

# Drug and Alcohol Services

## BHR

### Barking and Dagenham

#### Adults aged 18 or over

Barking and Dagenham's commissioned drug and alcohol integrated service is provided to residents by Change Grow Live (CGL).

- St Luke's Service is a free and confidential drug and alcohol service for adults in Barking and Dagenham
- This service operates in several satellite services across Barking and Dagenham, including Health Centres and local services with a central hub in St Luke's

Provision includes:

- One-to-one advice, information, support and treatment
- Key work sessions, group sessions, counselling and complementary therapies
- Medically assisted community detoxification, or referral to inpatient detoxification treatment
- Physical health checks and advice
- Needle syringe provision, harm minimisation and immunisation for Blood Borne Viruses (BBVs)
- Outreach and assertive engagement
- Service user involvement, peer mentor and volunteering opportunities

#### **Contact Detail for Referrals**

[StLukes@cgl.org.uk](mailto:StLukes@cgl.org.uk)

<https://www.changegrowlive.org/content/dagenham-drug-alcohol-service/referral-form>

#### **Contact Details for Clients**

Clients can make an online referral, call, email or visit the service in person  
<https://www.changegrowlive.org/content/dagenham-drug-alcohol-service/refer-yourself>

Telephone: 020 8595 1375

Email: [stlukes@cgl.org.uk](mailto:stlukes@cgl.org.uk)

Address: St Lukes, Dagenham Road, RM10 7UP

#### **Opening Times:**

•Monday: 9.30am - 7.30pm

•Tuesday: 9.30am - 7.30pm

•Wednesday: 12.30pm - 7.30pm (closed until 12.30pm for team meeting)

•Thursday: 9.30am - 7.30pm

•Friday: 9.30am - 7pm (9.30am – 12.30pm women only)

•Saturday - Sunday: 12pm - 4pm

GP Prescribing																			
<b>Substance Misuse</b>																			
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<b>Alcohol</b>																			
<b>Acamprosate (e.g. Campral)</b>	<p>Only following a request from CGL to help prevent a relapse in people who have successfully achieved abstinence from alcohol</p> <p>Note – Drug cost recharged to CGL by the CCG</p>																		
<b>Chlordiazepoxide, Nalmefene, Oxazepam, Disulfiram</b>	<p>No GP prescribing</p> <p>Medication to be prescribed by CGL</p>																		

## Young people's drug and alcohol service

- Subwize is a community-facing young people's drug and alcohol service delivered by WDP in partnership with Mentor UK
- Subwize is available to young people under the age of 21 (with transitional age group of 21-24) who live in Barking and Dagenham or attend schools and colleges in the borough, as well as their families and carers
- Subwize work with young people in the community, at a location most accessible to them, such as schools, youth clubs and other local venues

Provision includes:

- Assessment
- Keyworking
- Trauma counselling
- Motivational and engagement work
- Group work
- Drug and alcohol education and awareness
- Support and information for families and carers

Mentor UK support the development and delivery of drug and alcohol awareness and prevention sessions for young people in the borough.

### **Contact Detail for Referrals**

Service Email: [info.subwize@wdp.org.uk](mailto:info.subwize@wdp.org.uk)

Tel: 0300 303 4613

The referral form can be found here: <https://www.wdp.org.uk/find-us/london/subwize>

For more information and support: please visit: <http://www.wdpyoungpeople.org.uk/>

### **Contact Details for Clients**

Clients can make contact directly by phone or email

Telephone: 0300 303 4613

Secure email: [info.subwize@wdp.cjsm.net](mailto:info.subwize@wdp.cjsm.net)

Address: Subwize, The Vibe, 195-211 Becontree Avenue, Dagenham, RM8 2UT

For more information and support: <http://www.wdpyoungpeople.org.uk/>

**LBBB**

[Sonia.Drozd@lbbd.gov.uk](mailto:Sonia.Drozd@lbbd.gov.uk) – commissioner of drug and alcohol service

[Matthew.Cole@lbbd.gov.uk](mailto:Matthew.Cole@lbbd.gov.uk)

**CGL**

[chris.ayton@cgl.org.uk](mailto:chris.ayton@cgl.org.uk)

**Subwize WDP**

[anthony.stewart@wdp.org.uk](mailto:anthony.stewart@wdp.org.uk)

**Additional Further Support**

- Samaritans - 116 123 (free number)
- Salvation Army - 240 Ripple Road, 020 8594 2964
- MIND (mental health) - 0300 123 3394
- Refuge (domestic abuse) - 24-hour National Domestic Violence Helpline 0808 2000 247

## **Havering**

### **Adults aged 18 or over**

Havering's commissioned drug and alcohol integrated service is an integrated service delivered by Westminster Drug Project (WDP).

- WDP is a free and confidential support service for adults and their families affected by drug and alcohol problems
- WDP operate from their base on Romford High Street, as well as across other locations in Havering

Provision includes:

- Information, advice, support, assessment and drop-in (to make an appointment)
- One-to-one key working
- Needle exchange and harm reduction services
- Substitute prescribing
- Specialist services for alcohol and cocaine users
- Group work programme
- Access to detox and rehab
- Debt and housing advice
- Specialist women's services
- Health assessments and blood-borne virus screening and vaccination
- Counselling and group work
- Self-help and mutual aid groups
- Aftercare services including skills coaching
- Complementary therapies
- A health and wellbeing service for people who use substances at lower levels, including alcohol, club drugs, cannabis and cocaine
- Education, training and employment (ETE) support
- Family and carers' support and advice

#### **Contact Detail for Referrals**

Email: [Havering@wdp.org.uk](mailto:Havering@wdp.org.uk)

Please be advised that this email address should not be used to send confidential information. Contact your local service to find out how to make a referral

Tel: 01708 747 614

Out-of-hours (freephone): 0808 168 1116

### Contact Details for Clients

Clients can come in person or contact WDP by phone

Telephone: 01708 747 614

Out-of-hours (freephone): 0808 168 1116

Address: WDP Havering, Ballard Chambers, 26 High Street, Romford RM1 1HR

#### Opening Times:

Monday: 10am – 5pm

Tuesday: 10am - 8:30pm

Wednesday: 12pm - 5pm

Thursday: 10am - 8:30pm

Friday: 12pm - 5pm

Saturday: 10am – 1pm

GP Prescribing	
<b>Substance Misuse</b>	
<b>Methadone (e.g. Physeptone), Buprenorphine (e.g. Subutex), Buprenorphine/Naloxone (e.g. Suboxone)</b>	No GP Prescribing  Medication to be prescribed by WDP
<b>Alcohol</b>	
<b>Acamprosate, Chlordiazepoxide, Nalmefene, Oxazepam, Disulfiram</b>	No GP Prescribing  Medication to be prescribed by WDP

### Havering Young People's Drug and Alcohol Service – 'Wize Up'

- **Wize Up is the drug and alcohol service for young people aged 10 - 18 (including young offenders) and families in the London Borough of Havering**
- **This service is provided by Change, Grow, Live (CGL)**

### Contact Details

Address: Elm Park Children's Centre, Diban Avenue, Hornchurch

Phone: 07884 996917

Email: [Samantha.Lucas@haverling.gov.uk](mailto:Samantha.Lucas@haverling.gov.uk) / [WizeupHavering@cgl.org.uk](mailto:WizeupHavering@cgl.org.uk)

Webpage: <https://www.changegrowlive.org/young-people/cgl-wize-up-havering>

### LBBH

[Daren.Mulley@haverling.gov.uk](mailto:Daren.Mulley@haverling.gov.uk) – (Commissioner of drug and alcohol services)

[Deborah.Redknapp@haverling.gov.uk](mailto:Deborah.Redknapp@haverling.gov.uk) (Public Health)

[Mark.Ansell@haverling.gov.uk](mailto:Mark.Ansell@haverling.gov.uk)

## **Redbridge** **Adults aged 18 or over**

Redbridge's commissioned R3 drug and alcohol integrated recovery-focused service is delivered by Westminster Drug Project (WDP).

- WDP is a free and confidential support service for adults and their families affected by drug and alcohol problems

Provision includes:

- Information, advice, support and assessment
- One-to-one key working
- Group work and day programme
- Needle exchange and harm reduction services
- Substitute prescribing
- Specialist services for alcohol and cocaine users
- Access to in-patient detox and residential rehab
- Health assessments and blood-borne virus screening & vaccination
- Counselling
- Self-help and mutual aid groups
- A health and wellbeing service for people who use substances at lower levels, including alcohol, club drugs, cannabis and cocaine
- Access to Work Redbridge
- Family and carers' support and advice
- Support for individuals in the criminal justice system

### **Contact Detail for Referrals**

Secure email: [info.r3@wdp.cjssm.net](mailto:info.r3@wdp.cjssm.net)

Telephone: 0300 303 4612

Further information and the referral form can be found here:

<https://www.wdp.org.uk/find-us/london/redbridge>

### **Contact Details for Clients**

Clients can come in person or contact WDP by phone

3rd Floor, Ilford Chambers, 11 Chapel Road, Ilford IG1 2DR

Telephone: 0300 303 4612

#### **Opening Times:**

Monday: 10am – 5pm

Tuesday: 10am - 5pm

Wednesday: 1pm - 5pm

Thursday: 1pm – 5pm

Friday: 10am - 5pm

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## **Fusion Young People's service**

- Please contact: 020 8708 7801
- [info.fusion@wdp.org.uk](mailto:info.fusion@wdp.org.uk).

### **LBR**

Gladys.Xavier@redbridge.gov.uk

[ikenna.obianwa@redbridge.gov.uk](mailto:ikenna.obianwa@redbridge.gov.uk)

[Andrew.Hardwick@redbridge.gov.uk](mailto:Andrew.Hardwick@redbridge.gov.uk)