

Approximately 35% of children attending asthma clinics and 70% of those seen at school teaching sessions have inappropriate spacer devices.
This reduces drug delivery to lungs, which may lead to treatment failure and results in poor symptom control.

Aero-chamber Plus Flow-Vu[®] are FIRST LINE formulary choice spacers. They are static free which increases drug delivery, can be used straight from the packet without washing and come in a variety of sizes.

- Aerochamber plus Flow VU with small mask (orange) for infants 0-18 months
- Aerochamber plus Flow VU with Medium mask (yellow) 1-5 years
- Aerochamber plus Flow VU Youth with mouthpiece (green) 5+ years
- Aerochamber plus Flow VU with mouthpiece Adult (blue)
- Aerochamber plus Flow VU Small adult mask (purple) and large with mask (blue) for older children with disabilities and those who cannot make a seal



- All children should use a spacer device.
- Masked devices should be restricted for the under-5s unless patients are unable to form a seal (e.g those with special educational needs or facial deformities).
- We recommend tidal breathing inhaler technique. (1 puff with 5-10 normal breathes)
- Remember to prescribed a new spacer every year
- **Wash with hot soapy water weekly- leave to drip dry overnight.**

If you see inappropriate spacer being prescribed please refer back to the GP

