

**Tower Hamlets GP's
Referral Process to the Tower Hamlets
Crisis Response Team
for Urgent face to face mental health
assessments**

The following presentations must be seen in A&E:

- If the person in crisis is under the influence of alcohol or drugs
- If the person in crisis has symptoms of acute psychosis
- If the person in crisis is presenting with acute agitation with aggressive **behaviour**.
- Actual or active thoughts of self-harm
- Actively suicidal

- The crisis hub can offer the following:
- A biopsychosocial assessment and crisis safety plan
- Referral to the Crisis Therapy Service
- Refer to the CMHT (GP notification will be sent)
- Home Treatment Team referral
- Referral to non-statutory organisations
- Signposting
- Referral to the Together (Crisis) Cafe
- Admission to a Tower Hamlets Mental Health bed

GP is with the patient

GP is not with the patient

Phone the Crisis Response Team:
0800 073 0003

To discuss the presentation and possible options including direct bookable Crisis HUB appointments

OR

Complete referral form and email to:

elft.th-crisis-hub@nhs.net

A Mental Health Practitioner will triage and process the referral and will contact the person in crisis directly to arrange a time to be seen at the Crisis Hub

If further information is required, the Mental

Email completed referral form to:
elft.th-crisis-hub@nhs.net

A Mental Health Practitioner will triage and process the referral and will contact the person in crisis directly to arrange a time to be seen at the Crisis Hub

If further information is required, the Mental Health Practitioner will contact the referrer directly

**Patient can also self refer by calling
0800 073 0003**

**In all pathways
PLEASE ENSURE
and confirm patient
has a contactable
number**

**We aim to make
contact within
4hours**