



Coffee, Cancer and Conversations

Would you like to discuss your future?
Do you have any concerns about end-of-life care planning?
What matters most to you now? And what will matter when you're less well?

Advance Care Planning improves care and quality of life while increasing satisfaction with the healthcare system and reducing stress, anxiety and depression in patients, their caregivers and loved ones.

Talking now can make life better at the end.

**Come along for an informal chat with our Advance Care Planning
Nurse Specialist Tiffany**

**On the second Wednesday of every month from 10am-1pm
in the Oncology VERT room**

For one-to-one sessions contact Tiffany on 01708 503526