

Smoking Cessation Services- BHR ICS

Barking and Dagenham

Barking and Dagenham’s Specialist Stop Smoking Service provides a specialist support service to high risk residents including:

- people living with a mental health condition
- pregnant women and their partners
- patients identified with a long term medical condition
- young people aged under 18
- routine and manual workers

The Stop Smoking Service offers free nicotine replacement medicines and behavioural therapy which is provided via Community Solutions Lifestyle services. Varenicline prescribed by GPs on referral from Community Solutions Lifestyle services. Prescribing costs recharged to Community Solutions Lifestyle services via the CCG medicines management team.

Contact Detail for Clients
NewMe Healthy Lifestyle LBBB (link below) https://www.lbbd.gov.uk/newme-healthy-lifestyle Healthy Lifestyles Team telephone 020 8724 8018

GP Prescribing	
NRT	No
Varenicline	Yes only on referral from Community Solutions Lifestyle services

LBBB

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Havinging

Telephone-based support delivered by Level 3 trained smoking cessation advisers

- Trained smoking cessation advisers create a quit plan
- Clients receive regular telephone counselling during the quit period

Contact Details for Clients

Freephone helpline number: 0300 123 1044
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Lines are open 9am-8pm Monday to Friday and 11am-4pm Saturday and Sunday
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Pregnant women and or anyone normally living in the same household as a pregnant woman:

- Free specialist service
- Client to speak to midwife or contact the Stop Smoking Service for Pregnant Women

Contact Details for Clients

Pregnant women or anyone living in the same household as a pregnant woman: 020 8724 8018
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GP Prescribing	
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NRT	No
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Varenicline	No
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LBBH

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Redbridge

Redbridge provides a comprehensive evidence-based Stop Smoking Service for anyone over the age of 12 who lives, works, studies or has a GP in Redbridge. This includes the provision of behavioural support and pharmacotherapy. The service provides one-to-one and group support; telephone and virtual support is also available as part of the service.

The targeted delivery arm of the service is aimed at reducing health inequalities and will ensure that specific groups who are at significant risk of tobacco-related harm are prioritised. This includes:

- smokers with a mental health condition
- pregnant smokers
- young people aged under 18
- communities/groups with particularly high smoking prevalence (such as manual workers, travellers, and lesbian, gay, bisexual and trans people)
- Smokers with long term conditions and other conditions caused or made worse by smoking

Embedded within the service model is outreach and engagement and harm reduction. The Redbridge Tobacco Cessation Pathway is shown below.

Specialist service is provided by:

- Everyone Health's Specialist Practitioners across community locations in the borough and through pharmacies across Redbridge
- Registered community pharmacies

Contact Details for Clients
clinical.contactcentre@nhs.net
0333 005 0095

GP Prescribing	
NRT	No
Varenicline	No

Everyone Health

<https://redbridge.everyonehealth.co.uk/stop-smoking-service/>

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LBR

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