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| Esomeprazole sachet | | | |
| Preparations listed in the Drug tariff | [**Part VIIIA (hover the mouse here for more info):**](#PartVIIIa) | | **DT price** |
| Esomeprazole 10mg gastro-resistant (G/R) granules sachets (Nexium) | | £25.19 for 28 |
| [**Part VIIIB (hover the mouse here for more info):**](#PartVIIIb) | | **DT price** |
| None | |  |
| Administration in swallowing difficulties | | | |
| For a 10 mg dose empty the contents of a 10 mg sachet into a glass containing 15 ml water. For a 20 mg dose empty the contents of two 10 mg sachets into a glass containing 30 ml water. **Do not use** carbonated water. Stir the contents until the granules have been dispersed and leave for a few minutes to thicken. Stir again and drink within 30 minutes. The granules must not be chewed or crushed. Rinse with 15 ml water to obtain all granules1. | | | |
| Administration in enteral feeding tube | | | |
| Nasogastric tube or gastric tube1:  For a 10 mg dose, add the contents of a 10 mg sachet into 15 ml of water.  For a 20 mg dose add the contents of two 10 mg sachets into 30 ml of water.  1. Stir.  2. Leave for a few minutes to thicken.  3. Stir again.  4. Draw the suspension into a syringe.  5. Inject through the enteric tube, French size 6 or larger, into the stomach within 30 minutes after reconstitution.  6. Refill the syringe with 15 ml water for a 10 mg dose and 30 ml for a 20 mg dose.  7. Shake and flush any remaining contents from the enteric tube into the stomach. | | | |
| Comments | | | |
| None | | | |
| References   1. Summary of Product Characteristics (SPC) Nexium 10mg G/R granules (AstraZeneca UK) last updated 29/5/2019 [www.medicines.org.uk](http://www.medicines.org.uk) date accessed 7/10/2019 2. Drug Tariff October 2019 <https://www.nhsbsa.nhs.uk/pharmacies-gp-practices-and-appliance-contractors/drug-tariff> | | | |
| **Please note: full instructions should be provided to the person administering the medicine. This is guidance only and should not determine individualised care.** | | | |
| Author: Vicki Kong, QIPP Programme Pharmacist, BHR CCGs  Approved by BHR CCGs Area Prescribing sub-Committees: 26 November 2019 | | | |
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