NEL Diabetes Workforce Education Programme

Diabetes is the fastest growing chronic health condition and
equipping our workforce with the right skills and training has never been more crucial.
NEL Training Hub and NEL ICB jointly developed this five-tiered education programme tailored for diverse audiences.

See below the levels, target audience and training dates for each level. <u>For information on each level, including learning outcomes, please explore the subsequent pages of this document and check them before registering to any level.</u>

Limited Slots Available! - Secure your spot now – they are offered on a first-come, first-served basis.

LEVEL 1

Target Audience:
Admin teams at general practices, social workers, care home staff

Dates:
(Please register for only one date)

11th October 12:30 to 13:30
or
8th November 12:30 to 13:30
or
6th December 12:30 to 13:30

Click HERE to Register

LEVEL 2

Target Audience:
Personalised Care workers (Social Prescribers, Care Coordinators, Health and Wellbeing Coaches)

Dates:
(Please register for only one date)

1st November 12:30 to 13:30
or
22nd November 12:30 to 13:30
or
13th December 12:30 to 13:30

Click HERE to Register

LEVEL 3

Target Audience:
Health Care Assistants, Pharmacists, Physician Associates, School Nurses, Practice Nurses and Community Pharmacists

Dates:
(Please register for only one date)

23rd November 13:00 to 14:30
or
25th January 13:00 to 14:30
or
28th February 13:00 to 14:30

Click HERE to Register

LEVEL 4

Target Audience:
Physician Associates, Pharmacists, GP Trainees, GPs, Nurses, New DSNs

Dates:
(Please register for only one date)

30th November 13:00 to 17:00
or
31st January 13:00 to 17:00
or
29th February 13:00 to 17:00

Click HERE to Register

LEVEL 5

Target Audience:
GPs, Pharmacists, ANPs, Newly Qualified Community DSNs (Already delivering Diabetes Care)

Dates:
(Please register for only one date)

24th January - 13:00 to 15:00
for GPs / GP Trainers

21st February - 13:00 to 15:00
for Pharmacists

27th March - 13:00 to 15:00
ANPs and DSNs

Click HERE to Register

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LEVEL 1

Target Audience:
Admin teams at general practices, social workers, care home staff

Learning Outcomes:
- Know the types of the diabetes
- Know what is involved in annual review
- Be able to access blood and urine test forms on system
- Be able to signpost to local resources
- Be able to triage and escalate patients for appointments -patients with hypos /raised blood sugars /A&E attendance with hypos or ambulance letters
- Be able to understand good footcare (care home teams)
- Recognising moderate & high risk foot pathways (Foot NICE Traffic Light System)
- Know importance of Cultural aspects influencing Diabetes
- Understand reasonable adjustments for patients with LD or other conditions
- Understand call and recall for annual review
- Understand how IT system can support management
- Know obesity and levels of intervention
- Be able to understand alerts on systems and signpost

LEVEL 2

Target Audience:
Personalised Care workers (Social Prescribers, Care Coordinators, Health and Wellbeing Coaches)

Learning Outcomes:
- Know what is diabetes and types
- Understand who needs to be tested for diabetes
- Understand what happens at diagnosis?
- Know what is annual review for diabetes?
- Know Complications of diabetes
- Understand Managing non-compliance and DNA
- Understand what the local resources for diabetes are
- Understand and agree PCN pathways for diabetes patients - good examples
- Understand needs of special groups- LD/Mental health and dementia or other
- Understand Cultural factors that influence management of diabetes
- Understand Personalisation diabetes care
- Understand importance of Diet and exercise
- Understand system alerts and signpost

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LEVEL 3

Target Audience:
Health Care Assistants, Pharmacists, Physician Associates, School Nurses, Practice Nurses and Community Pharmacists

Learning Outcomes:
- Understand who to test
- Understand pathophysiology of diabetes (basic)
- Know the types of diabetes
- Understand how to diagnose diabetes
- Understand and undertake Annual Heath checks and identify action plans (incl. ED, contraception..)
- Understand foot care and when to refer or escalate
- Understand the target levels and signpost
- Alerts
- Understand cardiovascular risk of diabetes and be able to calculate QRISK
- Basic understanding of Drug groups and common side effects
- Be able to refer to local resources for weight/smoking /mood management - get from local areas to signpost
- Understand role of PCP workers and the PCN based referral pathway
- Understand obesity and levels of intervention

LEVEL 4

Target Audience:
Physician Associates, Pharmacists, GP Trainees, GPs, Nurses, New DSNs

Learning Outcomes:
- Understand pathophysiology of diabetes (detailed)
- Describe types of diabetes
- Undertake annual health check and develop action plan
- Be able to explain the targets and make necessary medication changes
- Understand key influencers like health beliefs /specific needs/religious needs
- Be able to discuss action plan and arrange follow up
- Know how to refer to local resources
- Understand when to signpost to other e.g. PCP workers: Social Prescribers, Care Coordinators, Health & Wellbeing Coaches
- Be able to undertake QI in relation to Diabetes (NELFT)
- Be able to do to foot check and escalate complications
- Be able to interpret blood and urine results and act on these
- Understand oral and injections (not insulin) and how to optimise medication
- Be able to discuss options with patients and explain side effects /follow up
- Be able to recognise and discuss insulin need
- Be able to start insulin – counsel patients and arrange follow ups
- Discuss DVLA guidance with patients
- Sick day rules & Travel
- Understand management of hypo and how to avoid and make the changes
- Recognise who need referral
- Understand how to request A&G -local pathways
- Understand Low Calorie Diet referral criteria
- Understand local formulary
- Hyperglycaemia

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LEVEL 5

Target Audience:

GPs, Pharmacists, ANPs, Newly Qualified Community DSNs (Already delivering Diabetes Care)

Learning Outcomes:

- Understand how to differentiate and diagnose Diabetes in certain groups of patients (LADA/Mody) etc) , including which blood test to order
- Understand NICE guidance on management
- Understand drug groups- its actions /contraindications
- Understand Insulin start- how to counsel patients / hypos managements/avoidance
- Understand how to manage complications of Diabetes
- CKD/CVD/Foot /retinopathy
- Understand type of insulin, which regime to select /how to optimise
- Understand when to refer
- Understand insulin resistance and its management
- Understand how to titrate insulin /add medication to patients with poor control and on complex insulin regimes
- Understand how to request A&G for complex patients
- Understand unlicenced regimes and how to manage /counsel patients
- Understand how to undertake QI in Diabetes care
- Know when to refer for pumps
- Understand Libre meters and who to refer
- Understand how to personalise targets