



Join two of our
Consultant
Neurologists and
find out how you
can manage your
migraines better

What a headache!

**Tips on how to get rid of migraines
and remain free of them**

- Wednesday 21 February, 6pm to 8pm
- Education Centre (ground floor),
Queen's Hospital, Romford

Sign up today:

Email: bhrut.migraine-event@nhs.net