19 (adults). |
| | 12. Interim Clinical Commissioning Policy: Remdesivir for patients hospitalised due to Covid-19. |
| | 13. SSC2459 – National Orbis Drug Access Arrangements – Darolutamide for the treatment of adult |
| | men with metastatic hormone-sensitive prostate cancer (mHSPC) in combination with Docetaxel. |
| | 14. SSC2458 – NICE TA FAD: Nivolumab with platinum- and fluoropyrimidine-based chemotherapy for |
| | untreated HER2-negative advanced gastric, gastro-oesophageal junction or oesophageal |
| | adenocarcinoma. |
| | 15. SSC2465 - NICE TA FDG: Trastuzumab deruxtecan for treating HER2-positive unresectable or |
| | metastatic breast cancer after 1 or more anti-HER2 treatments. |
| | |
| | 16. SSC2466 - NICE TA FDG: Regorafenib for previously treated metastatic colorectal cancer. |
| | Outcome: Ratified for use in NEL |
| | |
| Standi | ng Items |
| 18. | Commissioning update |
| | NF provided the following update on behalf of Natalie Whitworth (NW): |
| | |
| | On 23 December 2022 NHS England published a suite of guidance documents for consultation Taleting to the 2003/04 planning suplay this included 2003/04 Priorities and Operational. |
| | relating to the 2023/24 planning cycle, this included 2023/24 Priorities and Operational |
| | Planning guidance, Draft NHS Standard Contract 2023/24 and consultation and the draft NHS |

| | Payment Scheme Consultation 2023/25 (Parts A, B and C) alongside a number of annexes and other supporting documents A 2-year period for the payment system had been proposed to provide more certainty and would support local planning and reduce the administrative burden. However, prices of the drugs would still be reviewed and updated annually. Drugs that were excluded from tariff, high cost drugs were listed in Annex DpA the NHS Payment Scheme prices workbook, 2023-24. The list of HCDs indicated whether funding for the drug would be included in the Aligned Payment and Incentive (API) fixed element or by the variable element with local prices agreed by the commissioner and provider on a cost and volume basis which was a change from the block value used during COVID-19 ICB commissioned drugs - only 3 drugs that were part of the fixed element (eltrombopag, romiplostim and tolvaptan). All other drugs would be via cost and volume. New drugs list - 69 new HCDs of which about 30, including 7 HCDs for the treatment of Covid 19, would be the commissioning responsibility of the ICB Comments on the guidance – deadline Friday 27 January 2023. Feedback would be provided and included comments relating to drugs for ITP and growth hormone. Final guidance would be provided before contracts signed Noted. | |
|-----|---|--|
| 19. | London Formulary Medicines Group (LFMG) meeting update | |
| 13. | LFMG project proposal 2022/23 – BK provided background to the previous workplan which was now | |
| | coming to an end and outlined the areas that had been covered during the last 18 months. It was highlighted that an additional pharmacist role to support the production of the formulary had been sought but unfortunately was not going to be recruited to. Various areas were listed and the group were advised that a scoring system had enabled the following priorities to be rated: | |
| | 1. Formulary | |
| | Inhaler Formulary including Cystic Fibrosis | |
| | 3. Ophthalmology/Red List and also Specific pathways | |
| | The following documents were shared for information: | |
| | LFMG meeting notes and slides (Dec 2022) | |
| | Pan-London interface prescribing policy and compliance aid update Noted. | |
| | HOLGU. | |

| 20. | Work plan review – no update provided | | |
|-----------------------------------|--|--|--|
| 21. | Equality: Monitoring of usage and outcomes – nil at present | | |
| 22. | Items for Ratification | | |
| | FPG working documents for approval: Cover sheet Drug application form (from April 2023) Approved subject to amendment. | - To add a space on the Declaration of Interest form for a completion date - To add the name of the drug to the top of the document All - To provide any feedback for the next formal review of the FPG documentation | |
| Information Items (Items 23 – 28) | | | |
| 29. | AOB - None | | |
| | Next meeting: Wednesday 22 nd February at 12.30 via MS Teams – calendar invite circulated. | | |