

## QOF Cholesterol Control and Lipid Management

'Cholesterol Control and Lipid Management' was introduced to QOF this year, designed to support high-risk CVD patients who could benefit from further combination therapies.

Practices should be aware: At the point data is collected to assess QOF achievement, patients will need to have a prescription for a statin/lipid lowering therapy on their records (CHOL001) and have a non-HDL or LDL reading at or below targets within the 12-month QOF Period (CHOL002). UK guidance indicates a 12-week wait from initiation of therapy to re-testing of lipids, so practices will need to have initiated the above activity by 31 December 2023 to get the appropriate follow-up test results in the system in time for the QOF data collection.

### Steps to take now to maximise your achievement

We suggest reviewing your QOF indicators now to identify the patients who either:

1. Need a statin or alternative lipid lowering therapy to be prescribed (CHOL001)
2. Have not had a Full Lipid Profile in the last 12 months (CHOL002)
3. Have not had a non-HDL cholesterol below 2.5 (or LDL below 1.8)

For those in **Group 1**, the statin/lipid lowering therapy (LLT) needs to be prescribed after 1 October – please check they have a medication on their repeat list in advance of this date. If not, consider inviting them to discuss starting one. You may want to block out time a month after for your pharmacist to ensure patients have been prescribed their statin/LLT to meet the indicator.

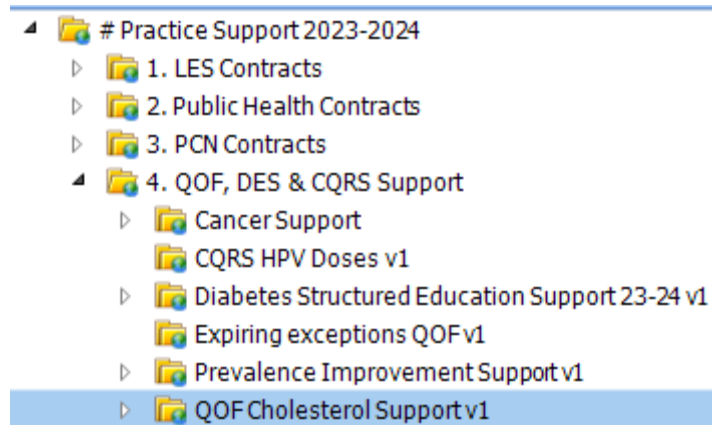
In **Group 2**, there may be large numbers of patients who have not had a Full Lipid Profile blood test for over 12 months. To avoid overloading phlebotomy clinics, please consider staggering the recall. To aid the booking into practice clinics, consider using Accubook.

For patients in **Group 3**, review the medication, check adherence and lifestyle measures, and consider increasing statin dose, adding ezetimibe or injectable therapies (inclisiran/PCSK9). Add a reminder and explain to the patient that they need a repeat blood test in 3 months' time. Doing this earlier will give you enough time to work through this process and ensure the cholesterol blood targets are met.

## Searches

We have created support searches to help you identify patients who are not meeting the indicators and to plan your recall.

Please copy **QOF Cholesterol Support v1** to your practice domain:



For any queries on the searches, please contact your local CEG facilitator.

### Further guidance on lipid management pathways:

- [Barts Health NHS Trust lipid management pathway flowchart](#)
- [AHSN Network: Lipid Optimisation Pathway following an Acute Cardiovascular Event](#)
- [AHSN Network: Lipid Optimisation Pathway for Secondary Prevention in Primary Care](#)