

First Line Nutrition Support Products & Specialist Infant Formula

Adult Oral Nutrition Support (refer to MUST Calculator - <http://www.bapen.org.uk/screening-and-must/must-calculator>)

MUST SCORE	RECOMMENDATION	Comments
BELOW 2	Food Fortification	Add High Energy Foods (Cheese, Butter, Cream, Oils, Nuts, Full Fat Milk, Avocado). Please see Intranet for further information.
ABOVE 2	Aymes Shake (Aymes) - POWDER	2 Sachets Per Day Mixed With Full Fat Milk – R/V NEED MONTHLY
	Aymes Complete (Aymes) – 200mL	Only Prescribe If Powdered Product Not Suitable - 2 bottles/day – R/V NEED MONTHLY
	Altraplen Compact (Nualtra) – 125mL	Only Prescribe In Fluid Restricted Patients - 2 bottles/day – R/V NEED MONTHLY
	Fresubin Jucy (Fresenius Kabi) – 200mL	Where low fat required. NOT NUTRITIONALLY COMPLETE. Contains MILK PROTEIN. Refer to manufacturers information.

Paediatric Feeds & Infant Formula

Condition	RECOMMENDATION	Comments
GORD	Medical Treatment	Refer to NICE - GORD In Children & Young People: Diagnosis & Management (https://www.nice.org.uk/guidance/ng1) for further info. Consider excessive feeding. If warranted trial thickened feeds (1% Instant Carobel (Nestle) mixed with standard formula). ANTI-REFLUX FORMULAS have thickener already added – Parents can purchase if desired (similar cost to standard formula). Alginate therapy may be considered if the above is unsuccessful.
Cow's Milk Allergy	Exclusive Breast Milk	With Maternal Exclusion of Cow's Milk Protein. Mothers may require Calcium supplement. Please see Intranet for further information.
	SMA Althera (Nestle) - POWDER	Extensively Hydrolysed Formula (EHF). For MODERATE CMPA. Refer To iMAP Algorithm (https://www.allergyuk.org/health-professionals/mapguideline) for further info
	SMA Alfamino (Nestle) - POWDER	Amino Acid Formula (AA). For SEVERE CMPA (Anaphylaxis, FPIES or Faltering Growth) as per iMAP Algorithm. Recommend Allergist Referral and Monitoring. NEOCATE LCP IS NOT FIRST LINE IN TOWER HAMLETS for CMPA infants.
Lactose Intolerance	Suggest Parent Purchase LF Formula (< 1yr)	Product comparable cost to standard – If unsure please contact prescribing dietitian
	Suggest Parent To Purchase LF Milk (> 1yr)	Product widely available in supermarkets – If unsure please contact prescribing dietitian
Faltering Growth	<18m or <8kg: SMA Pro High Energy (Nestle)	Refer to NICE - Faltering Growth In Children (https://www.nice.org.uk/guidance/ng75) for further info. Recommend Paediatric Dietitian Referral and Monitoring
	>1yr or >8kg: Resource Junior (Nestle)	
Pre-Term Infants	SMA Pro Gold Prem 2 (Nestle) - POWDER	PLEASE NOTE - Parents to purchase standard formula once child is 6 months corrected. Liquid formula only at request of Paediatric Dietitian/Neonatal CNS with rationale
	NutriPrem 2 (Cow & Gate) - POWDER	

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This guideline has now passed its review date however has been reviewed by Barts Health Dietetics Team **Oct 2022** and has been deemed that it is still valid and can be continued to be used in Primary care or Practice.

***Please note: the previous recommendation of Similac Alimentum is no longer appropriate due to the recall of product following FSA advice.**

