



The  
Michael Palin  
Centre  
for stammering

The Michael Palin Centre for Stammering  
13-15 Pine Street. London. EC1R 0JG  
[www.michaelpalincentreforstammering.org](http://www.michaelpalincentreforstammering.org)



## The Michael Palin Centre for Stammering

### MPC services to Newham children who stammer aged 7+

The **Michael Palin Centre for Stammering (MPC)** has a contract with Newham CCG to provide a speech and language therapy service to Newham school-aged children who stammer aged 7+. Stammering is a multifactorial neurodevelopmental condition. For children under 7, approximately 80% will resolve spontaneously.

**For children aged 7+ the likelihood of stammering resolving decreases over time, and the potential for an increasingly negative impact due to stammering (including social anxiety and depression, stigma, bullying and reduced participation) is well evidenced and underlines the importance of therapy and support for this age group.**

**Assessment service:** the MPC offers Newham families of children who stammer assessment sessions either online or in person, depending on what suits them best. Parents are involved throughout so that they can make decisions with their child about what they need. When interpreters are required, they are booked for assessment sessions and therapy.

**Therapy service:** the MPC offers individual and group therapy programmes to suit each client's needs. We offer groups for children who stammer, aged 10-14 with their parents, two or three times per year; and groups for young people who stammer aged 15-18 each summer. Individual therapy programmes are delivered in person or online depending on a family's preference.

*"We found it to be a positive experience with no judgement. Positive strategies and ideas discussed that fit with our values."*

*"Our son has thoroughly enjoyed working with Sarah and when online it worked just as well as in person."*

**Helpline:** the MPC has a helpline that is open every day where the team responds to questions from parents, relatives, GPs, teachers, therapists, and young people who stammer. Please call if you want to talk to one of the specialist team.

*"Extremely helpful, the session was very thorough, explaining everything that would happen going forward. I feel that there is light at the end of the tunnel."*

*"The therapist actively listened and came up with an action plan that was person centred and has my child's best interest at heart."*

**PLEASE CONTINUE TO REFER SCHOOL-AGED CHILDREN WHO STAMMER TO THE MPC**

**BY EMAIL TO [mpc.admin@nhs.net](mailto:mpc.admin@nhs.net) OR VIA THIS LINK <https://michaelpalincentreforstammering.org/refer-now/>**

**OR TELEPHONE 020 3316 8100**