

RAG	Impact on Physical Health	Diagnoses, Cut-offs, and Exclusions	Supporting Service
RED	<p>HIGH impact on physical health which may result in hospitalisation or death if left untreated</p> <p>Rapid weight loss: 0.5-1kg per week, for a month</p>	<p>**ANY rapid weight loss occurs or deranged bloods = an automatic referral to St. Ann's**</p> <p>AN: BMI under 18</p> <p>BN: Purging (vomiting/laxative misuse) MORE than 8 times a week or Abnormal blood results suggesting that specialist medical monitoring is needed</p> <p>BED: Abnormal blood results suggesting specialist medical monitoring is needed</p> <p>ARFID: Abnormal blood results suggesting that specialist medical monitoring is needed</p>	<p><u>St. Ann's Specialist Eating Disorder Service</u></p> <p>How to refer:</p> <p>As per our service level agreement, all residents receiving input from St. Ann's need to be open to a secondary care service (usually CMHT) for the duration of treatment.</p> <p>Obtain BMI (NHS staff), Fill out St. Ann's referral form and forward it to your local CMHT who open & forward referral to St. Ann's</p>
AMBER	<p>MODERATE impact on physical health – no significant abnormalities in blood results; no concerning weight loss (concerning=0.5-1kg per week, for a month)</p> <p>BMI above 18</p>	<p>AN: BMI 18 and above; no abnormal bloods</p> <p>BN: Purging (vomiting/laxative misuse) MORE than 3 and LESS than 8 times per week; no abnormal blood results</p> <p>BED: Binging MORE than 3 and LESS than 8 times per week; no abnormal blood results</p> <p>OSFED: Non-underweight anorexic subtypes accepted; BMI 18 and above; no abnormal bloods</p> <p>ARFID: Impact on daily living, NO abnormal blood results. BMI 18 and above</p>	<p><u>Community Eating Disorder Service</u></p> <p>For more information please see our website</p> <p>Residents can self-refer using this Online Referral Form</p> <hr/> <p><u>Neighbourhood Team DE Pathway</u></p> <p>elft.bethnalgreencmhtreferrals@nhs.net; elft.bowpoplarcmhtreferrals@nhs.net elft.isleofdogs@nhs.net; elft.cmhtstepneywapping@nhs.net;</p>
GREEN	<p>LOW impact on physical health – no significant abnormalities in blood results; no concerning weight loss (concerning=0.5-1kg per week, for a month)</p> <p>BMI above 18.5</p>	<p>AN: <u>No AN presentations accepted</u></p> <p>BN: Purging (vomiting/laxative misuse) LESS than 3 times per week. no abnormal blood results</p> <p>BED: Binging LESS than 3 times per week. no abnormal blood results</p> <p>OSFED: Non-underweight anorexic subtypes accepted. BMI 18 and above; No abnormal bloods</p>	<p>IAPT</p> <p>How to refer:</p> <p>Please complete the professionals referral or self-referral form:</p> <p>Talk Changes City & Hackney Tower Hamlets Talking Therapies Newham Talking Therapies</p>